IN THE UNITED STATES DISTRICT COURT FOR THE SOUTHERN DISTRICT OF WEST VIRGINIA AT CHARLESTON

\_\_\_\_X

THE CITY OF HUNTINGTON, : Civil Action

Plaintiff, : No. 3:17-cv-01362

V.

AMERISOURCEBERGEN DRUG CORPORATION, et al.,

Defendants. :

CABELL COUNTY COMMISSION, : Civil Action

Plaintiff, : No. 3:17-cv-01665

v. :

AMERISOURCEBERGEN DRUG CORPORATION, et al.,

Defendants. : x

BENCH TRIAL - VOLUME 28

BEFORE THE HONORABLE DAVID A. FABER, SENIOR STATUS JUDGE
UNITED STATES DISTRICT COURT
IN CHARLESTON, WEST VIRGINIA

JUNE 16, 2021

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Court Reporter: Ayme Cochran, RMR, CRR

Lisa A. Cook, RPR-RMR-CRR-FCRR

Proceedings recorded by mechanical stenography; transcript produced by computer.

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            PROCEEDINGS had before The Honorable David A.
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       Faber, Senior Status Judge, United States District
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       Court, Southern District of West Virginia, in
 4
       Charleston, West Virginia, on June 16, 2021, at 9:00
 5
       a.m., as follows:
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                 THE COURT: Good morning.
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                 MS. SINGER: Good morning, Your Honor.
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                 THE COURT: Good morning, Ms. Singer.
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                 MS. SINGER: Unless there is any other business,
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       plaintiffs are ready to call Dr. Nancy Young.
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                 THE COURT: All right.
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            Dr. Young, if you will stand right there, the clerk
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       will give you the oath.
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                 THE WITNESS: All right.
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                 COURTROOM DEPUTY CLERK: Please state your name.
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                 THE WITNESS: Nancy Katherine Young.
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                 COURTROOM DEPUTY CLERK: Thank you. Please raise
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       your right hand.
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                 DR. NANCY YOUNG, PLAINTIFF WITNESS, SWORN
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                 COURTROOM DEPUTY CLERK: Thank you. Please take a
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       seat.
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                 THE WITNESS: Good morning, Your Honor.
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                 THE COURT: Good morning.
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                           DIRECT EXAMINATION
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                 BY MS. SINGER:
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Ayme A. Cochran, RMR, CRR (304) 347-3128

- Q. Good morning, Dr. Young. Can you please state your full name for the record?

  A. Dr. Nancy Katherine Young.

  Q. And, Dr. Young, did you prepare slides to assist with your testimony today?
- 6 A. Yes, I did.
- Q. And do those slides address your educational background and your professional career?
- 9 A. Yes, they do.
- 10 **Q.** And would they assist in your testimony today?
- 11 A. Yes, they would.
- MS. SINGER: Your Honor, may we publish those slides, please?
- 14 THE COURT: Yes, you may.
- 15 BY MS. SINGER:
- Q. All right. Dr. Young, does the first slide describe your educational background? Can you see that?
- 18 A. Yes, I can. Thank you.

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- Q. Okay. And can you take the Court, please, through your educational background?
  - A. As stated, 1987 Bachelor's of Art in Sociology, Masters Social Work Degree in 1989. I went straight through to the Ph.D. program with a conservation in Social Policy. One of the awards during my education was I was a fellow with the National Institute on Drug Abuse, which was something I

- 1 applied for and was successful in that application.
- 2 Q. And what is your current occupation?
- 3 A. I'm an Executive Director of Children and Family
- 4 Futures which is a non-profit organization based in Southern
- 5 California.
- 6 Q. And what does -- what does your work or Children and
- 7 | Family Futures work entail?
- 8 A. We work exclusively on the public policy issues
- 9 affecting children of parents with Substance Use Disorders.
- 10 We work in the policy arena. So, we develop knowledge and
- 11 | we provide technical assistance. So, we disseminate that
- knowledge to states, communities, tribes in child welfare,
- 13 substance use treatment and courts.
- 14 Q. And what does technical assistance to these states,
- 15 tribes and communities involve, Dr. Young?
- 16 A. Well, as I've said, it's about developing knowledge,
- 17 understanding what works, understanding from communities
- 18 | what they've tried and what was successful, and then
- 19 disseminating that information to others that are trying to
- 20 tackle these challenges for families.
- 21 Q. And did you prepare a slide that demonstrates the
- 22 technical assistance programs that you provide?
- 23 **A.** Yes, I did.
- 24 Q. And would that slide assist your testimony?
- 25 A. Yes, it would.

1 MS. SINGER: Your Honor, may we publish Slide 6, 2 please? 3 THE COURT: Yes, you may. 4 BY MS. SINGER: 5 And, Dr. Young, does this slide describe the technical Ο. 6 assistance programs that you're currently involved in? 7 Those are the major programs we're currently involved Α. 8 The ones with asterisks are things that are on the 9 ground in West Virginia. In particular, the regional 10 partnership grant, you may have heard of. There's one in 11 Cabell County. That is the -- the grantee is Prestera. 12 all of these are technical assistance in various communities 13 around the country. 14 Right now, we're working in about 18 states in the 15 program of in-depth technical assistance on infants with 16 prenatal substance exposure. These are states that have 17 asked us to help them solve these issues and improve their 18 practice and policies. 19 There are about 40 or so regional partnership grants. 20 Those are funded by the Children's Bureau trying to bring 21 systems together because families need services from more 22 than one system, but the Family Treatment Court Technical 23 Assistance Program, is funded by the Department of Justice. 24 We're responsible for helping family treatment courts, 25 or sometimes they're called family drug courts, all across

the country and there are about 50 grantees right now that
we provide services to and the State of West Virginia, the
Supreme Court, is one of the cites that we have staff

assigned to.

- Q. And in the course of the technical assistance work you do, have you had a chance to observe the impact of Substance Use Disorder on child welfare agencies and the strategies that have been implemented to address Substance Abuse Disorder?
- A. Yes, definitely. We were -- we began -- I began this work in 1993. Children and Family Futures was originated in 1996. So, we've been monitoring these trends and looking at programs and providing this assistance to communities for 25 years in November. It's our anniversary.
- Q. Now, do all of the programs that you described, Dr. Young, relate to children, families and pregnant women with Substance Abuse Disorders?
- A. Yes, they do. Yes, they do. The children of veterans work is a new area. You know, when persons are separated from the military, they have services and treatment that's available during the time that they're in active duty, but once they're separated from the military, the children that also have impacts from their parents' deployment and other conditions that they've been through also need help. So, we're excited about that opportunity.

- Q. And with whom does Children and Family Futures work in the different state programs in which it's involved?
- A. We help these jurisdictions understand what's working and what their challenges are. It sounds like it would be so simple. Okay, substance use treatment? You go work with the child welfare agency. You go work with the attorney and judges and things will just be fine.

But what we find is that the rigid funding streams, the way in which outcomes are measured across the systems, the way in which staff development happens, they often don't work together.

So, over these years, we have developed -- we call them TA tools, or technical assistance tools, and it helps these jurisdictions assess what's working and what their challenges are and what they need to put in place for a plan to improve those services.

More recently, we've been working a lot, since about 2010, with the healthcare providers directly because of the increase in infants that have been placed in protective custody.

- Q. And, Dr. Young, to your knowledge, are there any other organizations that provide similar services or support to child welfare programs across the country?
- A. No. We really are the -- the game. We really have the expertise. We have almost 70 employees located all over the

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       country. We have staff offices in Ohio and in Kentucky.
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       So, we are the -- the go-to that the government goes to for
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       any of these kinds of initiatives.
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            And, Dr. Young, did you prepare a slide that lays out
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       the speeches and presentations that you've given on your
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       work?
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            Yes, I did.
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            And would that slide assist your testimony this
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       morning?
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       Α.
            Yes, it would.
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                 MS. SINGER: Your Honor, may we publish that
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       slide?
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                 THE COURT: Yes.
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                 MS. SINGER: Slide 3, please.
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                 BY MS. SINGER:
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            And, Dr. Young, does this slide provide the
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       presentations and testimony in which you've been involved on
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       child welfare issues?
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            Only a small number of them and very recent ones.
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       most recent I presented with the Department of Health and
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       Human Services and the Department of Justice at the American
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       Bar Association Conference For Children on the -- and the
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             The Legal Aspects of NAS and Confidentiality I
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       presented to the Assistant Secretary for Health for the
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       Department of Health and Human Services in March. It was a
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Ayme A. Cochran, RMR, CRR (304) 347-3128

convening that they're trying to get a handle on how do you establish clinical criteria for Neonatal Abstinence Syndrome or withdrawal and they asked me to present information.

That's a sampling of the times that I've testified at Congress and the Senate and a few of the publications that are specific to this topic area, the Family Treatment Court Best Practice Standards were, again, funded by the Department of Justice and SAMHSA, the Substance Abuse and Mental Health Service Administration and Children's Bureau funded this monograph on A Collaborative Approach for Pregnant and Parenting Women with Opioid Use Disorders.

- Q. And, Dr. Young, you mentioned that this was a sample of your publications and speeches. Roughly how many other articles and publications have you authored?
- A. In the scientific literature, probably 10-15, but that hasn't really been my career. My career has been more of what they call the gray material, things that the government publishes.

We've been the contractor to the Children's Bureau who funds child welfare and they jointly fund the National Center on Substance Abuse and Child Welfare. We've been that contractor since 2002. So, 19 years.

During that time, I'd say, reports, we've done well over 50 reports to the federal government similar to this consensus document that SAMHSA published.

- Q. And are all of those publications related to child welfare, pregnant women, children and family services?
- **A.** Yes.

- Q. And has any of your work related to the impact of the opioids in particular?
  - A. Yes. In fact, it was about 2010 or so that our project officer from SAMHSA tasked us with really getting a handle on what was going on with opioids. They had, you know, the emerging data, 2010, about the impact in the child welfare system and asked us to do first this monograph, as well as really understand what the impact was. So, we've been at that for about a decade of really understanding the impacts of opioids on children and families. And various initiatives that we've -- some that we've talked about already today have been specifically about families affected by opioids.
  - Q. And in how many different states have you worked on matters directly related to opioids?
  - A. In my career, since 1996 or so, I've actually been to every state. I've either given a speech, or facilitated a work group. But, right now, I think I ran through some of the numbers of states that we're working in right now.
  - Q. And, Dr. Young, has your professional work involved assessing and supporting programs that effectively serve mothers, children and families affected by Substance Abuse

#### Disorders?

- A. Yes, absolutely. That's what the developing knowledge is about, understanding the research literature, as well as really talking to people in communities about what they're trying, what they're being successful at, but also evaluating the research to -- and their program evaluations to understand what works.
- **Q.** And have you also had professional experience in determining the costs of those various programs and services?
- A. Yes. It's always a specific that people want to know is what's the bang for the buck and so we try and understand what the costs of those services are across all of the aspects of what it takes to innovate, and to implement, and to sustain these kinds of programs and have these programs go through these various stages to be able to really stand them up and have them be something that families can count on.
- Q. And in the course of your work related to the costs of these programs and services, have you had a chance to examine or become familiar with federal grant and federal funding programs?
- A. Oh, yes. We've published about all of the funding streams that come into states from the federal government across substance use prevention and treatment, child welfare

- services, and their various funding streams in Children's
- 2 Bureau that provides services to provide funding to states
- 3 so that they can provide services in communities, as well as
- 4 trying to get a handle on some of those court budgets, which
- are sometimes the more difficult, if you will.
- 6 Q. And, Dr. Young, did you write an expert report in this
- 7 case?
- 8 A. Yes, I did.
- 9 Q. And what was the subject of your report?
- 10 A. I was asked specifically to look at the evidence base
- of what works for families with Opioid Use Disorders and to
- describe those kinds of programs and to provide information
- about that evidence base, as well as to understand what the
- costs of those programs are.
- 15 Q. And are you being paid personally for your work in this
- 16 case?
- 17 A. No. Children and Family Futures is being paid for my
- 18 time.
- 19 Q. And is this your first time being called to testify?
- 20 **A.** Yes, it is.
- 21 Q. All right.
- MS. SINGER: Your Honor, based on this record, I
- proffer Dr. Young to the Court as an expert on the impact of
- opioids on children and families and remedies to address
- 25 their impact.

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                 THE COURT: Is there any objection?
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                 MS. CALLAS: No objection, Your Honor.
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                 MS. WU: No objection.
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                 MS. HARDIN: No objection.
                 THE COURT: The Court finds that Dr. Young is an
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       expert on the impact of opioids on children and families and
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       remedies to address their impact.
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                 MS. SINGER: Thank you, Your Honor.
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                 BY MS. SINGER:
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            Now, Dr. Young, you mentioned that you have been with
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       Children and Family Futures since 1996; is that right?
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            Well, we incorporated in 1996. We started doing
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       consulting work a bit before that but, yes, more than
       25 years.
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            And has your work changed over that time?
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            It really has. You know, the federal government passed
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       a law in 1997 called the Adoption and Safe Families Act and
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       the intent -- they call it ASFA because there has to be an
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       acronym.
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            So, the ASFA law was to reduce the number of children
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       that are in out-of-home care through two primary mechanisms.
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       One, stop taking kids into care, allow them to stay with
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       kin, allow them to get prevention services before they have
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       to be removed and, importantly, get the backlog of adoptions
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       solved.
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And so, during that time, from about 1997 -- about 1999 was the high point of the number of kids that were in out-of-home care. And during the next decade, really until 2012, so longer than that, those efforts were making progress.

So, during that time that we would think of as the methamphetamine era, you know, this really was getting started as cocaine was the thing that was most problematic in our communities and then the methamphetamine era. And those numbers of kids in care were consistently coming down.

As I mentioned, in 2010, our project officer asked us to start being aware of and start developing information and looking at the literature and understanding about opioids and, in fact, in 2012 is the first time that we started to see that trend line completely reverse, that more kids were coming into care, in some ways overwhelming the front end of the Child Protective Service system, and fewer kids were able to get out of foster care and into adoptive homes. So, after that long period of we're doing pretty well and doing some things that were helping families, and then that shifted.

- Q. And is there anything different about how children impacted by opioids are entering the child welfare system?
- A. Several. One is an ongoing increase in infants. So, yes, infants are, you know, obviously very vulnerable, but

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we now in the country remove about 50,000 infants a year and place them in protective custody. And that percentage of the overall placements in care has gone up over the last decade so that now, it's almost 20 percent of who is placed in out-of-home care are infants, which have many implications for the child welfare system for many, many years. So, there's that issue. The second -- so, a younger population --THE COURT: Let me interrupt you. Are all of the 50,000 related to substance abuse? THE WITNESS: About 80 percent are related to substance abuse of those 50,000, but I will go -- if you want, I'll explain those data because they're not collected consistently around the country. In -- in West Virginia, their data says about 80 percent of the infants that are placed in care are -- are related to parents with substance use challenges, yes. So, that's one thing. The second is that the placements became more difficult, the intergenerational component of Opioid Use Disorders. So, even in -- if you will, even in methamphetamine, there were kin that were able to kind of step up. And I know that happens in Cabell County. I know that happens in West Virginia, in particular. In fact, the driver that picked me up from the airplane

Ayme A. Cochran, RMR, CRR (304) 347-3128

is parenting his 11-year-old grandson because of his child's opioid problem. So, I know that that has been a really important way that kids are being -- being parented. About half of the kids in West Virginia are being parented by a kinship placement.

But in 2016, the data switched from kids that were in foster care, so they went to a stranger, compared to grandparents. So, that was a huge change for grandparents to be stepping in to parent children. So, that was a big issue. And along with that was the not being able to find foster homes.

Another big change was overdoses. You know, child welfare and workers had not really dealt with orphans, literally orphans, since the industrial revolution. But more parents were dying and they had to find who was going to raise this child that was left behind. So, the parent death and the implications of that for child welfare workers, I mean, they had grief and loss and trauma themselves. And so, you see this huge turnover of child welfare workers. So, that -- that was certainly a different thing.

And then, obviously, the young people that developed their own substance use. In the child welfare population, there's like a -- two distributions by age. One is very young kids, so under five, and the other is adolescents.

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And so, adolescents who were developing their own substance use and the trauma that they had experienced growing up in families that were challenged by substance use, by Opioid Use Disorders, that is a different piece that we didn't really see before. Now, Dr. Young, in your expert opinion, has the opioid Ο. epidemic impacted children, families and pregnant women in Huntington and Cabell County? Yes, absolutely. And in your expert opinion, do children, families and pregnant women in Huntington and Cabell County require targeted services to address those impacts? I mean, we've talked about that already a little bit, about the trauma that kids experience and the services that they need. We know that traumatic experiences for children, you know, produce a higher likelihood that they'll develop their own Substance Use Disorder. Separation from parents when you're placed in out-of-home care, that is a big issue for kids and they suffer that trauma because even -- even when you think, oh, they want to live with someone else, kids want to live with

their parents. Kids want to be with their parents.

There's a whole kind of body of work about helping kids who are in foster care and adopted to really understand, you know, the -- they internalize why wasn't I good enough for

- my parent to stop using drugs? Why didn't they stop for me?

  And they need a lot of specialized services for them to be

  able to get past that so that they can have a life that's

  not defined by their parents' opioid use.
  - Q. And, Dr. Young, does your report lay out the kind of services that these children and their families require to get past this epidemic?
  - A. Yes, it does.

- Q. And in preparing your report what sources of information or experience did you rely on?
  - A. Well, first, my professional knowledge. I've been at this for a long time, so I've -- I've, as I've said, been to every state. I know a lot of what has been tried. I've classified the kinds of programs.

We are the provider, the knowledge base, about family treatment courts, about parent mentor programs, all of the ways in which jurisdictions have to understand their challenges of screening and assessment and quick entry into treatment. So, my knowledge base is pretty extensive.

But then to look at the evidence base in the scientific literature, what works, what is supported by research, what kinds of interventions specifically this sort of population — this population needs. And there are a couple of big themes to that.

One is, again, back to intergenerational. You have to

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treat a family as a whole family. You can't say, you know, parents, go over here. You get treatment and then come back and, you know, live with your child because this child has been through trauma, as I mentioned, but they've been through that separation. Sometimes, they've been really parentified, that they took care of that child. So, there's some specific what we refer to broadly as family strengthening programs, intergenerational programs that address the needs of the parents, as well as the need of the child; but, importantly, how that family functions together again. And, Dr. Young, in addition to drawing on your own professional experience in the literature, did you review data in preparing your report? Yes. Not only just the incidence data in the Child Maltreatment Report which reports on all the kids that are reported for abuse or neglect and those that are found to be victims of abuse and neglect, but there have been some key studies that have been done by the -- by Health and Human Services.

The Assistant Secretary For Planning and Evaluation did a series, a multi-method study to look at the -- in particular, overdose deaths and the relationship to children entering care, as well as they did qualitative interviews with 188 social workers and 20 of them were in Cabell

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       County, eight supervisors and 12 social workers, and they
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       asked what was your experience? What's happening?
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            So that's one of the data sources that I relied on, as
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       well as a host of federal datasets that are put into reports
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       that we could look at in terms of understanding the
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       incidents, the prevalence and cost.
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            And, Dr. Young, did you prepare a slide that summarizes
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       the sources you consulted in forming your opinion?
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       Α.
            Yes, I did.
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            And would that slide assist your testimony?
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           Yes, because I'm sure there are things I forgot from
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       that little "what did I rely on". That would help.
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                 MS. SINGER: And, Your Honor, may I publish that
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       slide briefly?
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             Slide 8, please.
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                 BY MS. SINGER:
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            And, Dr. Young, you don't need to describe all of them,
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       but can you just indicate whether this slide accurately
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       describes or represents the sources you consulted in
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       developing your report?
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            Yes, it does. Can I point out another one that seems
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       important?
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       Q. Of course.
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            The American Academy of Pediatrics has done a couple of
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       reviews of the literature about outcomes for children who
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Ayme A. Cochran, RMR, CRR (304) 347-3128

- 1 were prenatally exposed to opioids. And so, that is an 2 important piece. And are the sources that you've discussed and the 3 4 sources represented on this slide the type on which experts 5 in your field typically rely or reasonably rely? 6 Α. Yes. 7 And after the research, and based on your experience, 8 how did you identify the specific services that you -- that 9 you opine are needed in Huntington and Cabell County? 10 Well, an approach that I have always taken to these 11 issues of children of parents with substance use is to 12 really understand across the developmental spectrum. 13 so, what does that mean in terms of which population are we 14 talking about and which programs are appropriate for that 15 particular population. 16 Okay. So, let's -- let's start with populations. 17 you offer an opinion as to the specific groups in Cabell 18 County and Huntington that require interventions? 19 Yes, I did. Α. 20 And did you prepare a slide that describes those 21 populations? 22 Yes, I did. Α.
- MS. SINGER: And, Your Honor, may we publish Slide
- 24 | 7, please?
- THE COURT: Yes.

BY MS. SINGER:

- Q. And, Dr. Young, does this represent each of the populations you identified requiring interventions?
- A. Yes. As I mentioned, you know, looking across the developmental -- excuse me -- spectrum, so that means you start with pregnancy. You start with pregnant women, ensuring that they have the best environment for their developing baby. And then, looking at those that are affected by prenatal opioid exposure, that's a larger group than those that actually get diagnosed with Neonatal Abstinence Syndrome or Neonatal Opioid Withdrawal Syndrome.

And then there's a larger population of sometimes the older kids that they may or may not have been prenatally exposed, but they ended up at the attention of the child welfare system. So, somebody called and said this child is at risk and they need -- and CPS needed to go out and investigate. So, children who are parents -- children of parents with Opioid Use Disorders that are in the child welfare system.

And we've spent a little time already talking about the special needs of adolescents and young adults.

- Q. And does the column on the left of your slide describe the methodology that you described a few moments ago?
- A. Yes. Looking specifically, again, for interventions that work, what proportion of kids in that population need

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intervention, what does the literature say about how frequent or what the duration is for each of those services. And then, again, the costs that were assigned to those kinds of interventions from the literature. And, Dr. Young, did you determine that proportion or number of individuals who would require interventions in each of these groups and the costs of those interventions? Yes, I did. Α. And how did you arrive at those numbers? Again, looking at the literature, budget numbers for what the federal government funds, looking at the cost of individual particular programs that are known in child welfare practice, and substance use treatment to be effective programs. And did you also look at various datasets? Ο. Α. Yes, I did. And can you recall the name of any of those datasets? Well, as I said, child maltreatment for -- for the numbers of kids, that is a report that comes out from Children's Bureau. All of the states now participate in what's called the National Child Abuse and Neglect Dataset, Data System, NDCANDS. And NDCANDS records the number of kids who got a report that they might be at risk, the number of children that are investigated by child welfare workers

in the states and communities, the number that those

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allegations are substantiated, those that are able to stay at home because they don't have significant risk factors, and those that are placed in out-of-home care. So, child maltreatment is all of the states but, in particular, West Virginia's numbers about that front end of the system of investigations and safety assessments. And I know this was on your methodology -- your sources slide, but did you also look at TEDS and CDC WONDER data? Yes, I did. TEDS stands for the Treatment Episode Dataset. And they put an "A" at the end of it not too long ago to indicate that those are the admissions data. So, when somebody goes to a publicly funded treatment center in West Virginia, they have certain data that must be collected and those data go into a dataset at the Substance Abuse and Mental Health Services Administration and those datasets are available to -- really to the public, but to researchers. You'd want to kind of know what you were doing with those datasets, but they are available to look at and look by state. And, Dr. Young, do the services and costs laid out in your report as necessary interventions reflect your opinion to a reasonable degree of professional and scientific certainty as to what's required to address children and families in Cabell County and the costs of those interventions?

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A. What's required and what works.

- Q. Now, did you visit Cabell County in developing your report?
  - A. No. Most of my report was during COVID, so I relied on interviews with my staff who are assigned to sites here that are in monthly contact with program directors and people that are implementing programs in Cabell.

I also have had lots of interactions over the years with people from West Virginia and from Huntington with some of their grants that they have received.

For awhile, I was on the Advisory Committee to the Department of Justice for what's called the COSSAP grants and so, interacted with folks from Huntington, but had lots of contact with, again, people that were talking to the professionals in Cabell.

And I actually, you know, sort of didn't think that it was necessary for what I was asked to do. I wasn't asked to assess the existing programs in Cabell County. I wasn't asked to make a determination of are those working. I was asked to look at the literature and say what does the literature say are evidence based programs for this population.

- Q. And did you interact with any other experts in developing your report?
- A. Yes. I did have conversations with Dr. Alexander, who

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is working on some of the aspects related to the case and,
again, the staff that I work with, but I have contact with
professionals that are working in this area all the time.
Probably, you know, several times a week.
     And in your report, you sometimes refer to opioids and
other Substance Abuse Disorders. Why do you say "and other
Substance Abuse Disorders" instead of "opioids only"?
     Well, I can probably retire when we fix that data.
right now, in the child welfare system, it's not fixed.
we really can't separate out except for in very -- well, we
really can't separate out opioids from other substances.
The federal government doesn't collect that data that way
and so -- and they're not data that the states are required
to collect to differentiate which substance, but what we
know is that the experience of social workers and what they
have reported in these various studies is that opioids are
different than what they've ever dealt with before and we
ran through some of those ways in which it's different.
    And do you have a -- based on your professional
experience and your review of the literature, do you have
knowledge as to what portion of Substance Abuse Disorders in
the child welfare system are related to opioids?
Α.
    Well, I can --
          MS. WU: Objection, Your Honor. Vague. Could we
get a geography for that opinion, please?
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                 THE COURT: Well, sustained. Can you clear that
2
       up, Ms. Singer?
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                 MS. SINGER: Sure, Your Honor.
 4
                 BY MS. SINGER:
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            Dr. Young, I won't endeavor to repeat the question
 6
       fully, but do you have a sense in West Virginia, or Cabell
 7
       County, in particular, what portion of Substance Abuse
 8
       Disorders in the child welfare system or children and
 9
       families relate to opioids?
10
                 THE COURT: Ms. Wu?
11
                 MS. WU: Thank you, Your Honor. We object on the
12
       scope of the disclosed opinions for this expert.
13
       not offered an opinion as to the proportion of individuals
14
       suffering from those conditions stated by Ms. Singer and,
15
       therefore, this question calls for an opinion beyond the
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       scope of the disclosed expert report.
17
                 THE COURT: Ms. Singer?
18
                 MS. SINGER: Your Honor, Dr. Young intends to
19
       testify and has testified about the incidents of
20
       opioid-related services required in Cabell and Huntington
21
       and this is part of her estimate as to what's required.
22
                 MS. WU: Again, Your Honor, it's simply not in the
23
       report which was prepared for this case and, again, if Ms.
       Singer can point me to something specific, I'd be happy to
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25
       consider it, but based on the question, it does call for an
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1
       opinion outside the bounds of this expert's report.
 2
                 THE COURT: I'm going to let her answer.
 3
       Overruled.
 4
                 THE WITNESS: Could you re-state the question,
 5
       please?
 6
                 MS. SINGER: I can try.
 7
                 BY MS. SINGER:
            Do you have a -- based on your professional experience
 8
 9
       and your review of data and literature in this case, do you
10
       have an estimate as to the proportion of children in the
11
       child welfare system in West Virginia and Cabell County who
12
       are there related to opioids?
13
            So, DHHR reports that of children who are removed, 80
14
       percent are affected by parents' substance use. What the
15
       report for that ASPE study said is that social workers said
16
       it's overwhelmingly opioids. And that's what we saw in the
17
       overall data that changed that -- that path of decreasing
18
       numbers in care. So, yes, the majority are children that
19
       are affected by opioids.
20
            The other way in which we can know that is a couple of
21
       data items that infants with -- that are diagnosed with
22
       Abstinence Syndrome, those are -- you know, the American
23
       Academy of Pediatrics says it is opioids that are driving
24
       the increase in those diagnostic codes. So, that's not me
25
       saying that or making an opinion. That is the American
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       Academy of Pediatrics that says that.
2
            And, Dr. Young, briefly, while we are discussing
 3
       sources, did you use any local data from Cabell County or
 4
       Huntington in your report?
 5
            Could I check my report on that?
 6
            Yes, of course.
       Ο.
 7
                 MS. SINGER: May I approach, Your Honor?
                 THE COURT: Yes.
 8
 9
                 THE WITNESS: Thank you.
10
                 MS. SINGER: Of course.
11
                 THE WITNESS: Well, one thing that absolutely does
12
       come to mind is the TEDS data. Those are data, again, of
13
       treatment admissions. And let's see. On what page would
14
       that be?
15
                 BY MS. SINGER:
16
            And, Dr. Young, I don't think we need to find a page
17
       number.
18
            It's -- the treatment admission data says that over a
19
       time period that there were 612 pregnant women that were
20
       admitted to treatment with Opioid Use Disorder, meaning
21
       opioids, not heroin.
22
            The other data that's important are data from the
23
       WONDER, you know, from the whole epidemiology data system in
24
       which they asked pregnant women what -- you know, substances
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that you're using during pregnancy and almost 7 percent --

- and I think I mentioned that already -- about 7 percent of women admitted that they were using prescription opioids during pregnancy.
- Q. And, Dr. Young, changing gears slightly, shifting gears, who runs the child welfare system in West Virginia?
- A. The State runs the child welfare system, DHHR.
- Q. And why do you recommend interventions for the county and city to implement them?
  - A. Because that is who implements. You have to have local workers. You have to have people that live in the community to be able to implement those programs, you know, and have, you know, people from the state office that are going out into communities and understanding the needs and implementing programs and making sure that they can be sustained over time. It's the community that makes sure that the parenting programs and the children's mental health programs, those are operated at the local level.
  - Q. And to what extent are any of these services funded by federal, state and private grants for funding sources?
  - A. A lot of them are pass-throughs from the federal government, meaning that the federal government provides funds that then are passed through to the regional offices for DHHR and implemented in that way, but the issue is making sure that when a parent reaches out for help, the help is there. We have evidence about the time to treatment

entry. The shorter the time to treatment entry, the better the reunification outcomes.

For children, having a wait list to get into children's mental health or developmental services, that is the norm.

And so, that's -- that's really the gap, is making sure that the services are available when the family is ready.

- Q. And is the grant funding that is available or will be available sufficient to meet the needs of children, families and pregnant women in Cabell County and Huntington?
- A. No. I mean, the capacity is -- is not there and even though the grant writers in Cabell and Huntington are extremely good and they have had lots of grants come in; for example, the regional partnership grants, they run for another two or three years. And so, at the end of that two years that they have been providing wrap-around services for parents in the child welfare system, in two years, that grant money goes away.

So, all of those grants -- it's a lot of administration. There's a lot of time that's taken to secure grants, to administer the grants, to report on the grants. All of that -- and they all have their own thing that they're needed to respond to.

So, if it's a grant at a Children's Bureau, they have outcome measures that you have to send in. If it's a grant out of the Department of Justice, they have a completely

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1
       different system that they have to send in. So, there's a
2
       lot of administrative work that goes on to operate the
 3
       federal grants.
 4
            They're really meant to be innovations and -- and for
       communities to really be able to sustain those, they have to
 5
 6
       take those innovations, evaluate them, determine what works
 7
       in their community, and then figure out how they're going to
 8
       pay for them.
 9
            And, Dr. Young, just to tie up this issue, do the grant
10
       programs that currently exist have the breadth, and the
11
       length, and the scale that's required to fund the
12
       interventions that you've determined are necessary here?
13
                 MS. WU: Objection, Your Honor.
14
                 THE COURT: Just a minute.
15
                 MS. WU: Foundation. This witness hasn't reviewed
16
       the existing programs and has limited her opinions to
17
       exclude analysis of current programs in Huntington and
18
       Cabell.
19
                 THE COURT: Overruled. Go ahead.
20
                 THE WITNESS: I'm sorry. I get distracted with
21
       those, so could you ask me again?
22
                 BY MS. SINGER:
23
       Q.
            Absolutely. Do -- in your professional opinion, do the
24
       existing grant programs, the programs that -- the grant
25
       funding that is and will be available have sufficient
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       breadth, and length, and scale to meet the need that you
2
       describe in your report?
 3
            Well, scale is something we work on a lot. And so, we
       understand that those grant programs -- again, they're
 4
 5
                     They're trying to stand up something to test.
       innovations.
 6
       Does it work there? That's why the federal government
 7
       provides grants.
                 THE COURT: Ms. Singer, you do need to lay a
 8
 9
       little better foundation for how she -- on the background
10
       for this opinion.
                 MS. SINGER: Of course, Your Honor.
11
12
                 THE COURT: I think, to that extent, the objection
13
       might be well taken.
14
            Go ahead, please.
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                 MS. SINGER: Sure.
16
                 BY MS. SINGER:
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            And, Dr. Young, in preparing your report did you
18
       conduct an inventory, if not an assessment, to determine
19
       what programs currently exist?
20
            There is an inventory that's part of my report.
21
                 THE COURT: Just a minute, Dr. Young.
22
                 MS. WU: Objection, Your Honor, foundation.
23
       witness has previously testified in her deposition that the
24
       material that Ms. Singer is referencing was provided by
25
       attorneys and not the result of the review of the witness.
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THE COURT: Well, I'm going to overrule the objection. That might be a proper subject for cross examination, but I'm not going to cut her off on that ground.

So, go ahead, Ms. Singer.

THE WITNESS: The other part is the grants that are funded, I do list out all of the grants that are specific to substance abuse, child welfare and the courts.

There are a lot of grants that have been obtained in Cabell County that are not specific to this population. So, as I said, the Children's Bureau has their requirements, Department of Justice has their requirements, and what we're trying to do is make sure that those programs can be sustained over time so that, again, when Grandma says my -- my son -- grandson that I'm taking care of needs mental health services, that those services are available.

So, there are programs that are there, but I also understand the nature of grant programs and that that doesn't sustain that for when that infant that's being born right now needs intervention before that child goes to school at five. We have to have interventions in those preschool years and they have to be available then because a child's development clock just doesn't stop for us. It just keeps going. And you've got to meet the need at the time when that intervention is going to happen.

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And, Dr. Young, let's turn then to some of the specific programs you lay out in your report. Let's start with children affected by parental opioid use who have had interactions with the child welfare system. So now, is it your expert opinion that addressing the needs of children in the child welfare system due to parental opioid use is a required part of an abatement plan? Absolutely. We've talked about that a little bit alreadv. The trauma for children that they've experienced, you know, we've -- all across the country to California, I knew what was going on in West Virginia before I was ever asked to look at what was going on in Huntington and Cabell because of the awareness of what kids were going through whose parents were addicted to opioids and what they meant for them. So, that population of making sure that their ability to be reunited. To address their trauma, to address the family's functioning, again, they have to be family-centered programs and those are -- they're hard to do for those reasons that I specified about. The funding comes different. The training comes different. Everything comes down from the federal government and the state in these packages that are -- you know, we refer to them as silos. And so, kids need more than one thing. Parents need more than one thing. So, the ability for a community to put

1 those together in a way that puts a family back together so 2 that they can function means that they have to be 3 intergenerational programming. 4 And, Dr. Young, I think you talked about the trauma 5 that children with parental opioid use -- opioid use have 6 experienced. Can you very briefly describe what kinds of 7 things you're talking about? 8 The kinds of programs, so --9 And just to -- I want to make sure you've heard the 10 question. The kinds of trauma that they've experienced? 11 I'm sorry. Are you asking the kind of trauma 12 experience or the kinds of programs for trauma? 13 The trauma experience to which the programs are 14 responding? 15 So, we mentioned that separation for -- for kids. 16 We've had kids that, as you know, have experienced their 17 parents overdose. They've watched their parent be taken off 18 in handcuffs. All of those are very traumatic experiences. 19 We also know that kids who are placed in foster care, 20 while we want that to be a good experience for kids, they 21 are much more likely to develop their own Substance Use 22 Disorder than kids who have not experienced foster care. 23 So, the idea that we're going to get ahead of this and 24 make sure that kids that are currently experiencing that

have what they need so that Cabell County is not influenced

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1
       by this into the next generation, we only have a window.
2
            And, Dr. Young, did you prepare a slide that summarizes
 3
       your conclusions regarding children involved in the child
 4
       welfare system affected by Substance Abuse Disorders?
 5
            Yes, I did.
 6
            And would that slide assist your testimony?
 7
            Clearly.
       Α.
 8
                 MS. SINGER: Your Honor, may we publish Slide 10,
 9
       please?
10
                 THE COURT: Yes.
11
                 THE WITNESS: And I'll work it succinct. I can
12
       talk a lot.
13
                 BY MS. SINGER:
            Dr. Young, there's a lot to say, but can you tell us
14
15
       what you found with respect to the number of children
16
       involved in the children -- child welfare system in West
17
       Virginia?
18
            Yeah. These -- these are data, again, from child
19
       maltreatment, that report that is, you know, completed by
20
       the -- West Virginia and sent to the federal government.
21
       The number of kids that are being removed in that ten-year
22
       period. You know, they were -- it's doubled.
23
            So, social workers, their case load, everything that
24
       they do to try and help families, that doubled during that
25
       time period. And DHHR says that about 80 percent of the
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       cases in West Virginia in which a child -- that there's a
2
       petition filed to take custody of that child, 80 percent
 3
       have a parent with a substance use problem.
 4
           And in forming your opinions, Dr. Young, did you review
 5
       literature regarding the impact of overdose deaths on foster
 6
       care rates?
 7
           Yes, I did. This is a very important piece for all of
 8
       us.
 9
            And what was that literature? Just the name of the
10
       study you relied on?
11
            The Assistant Secretary of Planning and Evaluation at
12
       the Department of Health and Human Services did a
13
       multi-method study looking at overdose deaths and foster
14
       care entries and other indicators of the child welfare
15
       system.
16
           And did you prepare a slide that summarized that
17
       research?
18
       A. Yes, I did.
19
           And would that slide assist you?
20
       A. Yes, it would.
21
                 MS. SINGER: Your Honor, may we publish Slide 11,
22
       please?
23
                 BY MS. SINGER:
24
            And, Dr. Young, can you describe what this slide
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indicates?

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1
            So, in counties across the country, when the overdose
2
       death rate was higher than the national median, for every
 3
       ten percent above the national median of the overdose deaths
 4
       you see the corresponding relationship with the foster care
 5
       system. So, reports of maltreatment. So, again, hotline
 6
       calls were up 2.2 percent. The substantiated cases, so
 7
       after the CPS worker has done their investigation and the
 8
       judge decides were those allegations substantiated, those
 9
       were up. And then, importantly, the foster care entries
10
       were up when overdose deaths were up.
11
            And did you examine in the course of preparing your
12
       report and in your professional experience how the overdose
13
       and foster care entry rates in West Virginia compare to
14
       other jurisdictions?
15
       Α.
            Yes.
16
            And did you prepare a slide that summarized that
17
       research?
18
           Yes, I did.
19
            And would that slide assist you?
20
           Yes, it would.
21
                 MS. SINGER: Your Honor, may we publish Slide 12,
22
       please?
23
                 BY MS. SINGER:
24
            And what does the map shown in Slide 12 depict, Dr.
25
       Young?
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- So, every place that is red is a county in which the overdose deaths and the foster care entries were both above the national median. And we popped out West Virginia there, which is troubling to say the least, that Cabell County, its surrounding counties, all but the counties, a few in the northeast, have this condition that, in 2016, overdose deaths and foster care entries were higher than the median. And based on the data you examined, do you know whether Cabell County has been able to find foster care placements for children removed from their homes or find enough foster care placements? Those are reported frequently by DHHR about what, you know, challenges they have and we know from my staff, who are working in Cabell County and the staff that are working with the Supreme Court for West Virginia and standing up family treatment courts, that that is a very big gap in trying to find homes for kids. So, as I was talking about sort of this -- two ways in which the number of kids go up, more kids come in and kids can't get home. So, both of those things are happening in
  - Cabell County.

    Q. And you described the negative outcomes and the trauma for children in foster care. What kind of long-term or

shorter-term impacts does parental substance abuse and

dislocation have on children?

- A. These are studies that the American Academy of
  Pediatrics have reviewed a few different times and they look
  at all the ways that child development is assessed. So,
  fine motor, gross motor, intellectual capability, social
  emotional kinds of factors, all of those things that are
  related to child development. So, there are some studies
  that they have done that summarize that. Of importance is
  the educational outcomes. And there are data on that.
- Q. Okay. And what kind of services, again, at a general level are required for these kids?
- A. So, immediately, and -- is for infants that are identified with prenatal opioid exposure, making sure that those developmental assessments in all of these different areas of development for a child. There are tools that help developmental psychologists understand.

If that infant, for example, went through withdrawal and had tremors, did that carry over to neurodevelopmental effects that affect their fine motor skills? Did it carry over to the way that their sensory integration can happen? Did it carry over to their executive functioning so that they can reason and make decisions? All of those things are looked at in -- in ways in which understanding the impact of that exposure.

Q. And, Dr. Young, I want to make sure that you're focused in your response on children in the child welfare system and

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- not only children who were exposed prenatally. So, is your response addressed to kids long-term in the child welfare system? Well, kids long-term in the child welfare system, number one, are very expensive kids, I have to say, particularly if they came in as infants because the State is responsible for their well-being even after adoption. looking at that population and the kinds of services that they need and making sure that they are timely and appropriate for that child's developmental stage is critical. And to the interventions that you describe in your report and you've testified to today, are they effective with these kids? Do they produce good outcomes? Yes, they are. There's a wealth of information about the developmental outcomes for children with prenatal substance exposure, opioid exposure that get those kinds of developmental services. The federal government funds those kinds of services for young children 0 to 3 and then a different program for kids who are 3 to 5, but they are often waitlisted -- not often -- generally waitlisted.
  - Q. And let's turn from children in the child welfare system adolescents and young adults. Is it your expert opinion that addressing the needs of adolescents and young adults with Substance Abuse Disorders themselves or parents

- with Substance Abuse Disorders is a required part of an abatement plan in Cabell and Huntington?
  - A. Yes, it is.

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- Q. And do the other interventions you've described in your report and your testimony also apply to adolescents?
  - A. Right. So, adolescents typically get some, you know, substance use prevention kind of programming either through the schools or, you know, kind of broad-based kinds of

substance abuse prevention programming.

However, these kids need something that is a lot more than that. So, the prevention world talks about, you know, sort of broad based prevention, education, that sort of strategy, but for kids who are children of a parent with an Opioid Use Disorder, they need specialized programming that helps them, again, solve some of their own challenges, their social emotional challenges, as well as if they were a child that had neurodevelopmental effects of prenatal exposure that we're -- we're rectifying those issues.

- Q. And, Dr. Young, did you prepare a slide that summarized your assessment of the needs and programs for adolescents and young adults?
- A. Yes, I did.
- 23 Q. And would that slide assist you?
- 24 A. Yes, it would.
- MS. SINGER: Your Honor, may we?

1 I believe this is Slide 13, please. 2 BY MS. SINGER: 3 And, Dr. Young, I think you've covered everything in Q. 4 this slide. 5 But the one thing that I didn't cover is the high risk of adolescents. So, we know that the adolescent -- that, 6 7 you know, our brains aren't fully matured with executive functioning to now about 26. My kids are a little older. I 8 9 think that's happened. 10 But for adolescents, some of that risky behavior that 11 is part of normal adolescent behavior is part of that 12 completely not developed executive functioning, but if you 13 start using substances during that time period, you are 14 really creating a problem with impulse control and all of 15 the other implications of setting that adolescent brain on 16 that path. 17 And given the challenges of the adolescent brain, which 18 many of us will also note from experience, is there evidence 19 supporting the efficacy of the programs that you've laid out 20 in your testimony and your report? 21 Yes. And, again, making sure that those are family 22 centered programs because adolescents need to have a 23 relationship with their birth parents whenever it's safe and 24 appropriate to do so for them to develop appropriately.

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Okay. All right. Let's turn to, I think, the third

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Q.

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population that you described, which is pregnant women with Opioid Use Disorder. Is it your expert opinion that addressing the needs of pregnant women with Opioid Use Disorder is a required part of an abatement plan in Cabell and Huntington? Yes, it is. And did you form an opinion as to the types of services that would be effective? Yes, I did. And, just generally and briefly, what are those services? So, pregnant women not only need medications if they have an opioid use problem during pregnancy, but they need a lot of careful monitoring in prenatal care, as well as the social and emotional support. Women that develop a Substance Use Disorder, estimates are 80-plus. 80-plus percent of them have had various traumatic experiences in their own right. So, they need trauma-informed services, trauma-specific services, social emotional support. There are data about what happens when pregnant women stop using medications during treatment. The risk of overdose is highest for that population. So, the American College of Obstetrics and Gynecologists, as well as the American Society of Addiction Medicine, have put out

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guidelines about making sure that pregnant women have access

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to medication assisted treatment during pregnancy, and that
they have the education that they need about what their
infant may experience in withdrawal, and that they have the
support that they need in order to make sure that they can
parent.
    And, Dr. Young, did you also prepare a slide that
summarized your research and opinions with respect to the
services for pregnant women?
    Yes, I did.
    And would that slide assist you?
    Yes, it would.
Α.
          MS. SINGER: Your Honor, may we publish Slide 14,
please?
          THE COURT:
                      Yes.
          BY MS. SINGER:
    And, Dr. Young, again, I think you've covered much of
this and I think you've referenced the number of women with
OUD who seek treatment.
Α.
    Correct.
    Now, do you believe the number here, 151 women -- let
me actually back up. Is this the number in West Virginia or
Cabell County?
     Those are West Virginia data and they're not women who
sought treatment. They actually got into treatment. And
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Ayme A. Cochran, RMR, CRR (304) 347-3128

that's a very big difference between those that are trying

to get in and those that actually got in.

- Q. And that number of 151 women in treatment with Heroin Use Disorders and 612 with Opioid Use Disorders, do you believe that accurately represents the relevant population?
- A. No. It couldn't because, again, they're women that were successful at finding treatment and getting admitted into treatment, but the WONDER data, one of those datasets in the -- from the CDC, has asked women -- and I mentioned this already. 6.6 percent of women use prescription drugs during pregnancy. We know that -- that they need to be monitored during pregnancy and make sure that protection for their infant is put in place.

I don't want to go too long, but I do want to mention the Plan of Safe Care because it's so important. This is legislation that Congress changed originally in 2003, but in 2016 in response to the opioid problem among pregnant women and the escalating NAS rates in the country. They instructed all states that receive the Child Abuse Prevention and Treatment Act grant money that they were to assure that before an infant goes home from the hospital that there is a Plan of Safe Care for that infant.

So, what's been exciting that we've seen in the subsequent years are opioid treatment programs, substance abuse treatment programs that are working with pregnant women to make sure they have a plan in place before they go

to deliver at the hospital so that they know that they can call DHHR, Children's Services, and say this is what I've been doing. This is my plan. This is, you know, who is going to be home.

Hopefully, they have a Nana that can help them, a grandma at home that they can help with that newborn. So, those Plans of Safe Care are critically important for pregnant women.

The other part is that we know now that OBs talk about the fourth trimester because the overdose death rate risks or the overdose death risk is so high after delivery, particularly as all of the things that happen after delivery anyway, but if you are a new mom and you have an Opioid Use Disorder and you're trying to keep in treatment and to keep things going on, that there are data now about the overdose deaths just after this postpartum period.

- Q. All right. And, Dr. Young, in forming your opinion, did you review evidence that interventions with pregnant women with Opioid or Substance Use Disorders are effective?
- A. Yes, I did.

- Q. And what did you conclude?
  - A. There are effective programs that medication assisted treatment during prenatal care is highly effective to make sure that there's a good birth outcome, that infants are protected.

We know from a long time of program outcomes for women that they're allowed to stay with their infants. So, again, that two-generation program in residential care is highly effective to ensure that the infant has an opportunity to bond with their birth mother and that that's good for birth moms and it's good for the infant.

- Q. And you did talk about the importance of services after birth, but what evidence did you review on how long those services need to last and why?
- A. Well, the literature supports, for some of those reasons that I talked about, that the stability really needs to be there. The range is 12 to 24 months that that support needs to make sure that she's -- and that that infant is safe, that the infant is getting the developmental services that they need.

I sort of can't emphasize enough that that critical time period of infant, toddler-hood, preschool, that's -- that's our moment to change the trajectory for that child's life. If we miss that, if we wait until there's a special education referral when that child is in third, fourth grade, we've missed the opportunity to give that child the life that has normal development and has the areas of their life that have been compromised that they can get the services that they need to be able to put that together.

Q. And, Dr. Young, talking about that early window of

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time, let's turn to children who are prenatally exposed to
opioids. Is it your expert opinion that addressing the
needs of children with prenatal opioid exposure or Neonatal
Abstinence Syndrome are part of an abatement plan required
for Cabell and Huntington?
Α.
    Absolutely.
    And does that include children who aren't diagnosed
with neonatal abstinence?
     Yes, emphatically.
     Okay. And did you prepare a slide on this issue?
    Yes, I did.
Α.
    And would that slide assist you?
Α.
    Yes, it would.
          MS. CALLAS: Your Honor, before that slide is
published, I'd like to lodge an objection on what I
anticipate will be not disclosed testimony by this witness;
that is, she testified in deposition to data going up to
2013 in connection with NAS babies. She was specifically
asked about this.
     The slide, I believe, is going to project out much
         So, I would like to launch, again, an objection as
to these undisclosed opinions by a witness.
          THE COURT: Ms. Hardin?
          MS. HARDIN: Your Honor, I would just note for the
record that under Rule 37(c)(1), undisclosed material may
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not be testified to by the witness unless it is substantially justified or harmless. It's not discretionary on the part of the plaintiffs' counsel to elicit testimony that was not part of the report. THE COURT: Are you going outside the report here, Ms. Singer? MS. SINGER: Your Honor, it's not my intention to go outside of the report. I will indicate that there has been a study introduced in evidence in this case relating to neonatal abstinence that Dr. Young is aware of. It's already been the subject of testimony. It's certainly not our intention to re-tread any ground that has been tread in this case. MS. WU: Your Honor, I believe that Ms. Singer is referencing an article published by Dr. Loudin, another expert disclosed in this case. It's clearly improper for Ms. Singer and the plaintiffs to try to use Dr. Young to

introduce evidence that they had or may still introduce through another expert. That's improper.

MS. SINGER: Your Honor, it's not improper. let me also just add the reliance material that has been disclosed to defendants in this -- with Dr. Young's expert report and was covered within her deposition included a press release from the Department of Health and Human Services. It's dated -- I don't know the date. I'm sorry.

1 April 2018. 2 Again, this is in the reliance materials of Dr. Young's 3 report and the headline of that press release is DHHR 4 Releases Neonatal Abstinence Syndrome Data for 2017. It is part of her reliance materials and a perfectly appropriate 5 6 subject for Dr. Young's testimony today. 7 THE COURT: Well, I'm going to let her testify subject to the objections. I think the thing to do is take 8 9 the testimony and then, since this is a bench trial, I'll 10 decide to what extent, if any, I will consider it. But I 11 think the fair thing to do is to let you make the record, 12 Ms. Singer, and you may go ahead and do it. 13 MS. SINGER: Thank you, Your Honor. 14 BY MS. SINGER: 15 Ο. All right. Dr. Young, I think we were midpoint of our 16 -- of your testimony on Neonatal Abstinence Syndrome. 17 MS. SINGER: Why don't we go ahead and, with the 18 Court's permission, publish Slide 15. 19 BY MS. SINGER: 20 Now, does this slide reflect your opinion as to the 21 need and intervention for children exposed to opioids 22 prenatally? 23 These are the specific data of the rate of NAS. are diagnostic codes from that earlier time period and then 24

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the more recent data that are available for West Virginia of

- 50.6 NAS diagnoses per 1,000 births.
- 2 Q. And, by the way, is that 2017 data of 50.6 Neonatal
- 3 Abstinence Syndrome births the data that was described in
- 4 | the press release that you relied on in your report?
- 5 A. I believe that's correct, but that's coming from my
- 6 | memory. If you would like for me to look at the press
- 7 release to confirm that, but I'm fairly certain that that's
- 8 correct.

- 9 Q. Okay. Okay. And in the interest of moving along, can
- 10 you also explain, are there developmental effects or other
- 11 negative outcomes for infants who are exposed to opioids
- prenatally, but not diagnosed with NAS?
- 13 A. Yes. This is more recent information that's coming
- 14 | from the pediatricians around the country and including the
- 15 | pediatricians at -- in Huntington that sometimes infants
- don't materialize or don't develop enough symptoms, if you
- 17 | will, of withdrawal. Right?
- 18 There's a little window that babies are still in in the
- 19 | hospital. And so, they may not get that diagnostic code
- during those two or three days that they're being monitored.
- 21 So, they go home.
- They might actually come back to the hospital with
- withdrawal symptoms, but they didn't get a diagnostic code
- during that little window. But what we understand now is
- 25 | that it's not necessarily predictive about how that infant

is going to do.

So, there may be knowledge that the infant was exposed to opioids prenatally, but they didn't manifest withdrawal symptoms that were severe enough to get a diagnostic code, but they were exposed, and it's -- it's clear now from pediatricians from the American Academy of Pediatrics who says their opinion is all children with opioid exposure need those interventions for the things that I've already discussed about the timing. You can't wait.

- Q. And do the interventions that these children need and these babies need extend even after they leave the hospital?
- A. Yes. That is a critical period for those things that we talked about, neurodevelopment, the kinds of things that you would see when neurodevelopment has been compromised, as well as the support that their birth parents need that, the extended family need, in order to help them go through those developmental tasks.

So, the first task of an infant is to be able to eat, to be able to sleep, and to be consoled. So, there's this understanding that that task of a newborn to eat, sleep and be consoled has to be supported in a way best by the birth mom, but -- but in a way that that infant can get through those initial tasks so that they can go on to the next stage of development of focusing their eyes, and being able to sit up eventually, crawl. All of those things have to go in

- order. And this eat, sleep, console is really important in that newborn period.
  - Q. And do the services that these infants and young children require, does that include early intervention and special education services?
- 6 A. Yes, it does.

- Q. And are those services fully covered by federal funds and programs?
- A. They're not fully funded by federal funds. There's state and federal funds that go into those, but I think I mentioned already that there are typically wait lists to get into those developmental services.

West Virginia should be congratulated that you changed your eligibility criteria not that long ago so that infants that got the NAS diagnosis are eligible for early intervention, that 0 to 3 intervention.

But for that larger population that didn't get the diagnostic code at birth, there's certainly a gap there in what kinds of interventions they need.

There are also, frankly, big gaps in having enough developmental pediatricians, developmental psychologists. The people that work with these infants to make sure that they can do all the things that they need to do in those developmental stages of focus, and smile, and react, and, engage, and bond, and attach, there are interventions that

- they put in place to make sure that that's happening for the infant.
- 3 Q. And, Dr. Young, are you familiar with evidence
- 4 regarding longer term impacts beyond this initial
- 5 developmental stage to children exposed to opioids
- 6 prenatally?
- 7 **A.** Yes, I am.
- 8 Q. And, again, briefly, what are -- what is that evidence
- 9 of those outcomes?
- 10 A. Well, I mentioned the reviews that -- you know,
- 11 researchers have been looking at this for quite sometime and
- 12 there have been a couple of reviews that have been done that
- looked at the immediate and the long-term outcomes for these
- 14 | children.
- 15 **Q.** And what are those outcomes?
- 16 A. Well, specifically, the -- could I look at my report?
- 17 Q. Of course.
- 18 A. So I don't do that off the top of my head?
- 19 **Q.** Okay.
- 20 A. So, there is a summary that was published in 2013. Did
- 21 -- and they show that there are -- there is the strong
- 22 effect of withdrawal, but longer term that behavior and
- language, some of those longer term outcomes have been found
- in studies when they're looking at what are the longer term
- 25 implications.

So, in my report there's a summary of 52 published articles about the outcomes for children exposed to opioids in the prenatal period. There's variation by those various studies. But they measure with more distress in infancy, that they were significantly lower on Bayley scores, you know, all those different areas of development I've been talking about. So, Bayley is an assessment named for the guy who invented it that's a developmental screening test and they have, by the time they were two, significantly lower Bayley scores.

And then those -- that -- they looked at compared to a non-exposed group several areas of developmental delays, lower IQ, neuropsychiatric hospitalizations. The biggest one is poor educational testing scores, lower attention scores, requiring special education services.

- Q. And last two questions. On the body of your report,
  Dr. Young, do those educational outcomes and test scores and
  things like that get better or worse over time for these
  kids?
- A. We know from a major study that was done tracking infants with NAS that those educational outcomes get worse over time.
- Q. And are there intervention programs that the evidence show work for these kids?
- A. Yes. I talked about them already a bit, about what

- 1 those programs are. I think I have some listed.
- 2 Q. Does that include the Vanderbilt University study, for
- 3 instance?
- 4 A. Yes. So, making sure that all of those kinds of things
- 5 that, again, developmental pediatricians, developmental
- 6 psychologists do to make sure that the neurodevelopment,
- 7 which is the key thing about their long-term ability to
- 8 process language, to have executive functioning and, later
- 9 in life, all of those things need to be tended to.
- 10 Q. And, Dr. Young, to wrap up, in your professional
- opinion, can the programs you lay out address the impact of
- opioids on children, and families, and pregnant women in
- 13 Cabell and Huntington?
- 14 A. Yes, they can.
- 15 Q. And do you hold these opinions you've described
- 16 | throughout your testimony to a reasonable degree of
- 17 professional certainty?
- 18 **A.** Yes, I do.
- 19 Q. And, Dr. Young, just to wrap up, why are these
- 20 interventions needed?
- 21 A. Again, the intergenerational aspect of what happens for
- 22 these kids. You know, luck of the draw on who you were born
- 23 to. And what does that mean for our responsibility for
- 24 | these kids?
- 25 Child welfare workers, they step up and they say I'm

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1
       going to try and protect these children and make sure that
2
       they have a way that they can develop. And, you know, it's
 3
       my view that we all have a responsibility for these kids to
 4
       make sure that they have the life chances that others have
       and, if there are ways that we can remediate those
 5
 6
       challenges for kids, then it's incumbent on us to do it.
 7
                 MS. SINGER: Your Honor, may I have one moment
 8
       before I wrap up?
 9
                 THE COURT: Yes.
10
           (Pause)
11
                 MS. SINGER: I have nothing further. Thank you,
12
       Dr. Young.
13
                 THE COURT: Ms. Singer, you have very ingeniously
14
       ended right when it's time to take a break.
15
            So, we will be in recess for ten minutes.
16
            You may step down, of course, Dr. Young.
17
                 THE WITNESS: Thank you, sir.
18
            (Recess taken)
19
            (Proceedings resumed at 10:42 a.m. as follows:)
20
                 THE COURT: Ms. Callas, are you going first?
21
                 MS. CALLAS: Yes, Your Honor. Thank you.
22
                             CROSS EXAMINATION
23
       BY MS. CALLAS:
24
            Good morning, Dr. Young.
25
       Α.
            Good morning.
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Ayme A. Cochran, RMR, CRR (304) 347-3128

- 1 Q. My name is Gretchen Callas and I represent
- 2 AmerisourceBergen Drug Corporation. I'm here to ask you
- 3 some questions today.
- 4 You did prepare a report in this litigation; is that
- 5 | correct?
- 6 A. Yes, I did.
- 7 Q. And it was dated in August of last year; is that right?
- 8 A. That's correct.
- 9 Q. Okay. And it contained a summary of your opinions and
- 10 your work in this case; is that correct?
- 11 A. That's correct.
- 12 Q. And you were retained by the City of Huntington and
- Cabell County specifically; is that right?
- 14 A. That's correct.
- 15 Q. And you were looking at those two communities?
- 16 A. I'm sorry. I don't actually know that answer, the
- 17 | technical part of that, because I worked with Motley Rice.
- 18 So I'm not sure -- they retained Motley Rice, and Motley
- 19 Rice asked me to do their report.
- 20 Q. Okay. Thank you for that clarification.
- 21 You did understand, though, that your work in this
- 22 | litigation was specific to two communities, the County of
- Cabell County, West Virginia, and the City of Huntington
- 24 | that's for the most part in that county; is that correct?
- 25 A. Yes, I do understand that.

- 1 Q. Okay. You have identified five populations of people
- 2 in those communities that you believe need services; is that
- 3 right?
- 4 A. Those are not the only populations or special needs in
- 5 those communities, but I was asked to look at the impact on
- 6 children and their families, and specifically in the child
- 7 welfare system.
- 8 Q. But you've identified five populations or groups of
- 9 people; correct?
- 10 A. Yes, that's correct.
- 11 Q. You've also identified costs that might relate to the
- 12 provision of these services that you recommend; is that
- 13 | correct?
- 14 A. Based on the literature, yes, that's correct.
- 15 Q. So some of your populations of people, those people you
- 16 | believe need services in this community, have been affected
- by opioid use disorder; is that right?
- 18 A. Yes, that's correct.
- 19 Q. And there are groups that are contained in your
- 20 populations that are affected by a broader category known as
- 21 substance use disorder; is that correct?
- 22 A. Yes, opioids and substance use, correct.
- 23 Q. But there is a broader category known as substance use
- 24 disorder that relates to substances other than opioids; is
- 25 that right?

- 1 A. Yes, that's correct. Substance use disorders are the
- 2 broader term that encompass opioids and other substances,
- 3 | that's correct.
- 4 Q. And those other substances could involve what we've
- 5 described as a multitude of other substances; is that not
- 6 | correct?
- 7 A. Well, I don't know a multitude. That's a really big
- 8 number. But there are patterns of multiple substances that
- 9 people use. That is correct.
- 10 Q. And, and some of those that you're aware of in the
- 11 | community at issue here includes alcohol; is that correct?
- 12 A. Yes. Alcohol has been an issue in communities actually
- 13 | since Noah, but, yes.
- 14 Q. And, in fact, in West Virginia when we talk about child
- welfare services, the only substance that we actually track
- 16 | in West Virginia is alcohol; isn't that correct?
- 17 **A.** In child welfare?
- 18 **Q.** Yes, ma'am.
- 19 A. No. There are two variables that are tracked that
- 20 are -- that classify alcohol use by parent and drug use by
- 21 parent. So both of those are tracked.
- 22 Q. Okay. Drug use can relate to any number of drugs; is
- 23 that right?
- 24 A. That's correct. That's why we have to rely on other
- 25 data sources.

- 1 Q. So when we're talking, again, about a specific
- 2 substance, it is only alcohol that is tracked in West
- 3 Virginia as it relates to substance use disorder; correct?
- 4 A. No, that is not correct. There's two variables in the
- 5 datasets. One is alcohol. There's actually four variables.
- One is alcohol by parent. One is drug use by parent. The
- 7 other is alcohol use by child or drug use by child.
- 8 Q. Other than alcohol, what is the specific substance that
- 9 is tracked by West Virginia in the child welfare services?
- 10 A. Other drugs.
- 11 Q. When you have looked at children, you are recommending
- 12 programs for children who have parents who are using
- substances other than opioids; correct?
- 14 A. Opioids and other substances, correct.
- 15 Q. Substances other than opioids?
- 16 A. I think you're saying it repeatedly, but I'm trying to
- 17 say back it's opioids and other substances. And the
- datasets don't break those out differently.
- 19 Q. You've testified that you have looked at the programs
- 20 in Cabell and Huntington Hospital -- city. Sorry. Cabell
- 21 and Huntington; is that correct?
- 22 A. I -- could you tell me -- ask me or tell me what you
- 23 mean by looked at?
- 24 Q. Well, you evaluated.
- 25 A. No, I haven't evaluated the programs. That would take

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1
       a research design and to look at, you know, their
2
       effectiveness. It's a research study to evaluate a program.
 3
       0.
            Were you provided a list of programs that currently
 4
       exist in Cabell County and the City of Huntington?
 5
                  In addition to the programs that I was already
 6
       aware of, I was provided a list of other programs.
 7
            And who provided that list to you?
       Q.
 8
            I believe Motley Rice.
 9
            And you looked at that list; is that correct?
10
       Α.
            Yes.
11
            And why don't we pull up that list.
12
            That is a document you relied on in your report;
13
       correct?
14
            Yes. I was aware of that document and knew of those
15
       programs, yes.
16
            And it's, it's identified in the report as Attachment 1
17
       but it's been marked as Plaintiffs' Exhibit 42246.
18
                 MS. CALLAS: Would you hand that document out.
19
            May I approach the witness, Your Honor?
20
                 THE WITNESS: Thank you.
21
       BY MS. CALLAS:
22
           You're welcome.
       Q.
23
            It's an age test, size of the font.
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Ayme A. Cochran, RMR, CRR (304) 347-3128

do is try to enlarge a few aspects of this document on the

Yeah. Do we have larger copies or -- well, what we'll

24

- 1 screen so we can talk about them.
- 2 **A.** Okay.
- 3 Q. But you recognize this document that I've placed in
- 4 | front of you as P-42246 for purposes of the trial?
- 5 A. Yes, I do recognize this document.
- 6 Q. All right. Now, it's your understanding this was
- 7 | created by the law firm of Motley Rice?
- 8 A. I, I don't know that for certain. I -- it was given to
- 9 me via the attorneys at Motley Rice.
- 10 Q. Needless to say, you did not prepare this document; is
- 11 that right, Dr. Young?
- 12 A. No. I reviewed it and looked at, you know, what the
- listing is of the programs, but I did not compile it
- 14 specifically.
- 15 Q. You did not add any information to this or supplement
- 16 this document in any way?
- 17 A. I don't recall specifically that point if I made any
- 18 | clarifiers or changed any language in it. I don't recall
- 19 specifically. I don't believe so.
- 20 Q. Let's look at -- one of the categories here would be
- 21 treatment for pregnant women; correct?
- 22 **A.** Yes.
- 23 Q. And that is one of your populations of interest in your
- 24 proposal; correct?
- 25 A. In my report, yes, that's correct.

- 1 Q. There is on the far left-hand side an NAS medical
- 2 | treatment category. I don't know if you can see that. NAS
- 3 medical treatment would relate to treatment of infants who
- 4 have been diagnosed with NAS; is that correct?
- 5 A. Yes. I -- it's not just the infant, but it is the
- 6 mother and the infant in their high risk pregnancy unit.
- 7 Q. Okay. So this is a program, M-A-R-C, MARC; is that
- 8 | correct?
- 9 A. That's correct.
- 10 **Q.** And you are aware that this program is operating in
- 11 | Cabell County as we speak?
- 12 A. Yes, I am aware that that is operating.
- 13 Q. And beyond the description that is in this document, do
- 14 you know anything else about this program?
- 15 A. I have read other things about it, not that I can pull
- 16 up off the top of my head. But I do understand the model,
- and that is something that is needed for pregnant
- women.
- 19 Q. Well, and it is something that currently is being
- 20 provided to pregnant women in the City of Huntington and
- 21 | Cabell County; correct?
- 22 A. Right. We, we talked a little bit about scale. And,
- 23 | so, we don't know to what extent that is being provided, but
- we know that the program exists, yes.
- 25 Q. Okay. Well, I believe your testimony was that you do

- 1 have opinions as to capacity and scale of these programs in
- 2 Cabell County; --
- 3 **A.** I have --
- 4 **Q.** -- correct?
- 5 A. -- yes, impressions of what the scale is. I've
- 6 reviewed documents about the numbers of people that can be
- 7 accommodated in various programs.
- 8 Q. And, and, so, this is a program that is in existence in
- 9 | Cabell County today. It provides services to women who are
- 10 pregnant. Correct?
- 11 A. That's correct.
- 12 Q. And it includes therapy, individual counseling
- 13 services, weekly meetings. Is that your understanding of
- 14 this program?
- 15 **A.** Yes, it is.
- 16 Q. And how many women are served in Cabell County today
- 17 | with this program?
- 18 | A. I believe that Dr. -- I forget the name -- Werthammer
- 19 testified or -- to the effect that there were 250 infants
- 20 | that are being followed. So I would make the assumption
- 21 that they first were identified through the MARC program and
- 22 then followed afterwards after the baby is born.
- 23 Q. Well, let me ask you about that testimony you've just
- given. When did Dr. Werthammer testify to this number
- 25 you've just offered?

- 1 A. Oh, I'm sorry. I might have confused what that
- document was. It may have been an article that I read,
- 3 sorry.
- 4 Q. Well, I understood from your deposition that you had
- 5 not reviewed any testimony of any witness in this case; is
- 6 | that correct?
- 7 A. I'm sure if I said that at the time of my deposition,
- 8 that was correct. But there's been quite a bit of time
- 9 since then to understand, you know, other articles that have
- 10 come out and et cetera. Go ahead.
- 11 Q. So I can clarify your testimony, I understood you to
- 12 say that Dr. Werthammer testified.
- 13 A. And I was mistaken.
- 14 Q. Is it correct, Dr. Young, that you have not reviewed
- 15 the testimony of the obstetrician who runs the MARC program
- 16 in Cabell County?
- 17 **A.** Could you tell me his name?
- 18 Q. His name is Dr. Chaffin.
- 19 A. I have not reviewed that deposition. I don't recall
- 20 | specifically, but I don't believe that I have.
- 21 Q. Okay. So just so we're clear, the number of women,
- 22 pregnant women, one of your populations, treated with this
- program in Cabell County today, do you know the number?
- 24 **A.** No, I do not.
- 25 | Q. And can you tell me, are there women on a wait list to

- be admitted or receive service from this program?
- 2 A. If this program is funded by the Substance Abuse
- 3 | Prevention and Treatment block grant, then they are not
- 4 | allowed to have a wait list. They must have interim
- 5 services in a short period of time because they are a
- 6 priority population of the Federal Government to make sure
- 7 that pregnant women get treatment.
- 8 Q. So then it is your testimony, Dr. Young, that there
- 9 | should not be any women in Cabell County on a wait list to
- 10 | receive the counseling, weekly group meetings, obstetrician
- 11 | care, those services; correct?
- 12 A. I need to clarify that the requirement is that they be
- 13 provided interim services. So I don't know if there is a
- 14 | wait list for the full comprehensive program or if they are
- provided interim services until they have a slot for them to
- 16 be able to be in treatment.
- 17 Q. Okay. And what you've said is that this issue of
- 18 | interim service would be dependent upon the funding for this
- 19 MARC program; correct?
- 20 A. The requirement to have interim services is dependent
- 21 on the Substance Abuse Prevention and Treatment block grant.
- But best practice would be that they immediately had access
- 23 to treatment, that's correct.
- Q. We would need to know how this program is funded;
- 25 correct?

- 1 A. To know if there's interim services?
- 2 **Q.** Yes.
- 3 A. I think that we may need to know that.
- 4 Q. And do we know that?
- 5 A. I can make some assumptions, but I do not know
- 6 | specifically. If it's at a hospital, I would imagine
- 7 Medicaid is one of the payers because pregnant women are
- 8 also a priority population of HRSA, the funder for Medicaid,
- 9 NCMS, funder of Medicaid.
- 10 **Q.** But as you sit here today offering opinions in this
- 11 | court, you do not know the source of funding for the MARC
- 12 program in Cabell County; correct?
- 13 **A.** No. That was beyond the scope of what I was asked to
- 14 do.
- 15 Q. And you do not know the number of women served by this
- 16 program today?
- 17 A. No. That was not what I was asked to do.
- 18 Q. And do you know how many women, or how long this
- 19 | program has been in place and how many women it's served in
- 20 the community over time?
- 21 A. Not off the top of my head.
- 22 Q. There is another program on this document. It is the
- 23 Children's Society --
- 24 MS. CALLAS: Ritchie, if you can find that.
- 25 BY MS. CALLAS:

- Q. Children's Home Society of West Virginia. Are you familiar with that program, Dr. Young?
- A. I'm familiar with Children's Home Society, that program
- 4 model.
- Q. And can you tell the Court what your understanding of that program model is?
- 7 **A.** They typically would be providing services to children and their families.
- 9 Q. And is there a specific focus on adopted children?
- 10 A. Sometimes. Some of the Children's Home Society has an
- 11 adoption focus. Other times it's children that need
- services while they are in permanency programs which --
- foster care programs trying to find permanent homes.
- 14 Q. Again, do you know as you sit here today how many
- children or families in Cabell County receive the services
- described here from this organization?
- 17 **A.** No. That was beyond the scope of what I was asked to
- 18 do.
- 19 Q. And this is actually a nonprofit or not-for-profit; is
- 20 | that correct?
- 21 A. I don't know specifically in West Virginia, but
- 22 typically Children's Home Society programs have been around
- for decades. And, yes, they are nonprofit organizations.
- 24 Q. So this is not the State of West Virginia providing
- 25 these services; correct?

- A. No. It is the State of West Virginia providing those services because they fund Children's Home Society to provide those services for families that are in the child
- Q. So this organization you say is receiving funding from the state?
  - A. They would be receiving Title 4(e) funding from the state if these children are in foster care. And they would be receiving Title 4(b) if the children are in-home children.
  - Q. What if the children are adopted?

welfare system.

- A. That's 4(e), adoption assistance. Let me back up.

  Adoption assistance goes to the adoptive family. There may
  be a funding source out of Title 4(e) that they're funding
  specifically to Children's Home Society for those permanency
  services. But it -- adoption assistance out of Title 4(e)
  goes to the adoptive family so that they can care for
  adopted children.
- Q. The Children's Home Society of West Virginia with a location in Huntington indicates on this document provided to you by the plaintiffs that they provide in-home treatment services including clinical evaluation, treatment planning, supportive individual counseling. Is that right?
- A. Yes. And that would indicate to me that they're funded by Title 4(b) which is a capped grant to the state, whereas

- Title 4(e) is entitlement that is based on the number of children that need the service.
- Q. But, in any event, these services are being provided to families in Cabell County; correct?
- 5 A. Yes. They're on the list that those services are available.
- Q. And you do not know how many families in Cabell County
  are currently receiving these services; right?
- 9 **A.** I do not know that. It's beyond the scope of what I was asked to do.
- Q. There are a number -- we'll wrap up with this

  Plaintiffs' 42246 momentarily. But there are a number of

  educational programs identified, including programs offered

  through the school system in Cabell County; correct?
  - A. Yes, there are programs offered by the Department of Education.
- Q. And you mentioned the West Virginia Birth-to-Three.

  There's also Kids Clinic, the Cabell County School Special

  Education Program, and Head Start. Are those some of the
- 21 A. Yes, they are.

programs on this document?

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- Q. And in West Virginia there is a right to special education and it's set out in a Policy 2419. Does that sound right?
- 25 **A.** Every state has special education legislation that

- entitles children to a free and appropriate educational placement, yes.
- Q. Now, is West Virginia's specific? That is, it would be a unique Policy 2419?
- A. I'm not familiar specifically with the state
  legislation 2419. I'm sure it complies with the federal
  requirements of the individual educational plans that are
  required by the Department of Education.
  - Q. Now, I heard you testify earlier that children begin schooling at age five. And that's kindergarten; correct?
    - A. Unless they need early intervention, in which case special education is available to them between the ages of three and five.
    - Q. Now, you are aware that in West Virginia we're one of the few states that offers free full-day, five-day, kindergarten and Pre-K. Is that correct?
    - A. I am aware that that is available. So that would be a universal program for all children. Children that have special needs would fit into the special education budget.
    - Q. And children who are three years old, do they have education opportunities in West Virginia? Do you know?
    - A. If you're telling me that they have starting at three for all children, then that's kids that need special education?
  - Q. I was asking you.

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- A. Okay. I'm not familiar specifically to know the eligibility criteria of three-year-olds for education.
  - Q. Okay. There is a testing system that occurs for a child to be included in special education; is that correct?
  - A. Yes, that is.

- Q. And the idea is that special education does not cost a parent anything; correct?
  - A. Having raised two children with special education needs that started in pre-school, I can tell you that there are expenses that parents use that -- or they have in order to meet their needs.

The education system must provide the services that they are able to participate in their home school when appropriate, and that it is a free and appropriate setting.

- Q. And some of the services that can be provided through the school system include transportation, psychological counseling, social work, therapy; is that correct?
- A. If there is a budget for your child to qualify to get those services, then you can access those. But I can tell you it is a fierce competition among parents that have special needs children to get those services.
- Q. And is that based on your experience in California?
- A. It's based on my knowledge of what special education services are like across the country. It's one of the areas of the federal budget that is not fully funded.

- 1 Do you know how many children in Cabell County have a 2 need for special education but have not qualified?
- 3 I'm not sure how you would know that they have a need 4 if they haven't qualified.

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- So is your opinion, then, that the children in Cabell 6 County who have a need have qualified for special education 7 in Cabell County? Correct?
  - That would be the process, that there was an assessment to determine that they had a need for special education services, which means that they are qualified for special education services, which does not mean that they have access to those special education services or that they are appropriate for the type of intensity or length that is needed.
    - Well, is it true that special education begins in West Virginia as early as age three and continues even into adulthood for certain people? Correct?
    - Yes, that's correct. That's federal law.
  - So that would be a duration that is the life of that person?
    - No. A child has to requalify each year. So in those kinds of situations that a child is extremely involved and has, you know, obvious disabilities, that still has to be renewed each year to ensure that they are still qualified for that.

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But the issue with kids with prenatal exposure is that they're sometimes invisible -- or they are invisible disabilities. You have to really understand what is going on for that particular child to know what kinds of services they need; speech and language, sensory integration, motor skills, attention strategies, those kinds of services. And all of these services are provided to children who have qualified after a careful evaluation by the professionals at the Cabell County schools; correct? It's not my experience that they're available to adoptive parents or foster parents at the intensity that these kids need. And what assessment have you made of what is available in Cabell County for adoptive parents or foster parents? I wasn't asked to look specifically at what is in Cabell County. I was asked to report on what is needed for children and families. Now, let's finish up with this exhibit, Plaintiffs' 42246. I count approximately 30 programs. Is that a fair estimate of the number of programs that this exhibit identifies? I think that's about what's on this exhibit. And is it fair to say, Dr. Young, that you have not talked to the local people who are operating these 30

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programs in Cabell County?

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1
            Individually for all 30 programs, no, I have not.
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            And you have not examined for these 30 programs in
 3
       Cabell County how many people in Cabell County and the City
       of Huntington are served currently by these programs?
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 5
            I have not evaluated that. That was beyond the scope
 6
       of what I was asked to do.
 7
           And you do not know how many people in Cabell County
 8
       would like to use these programs or services but are denied
 9
       access for some reason or another?
10
            I don't know that second part of your statement about
11
       denied access. I don't know. We have some estimates about
12
       how many children require special education services that
13
       have been prenatally exposed and those that are in the
14
       foster care system about those kinds of services that are
15
       needed.
16
            But it was not -- it's beyond the scope of my report to
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       look at what is in Cabell County and the match, if you will,
18
       between those services and what is in Cabell County. I
19
       believe there are other experts that are doing that.
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                 MS. CALLAS: I will move the admission of
21
       Plaintiffs' 42246.
22
                 THE COURT: Is there any objection to that?
23
                 MR. ACKERMAN: No objection.
24
                 THE COURT: It's admitted. 42246 is admitted.
25
       BY MS. CALLAS:
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- Q. So this list of 30 some programs -
  MS. CALLAS: And we can take that down, Ritchie.
- 4 BY MS. CALLAS:

Thank you.

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- Q. -- is not exhaustive. That is, there are other
  programs that exist in Cabell County today that are not
  included in that document; is that right?
  - A. Yes. We talked about that. There are grant programs.

    There are other funding sources to pay for specific programs.
    - Q. And one example would be the West Virginia Family

      Treatment Court. You mentioned that in your report. Is
      that right, Dr. Young?
- 14 A. Correct.
  - Q. And that is something that you would recommend as a service to families who are dealing with substance use disorder; is that right?
- 18 A. Those that are in the child welfare system, correct.
  - Q. So all families in Cabell County who are in the child welfare system in your opinion should have access to the services provided by a Family Treatment Court; correct?
  - A. Correct. Family Treatment Courts have a range of intensity. Sometimes parents don't need to have the supervision or the frequent contact with the judge that other parents need.

But there is a continuum of parents that benefit from more frequent contact, more supervision, more access to make sure that the services that they need are in place. The judge plays a very important convening role in counties to make sure that those services are available to the families that are in the child welfare system.

- Q. So if I understand your testimony, there is not a one size that fits all for a family in Family Treatment Court; is that right?
- 10 A. Hopefully not.

- Q. But it's true that your cost estimate as identified in your report does have an average cost per family; is that right?
- A. That's right, an average cost per family. So some families might move faster through the phases. So there's typically a phase approach that as the parent is more stable and child welfare is allowing home visits or overnights, that typically the parent steps down in the frequency of contact with the judge, frequency of supervision by the case manager. So there is a range of intensity in Family Treatment Courts.
- Q. Your cost estimate, though, is based upon California estimates for Family Treatment Court; is that right?
- A. I would need to look at my report for the data source for that. But there are several studies that are cited

- about what the costs are for Family Treatment Courts.
- 2 Q. Now, Family Treatment Court exists in West Virginia; is
- 3 that right?
- 4 A. They're new. This is a new initiative out of the
- 5 | Supreme Court to stand up Family Treatment Courts in several
- 6 counties.
- 7 Q. And do you know the cost of those courts operating in
- 8 West Virginia?
- 9 A. No, I don't know. Those were an initiative that came
- about from the McKesson settlement funds that went to the
- 11 state. And that was one of the priorities that child
- welfare and the courts had to put these Family Treatment
- 13 | Courts in place for this population.
- 14 Q. But we've had Family Treatment Courts operating in West
- 15 Virginia for a few years. Do you know the cost of those
- 16 courts in West Virginia?
- 17 A. Again, that was beyond the scope of what I was asked to
- 18 do. I was asked to look at the literature and to determine
- 19 | what programs are effective and what their cost is.
- 20 **O.** So the treatment courts are not included in the
- 21 document provided by the lawyers for the City of Huntington.
- There are other programs that exist in Cabell and Huntington
- 23 that are not included.
- 24 You reviewed this document, the City of Solutions; is
- 25 that correct, Dr. Young?

A. Yes, I did.

- 2 Q. And that is a document you reviewed. It's been
- 3 admitted into evidence as 2653. You reviewed that document
- 4 | after you prepared your report in this case; is that right?
- 5 A. That's correct.
- 6 Q. The document identifies a number of programs, many of
- 7 which are not in the Attachment 1 to your report, the
- 8 document we've now admitted into evidence.
- 9 I'd like to draw your attention to one in particular.
- 10 And I'm happy to hand you this Defendants' 2653.
- 11 A. Thank you.
- MR. ACKERMAN: Do you have a copy for us?
- MS. CALLAS: Oh, of course. You don't have one?
- 14 BY MS. CALLAS:
- 15 Q. Dr. Young, if I could direct your attention to Page
- 16 | 48 of the City of Solutions, Defendants' Exhibit 2653.
- 17 Again, this is a program that was not included in your
- 18 | reliance material or the Attachment 1 we've now looked
- 19 | at and it's called CORE. Do you see that program?
- 20 **A.** Yes, I do.
- 21 Q. Okay. And would you agree with me -- if you look over
- 22 the description of this program which is being offered in
- 23 Huntington and Cabell County, that it is a program that does
- offer specialized peer recovery coaches for additional wrap
- around recovery support, and has a target sub population of

- 1 pregnant and parenting women. Do you see that?
- 2 A. On 48 CORE is talking about vocational services. Am I
- 3 missing the paragraph you're looking at?
- 4 Q. It might actually be -- I'm looking at the page before
- 5 that. I apologize.
- 6 A. So peer recovery --
- 7 Q. Yes. And I think that's actually an error in my, in
- 8 | my, what I'm looking at here. If you look at Page 49 --
- 9 A. 47 is where peer recovery is located.
- 10 Q. It's also discussed on Page 49 in connection with CORE.
- 11 And it says -- the middle paragraph, the last two sentences,
- 12 "CORE hubs offer wrap around job entry and training services
- and life skills training, as well as specialized peer
- 14 recovery coaches for additional wrap around recovery
- 15 support."
- 16 Do you see that?
- 17 A. I can see it here, but I don't know where you're
- 18 reading on the paper. Yes.
- 19 Q. Okay. Peer recovery coaching is something you would
- agree is a service that's needed for certain individuals in
- 21 Cabell and Huntington; is that right?
- 22 **A.** Yes, I do, particularly those in the child welfare
- 23 system.
- 24 Q. And these are populations of interest to you in your
- 25 report; correct?

- A. Yes, that's correct.
- 2 Q. So, again, this is a program that is currently
- 3 operating in Cabell and Huntington. Do you know how many
- 4 people in that community are taking advantage of this
- 5 program?

- 6 A. No, I don't.
- 7 Q. Or in the populations you're interested in, families in
- 8 the child welfare services?
- 9 A. Again, I wasn't asked to match existing services with
- 10 | the literature of what works. I was asked to provide what
- works and the cost of those types of services.
- 12 Q. Let's switch gears. We've talked about programs that
- are currently in existence and how they may be utilized by
- 14 | the people in the community. I'd like to talk a little bit
- about cost and funding.
- 16 So, you testified about a need for long-term funding
- for the programs you're recommending; CORE as an example.
- 18 You do not know how CORE gets its funding, do you?
- 19 A. Not specifically. I know how recovery coaching is paid
- 20 for in a variety of ways.
- 21 Q. And as it relates to any of the programs we've
- discussed in these two exhibits, you do not know the actual
- cost per participant to operate a program like CORE; is that
- 24 right?
- 25 A. I'd have to look in my report to see what we put for

- 1 the cost of peer mentor programs. So I'm hesitant to say. 2 I do not know. I do -- I was not asked to look at the 3 specific budgets of these various grants and ways in which 4 programs have been initiated in Cabell County. So to the extent you've offered costs for programs that 5 6 you recommend, you are not referencing or relying on what is 7 actually being done in Cabell County to estimate the cost? 8 No, for a few reasons. Are you interested in those 9 reasons? 10 I, I would like you to answer my question which I think 11 you did with the word "no." 12 It was beyond the scope of what I was asked to do. 13 Back to funding. Do you know currently whether any of 14 the programs we've just looked at have a funding deficit; 15 that is, they do not currently have the funding needed to 16 operate? 17 My understanding across the nation, because of COVID, 18 that --19 Dr. Young, I'm going to interrupt you --20 Α. Okay. 21 -- because you've inserted the nation and I have asked
- Q. -- because you've inserted the nation and I have asked
  a more specific question obviously. It relates to Cabell
  County. Are you aware of any particular program in Cabell
  County that today has a funding deficit?
  - A. Not specifically because that was beyond the scope of

- 1 what I was asked to do.
- 2 Q. And, and you have talked a bit about federal funding.
- 3 And the Federal Government does fund a number of the
- 4 programs that you would recommend for the populations of
- 5 people in Cabell County of interest to you; is that right?
- 6 A. There is federal funding for most of these programs,
- 7 | that's correct.
- 8 Q. And isn't it true that over the last year the Federal
- 9 Government has instituted a number of very significant
- 10 | federal funding programs specifically identified for
- 11 substance use disorder and opioid use disorder?
- 12 A. That is true. And I think it's really important that
- we recognize that the Federal Government funding is not
- 14 | free. That is paid for by the taxpayers of West Virginia
- 15 and the United States.
- 16 Q. And some of these large programs, just in the last six
- 17 | months, would include President Biden's American Rescue Plan
- 18 | which had \$3 billion earmarked for substance abuse
- 19 prevention; is that right?
- 20 A. Yes, in reaction to the increase in overdose deaths
- 21 during COVID.
- 22 Q. And in December of 2020 we also saw substance use
- disorder included in the COVID Relief Bill; is that right?
- 24 A. Yes. We've never had these kinds of funds put into
- 25 substance abuse treatment in the entirety of my career. And

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this is Congress recognizing the opioid problem in communities and really shoring up the treatment system that is remarkable that there are federal funds being put into communities to address the opioid and substance use problem. Now, are you aware, Dr. Young, regarding any issues with West Virginia's ability to deploy the federal funding it receives for opioid use disorder? I am aware of challenges to use the funding that has come into Cabell County and West Virginia. That's not completely unusual in just West Virginia, but it is an issue. And, in fact, West Virginia has had money for two years to spend -- it's the STR. I don't know if that's known as a Star grant. Α. No. STR? Ο. Uh-huh. Α. And they were unable to spend that money; is that correct? That is the situation because the workers are not available, the trained staff. So while Congress is recognizing that there needs to be additional funds, there's always a lag of being able to get federal dollars and being able to initiate the program having enough staff to be hired

to, to run those programs and to deliver those services.

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So we're in a little bit of a catch-up phase right now in this specific era of additional funds for substance use treatment. So, in fact, West Virginia has a surplus of funds it's been unable to spend related to opioid use disorder; is that right? I don't know that specifically for the budget for West Virginia, but I know that from nationally and in most states there are more dollars that have come in than -- it's the reason why Congress gave the states most recently in the American Recovery Act a few years to spend those dollars. Typically they're one-year dollars, so you spend it in this one year or, you know, you don't get to roll that over. So in this particular case, the most recent funding was allowed for a couple of years. Again, that time period means that at the end of that, there won't be those kinds of funds unless there's another crisis that Congress says we need to shore up more treatment than what they've done now. And West Virginia's inability to spend the federal funding for opioid use disorder was the subject of an Office of Inspector General investigation. Are you aware of that, Dr. Young? I'm not aware of that specifically in West Virginia. But, as I said, it is a challenge that states are

confronting all over the country right now.

- 1 Let me show you that document. Ο. 2 MS. CALLAS: May I approach, Your Honor? 3 THE COURT: Yes. 4 BY MS. CALLAS: 5 Dr. Young, I've handed you what's been marked as 6 Defendants' West Virginia 3237. And this is a document 7 you would recognize as the Office of Inspector General 8 for the U.S. Department of Health and Human Services, a 9 report related to targeted response to the opioid 10 crisis. Do you see that? 11 Α. Yes, I do. 12 And I would just direct your attention to the first 13 page which is right inside the report. And I'll direct your 14 attention to the block that says "How OIG Did This Review."
- 15 Do you see that in the gray section there?
- 16 Α. Yes.

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- And it just describes what the grant's purpose was and the progress made by the states in deploying this grant money, specifically addressed that expanding access to OUD prevention, -- do you see that?
- Yes, I do. Α.
- 22 Q. -- evidence-based treatment, and recovery support 23 services. Do you see that?
- 24 I actually don't see prevention. I -- oh, yes, up 25 above OUD prevention, evidence-based treatment, yes.

- 1 And these are all programs and services that would fall 2 within the types of programs and services you're 3 recommending for Cabell County; correct? 4 Many of them, yes. They're specific to substance use
  - treatment. They're not specific to child welfare practice. So child welfare, the courts who are also involved with children and families would not have access to those dollars.
  - Okay. And I'll direct your attention, if you'll turn several pages to the report, Page 7, you'll see a chart at the bottom that indicates how 14 states have spent less than half of their respective grant awards at the end of the two-year period. So this grant was a two-year grant; is that correct?
    - Α. That's correct.

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- And I think you can see in the document itself that the grant period actually started in 2017 and ran into 2019; is that right?
- I believe that's correct.
  - Okay. And you'll see that West Virginia is at the top of this list having spent only 34 percent, or approximately a third, of the federal money allocated to it for the purposes described; OUD prevention, evidence-based treatment, and recovery support services. Is that right? That is what this report states, that West Virginia was

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able to spend a third of those dollars in those two years. You testified on direct related to the administrative costs that can be associated with running a grant funded Do you remember that testimony? Yes, I do. Okay. And if you'll look at this document on Page 18, there is a chart that shows how the states have spent their money. You see West Virginia third from the bottom. So 18 percent of the money had been spent on prevention. 70 percent had been spent on treatment. 8.9 percent had been spent on recovery support. And only 1.9 percent had been spent on administration. Do you see that? I do. And you need to recognize this is not a grant program. This -- these are monies that were passed through to the Substance Abuse Prevention and Treatment -- it is called a grant, the SAPT block grant that goes to the state substance abuse agency. And, so, those mechanisms are in place. It's not like Cabell County's, you know, court applied for a grant from the Department of Justice. Those are different kinds of grants that have different administrative requirements. It is fair to say, though, that West Virginia is using most of its federal money for the purposes intended, treatment prevention and recovery support; correct? MR. ACKERMAN: Objection to form. I'm sorry.

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1
       Objection to foundation as to the "purposes intended" part
2
       of that question, Your Honor.
 3
                 MS. CALLAS: We went over that.
 4
                 THE COURT: Well, it's reflected in the report,
 5
       Mr. Ackerman.
                     Overruled.
       BY MS. CALLAS:
 6
 7
            Would you like me to try to repeat that question?
 8
           Yes, please.
 9
            This document would suggest that West Virginia is
10
       spending this STR grant money primarily for prevention
11
       treatment, recovery support, and not administrative costs;
12
       correct?
            Correct, for the reasons that I said about their
13
14
       administrative structure that's set up for the, the
15
       Substance Abuse Prevention and Treatment block grant.
16
            Now, Dr. Young, you have provided in your report the
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       cost of NAS treatment for babies and also maternal treatment
18
       for mothers that are pregnant with substance use disorder;
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       is that correct?
20
            That's correct.
21
            And you would agree that Medicaid, which is --
22
            We can take this down.
23
            -- that Medicaid, which is a federally funded program,
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       pays for the majority of these treatment costs; is that
25
       right?
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- 1 A. Yes. The federal taxpayers pay for those programs.
- 2 Q. And in West Virginia in particular, 86 percent of
- 3 | babies born to NAS mothers are covered by Medicaid; is that
- 4 | correct?
- 5 A. I haven't seen that specific number. In the nation
- 6 about half of births are covered by Medicaid. So I'm not
- 7 | surprised that it would be 86 percent that are paid by the
- 8 taxpayers.
- 9 Q. And if that's what the West Virginia DHHR reports, that
- 10 | 86 percent of NAS babies are born to mothers covered by
- 11 Medicaid, you'd have no reason to disagree with that number;
- 12 right?
- 13 **A.** No, because we know that mothers on Medicaid were more
- 14 | likely to get prescriptions for opioids than mothers not on
- 15 Medicaid. So I'm not surprised.
- 16 Q. And you would agree that medical care and treatment for
- NAS babies and the mothers are funded by Medicaid, then; is
- 18 | that correct?
- 19 A. I'm agreeing that those services are paid for by the
- 20 American taxpayers.
- 21 Q. And medical care and treatment for the mother would
- 22 include rehabilitation services for substance use disorder;
- 23 correct?
- 24 A. Well, Medicaid has a limited benefit package. And
- while after the Affordable Care Act it's more expansive and

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- West Virginia expanded access to Medicaid that there are services that are provided in the healthcare arena through Medicaid for that population and in the postpartum period for that population as a requirement of accepting Medicaid. So, again, Medicaid does cover for pregnant women their substance use rehabilitation services; correct? I don't know the benefit package in West Virginia. is typically the healthcare cost that's covered by Medicaid because it covers medical care. It doesn't cover social support. It doesn't cover the other kinds of things that women would need, pregnant women would need. Well, are you aware that West Virginia applied for the 1115 waiver and now has an expanded substance use disorder coverage for Medicaid recipients including peer recovery support?
- 16 A. Yes, I am familiar with the 1115 waiver.
- Q. But were you aware that West Virginia had applied for and was granted that waiver in 2018?
- 19 A. No, not specifically the year of that.
  - Q. And you would agree that that waiver expands the substance use disorder treatment options for individuals covered by Medicaid in West Virginia; correct?
  - A. Yes. I would agree that that expansion means that more West Virginians are eligible and that the package of services that are included in the waiver for healthcare and

- 1 those kinds of peer navigators that are covered now under
- 2 Medicaid that that is available because of the funds that
- 3 are paid into the Federal Government.
- 4 Q. Now, for people who do not qualify for Medicaid, West
- 5 Virginia offers, primarily for children 19 and under, a
- 6 supplemental medical policy. Are you aware of that?
- 7 A. Most states have that, yes.
  - Q. Do you know what it's called in West Virginia?
- 9 **A.** No, I don't.

- 10 Q. Do you know that that program known as the West
- 11 Virginia Children's Health Insurance Program, CHIP for
- short, offers a variety of medical and therapy coverage
- options to children?
- 14 A. Yes. CHIP is the name of the federal program, yes.
- And for that eligible population, when they meet medical
- 16 | necessity for those services, it's another stipulation for
- 17 CHIP and for Medicaid that you have to meet medical
- 18 necessity to receive those services.
- 19 Q. And have you evaluated how many children in Cabell
- 20 | County either qualify for Medicaid or qualify for CHIP
- 21 supplemental?
- 22 A. No. It was beyond the scope of what I was asked to do.
- 23 Q. You had a few calculations in your report, Dr. Young,
- I'd like to ask you about specifically. One of them relates
- 25 to adoptive families. You had an annual cost for adopted

```
1
       children.
 2
            Can you tell me how you derived that number? It was
 3
       not identified in the report, the source.
 4
           Can I look?
 5
           Of course.
       Ο.
 6
           Can you refer me to the page that you're talking about?
 7
           Absolutely. It is Page 21.
       Q.
 8
            I don't see where that ties back to the description
 9
       below the 10,302. I can tell you what those costs are
10
       typically made up of.
11
           Well, I'm more interested because you're offering a
12
       dollar number --
13
       Α.
           Uh-huh.
14
       Q. -- that's going to be utilized presumably by
15
       Mr. Barrett, Dr. Barrett, where did that $10,000 number come
16
       from? What is your source or basis for the dollar amount?
17
            I can tell you that it is typically the Child Welfare
18
       Outcomes Report that talked about those kinds of incidence
19
       dollars. And, I'm sorry, I don't recall off the top of my
20
       head and I don't see it tied back to this.
21
            It is not West Virginia specific; correct?
22
            These numbers are -- when they're adoption assistance,
23
       that is, as I mentioned, Title 4(e), adoption assistance.
```

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So those are federal budget dollars about what the

24

25

allocations are.

- 1 So is it your testimony that that \$10,000, if it were 2 needed, is provided by the Federal Government? 3 A portion of that is reimbursed to the state based on 4 if the child was eligible for Medicaid at the time that the 5 child was placed and other criteria about were there 6 reasonable efforts made to keep the child with the parent. 7 There are some provisions in the child welfare law that the 8 Court has to make determinations about to say that that 9 child is 4(e) eligible. 10 So if that child was made eligible for that 11 reimbursement, that eligibility continues until the child no 12 longer has a, an adoption assistance available to them. 13 So there are a lot of caveats about which kids actually 14 get reimbursed. The rest of those funds that would go to 15 adoption assistance would be paid for by the state. 16 And as it relates to any specific group of children in 17 Cabell County, you've not provided to the Court the 18 percentage West Virginia would contribute to that cost or 19 how many children in West Virginia, Cabell County 20 specifically have that cost being reimbursed? 21 The state share of 4(e) is the same share for child 22 welfare as it is for Medicaid. And I believe -- I would
  - welfare as it is for Medicaid. And I believe -- I would want to be able to verify that, but I believe the Medicaid match rate in West Virginia is about 37 percent.

24

25

So the state taxpayers pay that portion while the

```
1
       Federal Government reimburses the state for the costs that
2
       they've put out for adoption assistance.
 3
       Q. But, again, you don't know how many children in Cabell
 4
       County this would apply to; correct?
 5
            That was beyond the scope of what I was asked to do.
 6
           That's all the questions I have for you. Thank you,
 7
       Dr. Young.
 8
                 THE COURT: Ms. Wu, are you next?
 9
                 MS. WU: Yes, I am. Your Honor, I'll go ahead and
10
       start. I see that we have some technical switching.
11
                 THE COURT: If you need a minute to get ready, you
12
       may do so.
                 MS. WU: May we pause one moment? That might be
13
14
       more efficient. Thank you, Judge.
15
            (Pause)
16
                 MS. WU: May I proceed, Your Honor?
17
                 THE COURT: Yes.
18
                             CROSS EXAMINATION
19
       BY MS. WU:
20
          Good morning, Dr. Young. My name is Laura Wu and I
21
       represent McKesson. We haven't met before. Thank you
22
       for being here today.
23
            I have a brief set of questions and I'll ask you to
24
       bear with me as we focus on some of the mechanical aspects
25
       of your population and cost estimates in this case. I'm
```

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```
1
       going to do that to situate those estimates in the context
2
       of the abatement program of the plaintiffs in this case.
 3
            Dr. Young, you mentioned that you talked with Dr. Caleb
 4
       Alexander; correct?
 5
            Correct.
 6
            You're aware that the population and cost estimates
 7
       that you've provided and discussed with the Court this
 8
       morning feed into the abatement program that Dr. Alexander
 9
       will present to the Court in this case; correct?
10
       Α.
            Yes, I am.
11
            And for that reason, I'm going to focus just on those
12
       aspects of the opinions that you're offering to the Court to
13
       situate those opinions for the Court.
            So, Mr. Reynolds, could we put up the demonstrative
14
15
       that we have?
16
       BY MS. WU:
17
            Earlier today, Dr. Young, you identified five
18
       populations that you discussed with Ms. Singer. Do you
19
       recall that?
20
            Yes, I do.
21
            We're going to put up on the board, just to make sure
22
       we get them right, those five populations:
23
            Pregnant women with OUD; children affected by prenatal
```

affected by parental opioid and other substance use involved

opioid exposure; infants born with NOWS or NAS; children

24

```
1
       with child welfare services; and adolescents and young
2
       adults.
 3
            Do you see those up on the board, Doctor?
 4
            I do see those.
 5
            And those are the five populations that you identified
       Ο.
 6
       in your testimony earlier this morning; correct?
 7
            That's correct.
       Α.
 8
            Now, I'd like to look at these populations that you
 9
       estimated for purposes of your opinions in this case in
10
       relationship to Huntington/Cabell. So I'm going to go ahead
11
       and write "Huntington/Cabell" up on the board.
12
            (Pause)
13
            Thank you for your patience while I got that to work.
14
            So I've written on the board "Specific to HC" for
15
       Huntington/Cabell, Dr. Young. Do you see that?
16
            Yes, I do.
       Α.
17
            So for population one, pregnant women with OUD, you
18
       provided an estimate for the State of West Virginia as a
19
       whole; correct?
20
            Could I look at my report?
21
            Certainly. And I can try to help you with that.
       Ο.
22
       you have a copy of your report in front of you?
23
       Α.
            I do.
24
            And if you turn to Page 8, in the table it says 2004 to
25
       2017 West Virginia Treatment Admission. Do you see that,
```

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```
1
       Doctor?
2
            Yes, I do.
       Α.
 3
            And, so, your population estimate for pregnant women
 4
       with OUD is for the State of West Virginia as a whole;
 5
       correct?
                 As I stated in my testimony, these are women that
 6
 7
       were able to be admitted to treatment during that time
 8
       period who were -- who said that they were pregnant at
 9
       admission. It's not a needs population. This is who got
10
       in.
11
            Okay. So that's a great clarification, Doctor.
12
       your population estimate for pregnant women with OUD is
13
       based on treatment admissions data for the State of West
14
       Virginia as a whole; correct?
15
            This does not make a specific of how many women.
16
       believe Dr. Alexander does that calculation. We were
17
       showing simply the proportion that were admitted for opioid
18
       use disorder versus those who said heroin at admission. And
19
       then the proportion is that all women with opioid use
20
       disorder need these specialized services during pregnancy.
21
            And the data that you've presented is for the State of
22
       West Virginia; correct?
23
```

A. These are treatment admissions in West Virginia,

24

correct.

25 Q. And that, that population estimate is not specific to

- 1 Huntington or Cabell County; correct?
- 2 A. No, no. What would be the parallel to that would be
- 3 the data that we mentioned that 7 percent of pregnant women
- 4 use prescription drugs during pregnancy.
- 5 Q. And, so, I've put an X on the board because your
- 6 population estimate for pregnant women with OUD is for the
- 7 State of West Virginia and not specific to
- 8 Huntington/Cabell?
- 9 A. This is not an estimate of pregnant women with OUD.
- 10 | That's in this. That is based --
- 11 Q. I'm sorry, for admission.
- 12 **A.** Those are treatment admissions of women who got into
- 13 treatment in West Virginia. It is not who needed treatment.
- 14 Q. Correct. And, Doctor, you've testified about that
- admission data population. Do you know what proportion of
- 16 individuals with OUD seek treatment?
- 17 **A.** No, I don't.
- 18 Q. Doctor, the Court has already heard testimony that
- 19 Cabell-Huntington Hospital in particular cares for patients
- for more than 29 counties throughout West Virginia, Eastern
- 21 Kentucky, and Southern Ohio. Are you aware of that
- 22 treatment population which seeks services in Cabell County?
- 23 A. I have seen that in things I've read, that there's a
- 24 | wide catchment.
- 25 Q. To estimate the number of pregnant women with OUD in

```
1
       Huntington and Cabell County specifically, you would need to
2
       subtract the number of pregnant women who live in Kentucky
 3
       who receive services in the Cabell County area; correct?
 4
                 MR. ACKERMAN: Objection, foundation, Your Honor.
 5
       The witness already testified she wasn't seeking to
 6
       establish a population count.
 7
                 THE COURT: Well, this is cross-examination.
       think it's a legitimate question. Go ahead. Overruled.
 8
 9
                 THE WITNESS: I, I don't know that to be accurate
10
       because the expenses for those women are being absorbed by
11
       Huntington Hospital where they are being treated. So the
12
       fact that they live out of county, that doesn't mean that
13
       Cabell County and Huntington Hospital are not absorbing
14
       those costs.
15
       BY MS. WU:
16
            Thank you, Doctor. And just for purposes of my
17
       question, I want to focus on what it would take to come
18
       up with a population estimate, setting aside for now the
19
       issue of cost.
20
            So in the case that we wanted to identify the
21
       population of pregnant women with OUD in Huntington and
22
       Cabell County, it is the case that we would need to take out
23
       of that dataset individuals who received treatment in the
24
       county who reside in Kentucky, for example; correct?
```

That's what I'm not agreeing to because those -- that

25

Α.

```
1
       catchment area is where women are coming to get their
2
       services in Cabell County.
 3
            And, so, Cabell County doesn't have a way to say, oh,
 4
       hey, Kentucky, send us back our money. They're using the
 5
       services that are in Cabell County. And it's not dependent
 6
       on what county they live in if they're delivering those
 7
       services and delivering those babies in Cabell County.
            Is it your testimony, Doctor, that the population
 8
 9
       estimate for Cabell County could sweep in individuals from
10
       Kentucky and Ohio who receive treatment in Cabell County?
11
            I don't know those specifics about what that proportion
12
       looks like. I just know that if the service is being
13
       delivered in Cabell County, just like if you were on
14
       vacation and you ended up in Cabell County to have your
15
       baby, you would be having those expenses in Cabell County.
16
       It didn't matter where you lived.
17
            And the population estimates that you provide in this
18
       case don't take account of those specific treatment areas as
19
       they relate to the Cabell and Huntington region; correct?
20
                 MR. ACKERMAN: Objection, misstates prior
21
       testimony, population estimate.
22
                 THE COURT: Overruled. Go ahead.
23
                 THE WITNESS: As I've said a few times, that that
24
       was not what I was asked to do, to look at that specific,
25
       but to provide the estimate of what programs are needed and
```

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- what the cost of those programs are. I believe there are other experts that are looking at those specific numbers of how many.

  BY MS. WU:
  - Q. So that type of population estimate for Cabell

    County is not part of your opinions that you're offering

    in this case?
- 8 A. They're not in my report.

6

7

12

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25

- 9 **Q.** Now, I'd like to turn to the second population,
  10 population 2, which is children affected by prenatal opioid
  11 exposure.
  - Doctor, you provide estimates for the United States and for West Virginia in your report for this case; correct?
- 14 A. That is correct.
- Q. And you do not provide an estimate specific to the City of Huntington or Cabell County; correct?
- 17 **A.** That is correct. That would be somebody else's expert 18 report again.
  - Q. Thank you, Doctor. So I've put an X on the board to indicate that your population estimate for population number 2 is not specific to Huntington and Cabell County.

Now, you might have guessed. Now we're going to go to your third population which is infants born with NOWS or NAS, Doctor.

Do you see that up on the board?

- A. I do. I will call your attention to the tables that I have provided have not been population estimates. So we can establish that I've not given population estimates of how many people in Cabell County need that service or that have received that service. I was asked to give what proportion of that population need the service and what kind of service that is.
- Q. Thank you, Doctor. And I appreciate the clarification and disciplining my language. That's helpful.

Sticking with population 3, again, in your report -and if you want to look at it, it's your Table 3 -- you have
not provided an estimate of the population which is specific
to Huntington/Cabell County. Again, you've provided data
for the United States as a whole and for the State of West
Virginia; correct, Doctor?

- A. On the proportion of the population that need those services, that's correct.
- Q. So, Doctor, I've put another X on the board because population number 3 reflecting your opinions for this case is not specific to Huntington and Cabell County?
- A. That's correct because another expert is providing that information, as you know.
- Q. Thank you, Doctor. So now we'll march through to population number 4, which is children affected by parental opioid and other substance use involved with child welfare

```
1
       services. Do you see that, Doctor?
2
       Α.
            Yes.
 3
            And, once again, your estimate is not specific to
 4
       Huntington and Cabell. Instead, it's a West Virginia
 5
       estimate. Correct?
 6
            I let my mind wander a moment. So -- and I was looking
 7
       for that table.
 8
            I am not providing numbers specific to Cabell or
 9
       Huntington. I am providing what proportion of the
10
       population needs services and what kinds of services they
11
       need.
12
           And, Doctor, with regard to population number 4, the
13
       population that you discussed is West Virginia as a whole;
14
       correct? Would you like a page reference, Doctor?
15
                 I'm just -- I'm, you know, trying to not be
16
       confused as to why you're asking the question because I'm
17
       not giving you a number. I didn't report on a number and it
18
       was beyond the scope of what I was asked to do.
19
            And the population that you discussed for population
20
       number 4 is for the State of West Virginia as a whole. It's
21
       not specific to Huntington or Cabell County. Correct?
22
       Α.
            Perhaps you could tell me where I mention --
23
       Q.
            Sure.
24
            -- West Virginia as a whole. On the at-home population
```

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I do give the numbers in West Virginia to have an idea of

- the proportion of children that need these kinds of services. That's correct.
- 3 Q. That's right. So the data that you've used in
- 4 relationship to your population number 4 is for the State of
- West Virginia as a whole and not specific to Huntington or
- 6 Cabell County; correct, Doctor?
- 7 A. The numbers of persons are not specific to Cabell and
- 8 Huntington.
- 9 Q. Thank you, Doctor.
- 10 A. The proportion of children who need services are
- 11 provided.
- 12 Q. Doctor, I've put an X up on the board because your
- population, again, relates to West Virginia as a whole;
- 14 | correct?
- 15 **A.** Yes.
- 16 Q. Okay. Now, last one, population number 5, which is
- adolescents and young adults; correct?
- 18 A. Correct.
- 19 **Q.** And you've provided no estimate or proportion for the
- 20 population that falls into category number 5; correct?
- 21 A. I believe that's correct. All adolescents or children
- of parents with opioid use disorder require those services.
- 23 Q. And you haven't used any data that allows you to come
- 24 up with any type of estimate or proportion for your
- 25 population number 5; correct?

2

3

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All adolescents who are children of parents with
opioid use disorder require those services, as similarly
with all children who are affected by their parents' opioid
use disorder need those services. So --
    And, so, you haven't presented any data or opinion to
quantify the number of individuals or the proportion of
individuals that fall into your population number 5;
correct?
     The proportion is all children who meet that criteria
need intervention.
    And there's no quantification of the number which is
specific to Huntington or Cabell County; correct, Doctor?
     That was beyond the scope of what I was asked to do,
yes.
Ο.
     Thank you.
          THE COURT: Is this a good place to stop, Ms. Wu?
          MS. WU: Certainly, Your Honor.
          THE COURT: All right. We'll be in recess until
       I've got another matter to deal with over the lunch
break. So I'm going to have to ask you to clear out. I
know it's a nuisance, but there's no way around it.
     Dr. Young, you can step down during the break and I'll
see you back here at 2:00.
          THE WITNESS: Thank you so much, sir.
          MS. SINGER: Your Honor, before we adjourn I know
```

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```
1
       that Dr. Young has a commitment at 3:00. I don't know how
2
       much longer defendants plan to be, but I know that she would
 3
       likely appreciate some guidance as to whether she'll be able
 4
       to be there on time.
 5
                 THE COURT: Well, we have one more --
 6
                 MS. HARDIN: I don't plan to ask any questions at
 7
       this time, Your Honor, depending on how things progress, but
 8
       I wouldn't expect to have questions.
 9
                 THE COURT: Okay. Looks like we might make it, --
10
                 THE WITNESS: Okay.
                 THE COURT: -- Ms. Young. If I didn't have
11
12
       another matter over the lunch break, I'd move it up, but I
13
       can't do it.
14
                 THE WITNESS: I understand.
15
            (Recess taken at 12:03 p.m.)
16
                 THE COURT: Dr. Young, you may resume the witness
17
       stand, if you're in the courtroom.
18
                 MS. SINGER: She's coming, Your Honor.
19
                 THE WITNESS: My apologies.
20
                 THE COURT: Okay.
21
                 MS. WU: May I proceed, Your Honor?
22
                 THE COURT: Yes, you may.
23
                 BY MS. WU:
24
       Q.
            Dr. Young, welcome back.
25
            Thank you.
       Α.
```

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- Q. Before the break, we were talking about a five -- the five populations that identified for your testimony today.

  I just want to take a step back.
  - Doctor, you were retained by the plaintiffs in this case to offer abatement strategies related to children and their parents affected by opioids, correct?
- 7 A. Children and families, yes.
- Q. And by abatement, you mean, in your words, quote,
  "restore the community to health", end quote, correct?
- 10 A. Yes. I believe that's what you're taking from my
  11 report.
- Q. Okay, thank you. So, now I would like to return to the five populations that we were talking about before the lunch break. Doctor, the first categories, pregnant women with OUD, correct?
- 16 **A.** Yes, it is.

5

6

19

- Q. Women can develop OUD from heroin or illegal fentanyl without having ever used a prescription opioid, correct?
  - A. That isn't my experience, but I suppose it could happen.
- Q. And, in fact, your first category, pregnant women with OUD, is not specific prescription opioids, correct?
- 23 A. No, not specific to prescription dependence.
- Q. Okay. And so, I'm going to write specific to
  prescription or Rx opioids on the board. And put an "x" for

```
1
       your first category of pregnant women with OUD.
2
            So, Dr. Young, in order to hopefully move this along
 3
       for all of our sakes, I'll ask you a more general question.
 4
       None of your five populations are specific to prescription
 5
       opioids, correct?
 6
            Well, my experience is that particularly women don't
 7
       start as their first substance as being heroin or fentanyl.
 8
                 MS. WU: Your Honor, I'd move to strike the
 9
       response there, which is not answering my question.
10
                 THE COURT: Yeah. You have to answer the precise
11
       question, Dr. Young.
12
                 THE WITNESS: Okay.
13
                 MS. WU: Again, I understand you need to get out
14
       of here this afternoon.
15
                 THE COURT: Mr. Ackerman?
16
                 MR. ACKERMAN: I'm sorry. For the record, we'd
17
       oppose that, Your Honor.
18
                 THE COURT: All right. Well, I granted the motion
19
       to strike.
20
            You can go ahead, Ms. Wu.
21
                MS. WU: Thank you, Your Honor.
22
                BY MS. WU:
23
       Q.
            Dr. Young, do you need the question again?
24
            It's -- I don't think I need the question again, but
25
       it's not a simple yes/no answer because prescription opioids
```

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- 1 are embedded in those populations.
- 2 Q. Looking at the five populations that you've identified
- 3 in terms of the estimates presented in your report, none of
- 4 them are limited to prescription opioids, correct?
- 5 **A.** Correct. And none of them are limited to prescription
- 6 opioids.
- 7 Q. Okay. So, we can move through these quickly putting
- 8 x's up for all five of the populations.
- 9 Doctor, in your report, which you've discussed earlier,
- 10 | you report certain numbers of individuals in connection with
- 11 each of the five populations that you discussed today,
- 12 correct?
- 13 A. Correct.
- 14 Q. And all of the numbers that you cite in your report are
- 15 from several years ago, correct?
- 16 A. Yes. What was in the literature at the time, that's
- 17 correct.
- 18 Q. And, for instance, you discussed a slide with Ms.
- 19 Singer earlier today with the number of pregnant women
- 20 admitted for treatment in the State of West Virginia who
- 21 reported use of heroin or opioids in 2017, correct?
- 22 A. That's correct.
- 23 Q. You did not provide that number for the year 2020,
- 24 | correct?
- 25 **A.** The TEDS data are not available in that data set for

- 1 2020, correct.
- 2 Q. So, you don't provide any current estimates for your
- 3 | five populations, correct?
- 4 A. As current as the literature has available.
- 5 Q. You don't provide any estimates for 2021, correct?
- 6 A. The data are not available for 2021.
- 7 Q. Okay. So, I'm going to write current estimates on the
- 8 | board and put an "x" for all five populations. Dr. Young,
- 9 you also have not provided any opinion or forecast as to the
- 10 populations at any point in the future, correct?
- 11 A. No. That would be beyond the scope of my report.
- 12 Q. So, Doctor, now we've talked about your five
- populations in brief and I'd like to turn to your cost
- 14 | estimates, which you've discussed earlier with Ms. Singer,
- 15 okav?
- Now, Doctor, you have a background in social work,
- 17 correct?
- 18 A. Social policy, correct.
- 19 Q. You are not an expert in healthcare economics, correct?
- 20 **A.** I am not.
- 21 Q. And with regard to the cost estimates that you provide
- in this case, the expertise that you believe you bring is to
- 23 summarize the literature on what costs are associated with
- various kinds of interventions that you've observed across
- 25 the country, correct?

- A. And that are substantiated in the literature as being evidence based programs, correct.
- Q. Okay. You haven't, yourself, conducted an assessment of the needs of the community which is specific to the City
- of Huntington or Cabell County, correct?
- A. That is beyond the scope of what I was asked to do, correct.
- Q. And because you've not done that type of comprehensive review of needs in the community, you're not opining as to the adequacy or sufficiency of those programs, correct?
- 11 **A.** I was not asked to evaluate the programs to their effectiveness or their efficiencies.
- Q. Okay. So, I'm going to write evaluate programs and, again, put an "x" for all five categories.
- 15 A. With the caveat that the programs are evaluated, but 16 they're not evaluated in Cabell County, correct.
- Q. That's not work that you've done for purposes of this case, correct?
- 19 A. Correct.
- Q. Now, Doctor, in forming your opinions about the cost of various interventions discussed in your report you did not review any documents showing the actual program costs for those programs already available to individuals in Huntington or Cabell County, correct?
- 25 A. Only the Start Program was specific for Cabell County.

Q. In forming your opinions expressed in your report, you did not evaluate programs in Huntington and Cabell from a cost perspective, correct?

- A. The Start Program does have the program costs for that program in Cabell County.
- Q. And, other than the Start Program, that's a fair clarification, you did not evaluate the costs of other programs available in Cabell County which serve the five populations that you identified in your report?
- A. I don't recall if I included the cost of the regional partnership grants, of what the award was in that program and the numbers to be served, but that would be another one that would have been specific to Cabell County.
- Q. Well, let me try to simplify my question. You didn't consider any cost data specific to Cabell County or the City of Huntington in terms of their expenditures for programs that serve the five populations you've identified, correct?
- A. Correct. Those are other experts.
- Q. Okay. And which other experts are you referring to when you say "other experts"?
  - A. I'm not sure. I don't have access to all that information. I know what I was asked to do.
- Q. Okay. Do you know if there is another expert who has, in fact, evaluated the costs of programs serving these populations?

- 1 A. I do not know.
- 2 Q. You don't know? Okay. So, you have not done that
- 3 | work, so I'm going to write evaluate HC costs,
- 4 | Huntington-Cabell costs. I will put an "x" for all five
- 5 categories.
- 6 Doctor, with Ms. Callas a short while ago, you looked
- 7 at Attachment 1 to your report which identifies some of the
- 8 programs which are available to individuals in Cabell
- 9 County, correct?
- 10 A. That's correct.
- 11 Q. And for the programs identified in your Attachment 1,
- 12 you did not consider whether any of them are run by Cabell
- County or the City of Huntington, correct?
- 14 A. That's correct.
- 15 Q. And you did not evaluate who funds those programs,
- 16 | correct? That wasn't a part of your opinion in this case?
- 17 A. I didn't evaluate the programs. I'm knowledgeable of
- 18 | the funding sources, but I did not evaluate the programs.
- 19 Q. You didn't evaluate the funders of those programs
- 20 | specific to Huntington and Cabell County, correct?
- 21 A. Most of them, I know their funding source, so I don't
- 22 know how you're defining "evaluate". There was not a cost
- estimate that was done that was specific to Cabell and
- 24 Huntington.
- 25 Q. Okay. In terms of your specific opinions in this case?

```
1
       That's the clarification you're making?
2
          Correct. That is -- was beyond the scope of what I was
 3
       asked to do.
 4
           Okay. So, I'm writing evaluate HC funder. I'm putting
 5
       "x" across the board.
 6
           Correct. This is -- my report is not an evaluation.
 7
       So, all of those that say evaluate is correct.
 8
           Okay. Thank you, Dr. Young.
 9
            So now, I would like to just switch gears and look at
10
       another cost component from your report.
                 MS. WU: Could we look at DEF-WV 00753?
11
12
            And, actually, before we do that, Your Honor, at this
13
       time, could we mark the demonstrative as McKesson
14
       Demonstrative 8 for the record?
15
                 THE COURT: All right.
16
                 MS. WU: Thank you, Your Honor.
17
            Your Honor, may I approach?
18
                 THE COURT: Yes.
19
                 BY MS. WU:
20
            Dr. Young, do you have in front of you a document which
21
       is marked as DEF-WV 00753?
22
           I do.
       Α.
23
            This is a letter to Congressman Frank Pallone of the
24
       Committee on Energy and Commerce. Do you see that, Doctor?
```

Ayme A. Cochran, RMR, CRR (304) 347-3128

Α.

Yes, I do.

```
1
            And it's dated October 18th, 2019, correct?
2
            Yes, it is.
 3
            You see it's written on letterhead of the State of West
       0.
 4
       Virginia, Department of Health and Human Services, correct?
 5
            Yes, it is.
 6
            Now, if we can turn to Page 13 of the document.
 7
       I'm using the small numbers in the left-hand corner of the
 8
       document. Are you with me, Doctor?
 9
            Page 13 of 13?
10
       Ο.
            Yes.
11
       Α.
            Yes.
12
            You see that it's signed by Christina Mullins, the
13
       Commissioner of DHHR's Bureau of Behavioral Health? Do you
14
       see that?
15
           Yes, I do.
       Α.
16
            Okay. So, now I would like to turn back to Page 1.
17
       Thank you for your cooperation, Doctor. And it reads, "The
18
       West Virginia Department of Health and Human Resources
19
       Cabinet Secretary Bill J. Crouch has asked me to respond to
20
       the United States Congress, House of Representatives,
21
       Committee on Energy and Commerce's September 18th, 2019
22
       request for information regarding West Virginia's response
23
       to the opioid crisis."
```

Ayme A. Cochran, RMR, CRR (304) 347-3128

25

Α.

Do you see that?

Yes, I do see that.

```
1
                 MS. WU: Your Honor, I --
 2
            I'm sorry, Doctor.
 3
            I'd move to admit DEF-WV 00753 into evidence as a
 4
       public record.
 5
                 MR. ACKERMAN: Objection, foundation and hearsay.
 6
                 THE COURT: Well, how do you get this in, Ms. Wu?
 7
                 MS. WU: Well, Your Honor, it is a public record
 8
       and it's self-authenticating under Rule 902.
 9
                 THE COURT: How do you get around the hearsay in
10
       it?
11
                 MS. WU: Because it's a public record, Your Honor.
12
       It qualifies as a document which sets forth the activities
13
       of the Department of Health and Human Resources in the State
14
       of West Virginia.
15
                 MR. ACKERMAN: With respect to that, Your Honor, I
16
       don't believe the foundation has been laid. All that has
17
       been laid is that the witness can read words off a page on a
18
       document.
19
                 THE COURT: Well, I'm not going to admit it, Ms.
20
       Wu, without a better foundation. You haven't laid the basis
21
       for it. You haven't checked all the blocks under 803(8) for
22
       a public record.
23
                 MS. WU: Thank you, Your Honor. I'll proceed and
24
       question the witness and see where we land.
25
                 THE COURT: Okay.
```

Ayme A. Cochran, RMR, CRR (304) 347-3128

```
1
                 BY MS. WU:
2
            Dr. Young, if we can look back at the document and
 3
       staying on Page 1, in the very last paragraph, it reads,
 4
       "Since 2016, West Virginia has received significant federal
 5
       funds to address the opioid crisis in a manner that is
 6
       making a difference. Positive impacts have been felt across
 7
       the state as West Virginia has increased prevention
 8
       services, treatment options and recovery access."
 9
            Do you see that, Doctor?
10
       Α.
            Yes.
11
            You don't have any basis to disagree with that
12
       statement, correct?
13
            With that statement, no, I don't.
14
            And then, staying in that paragraph, it continues,
15
       "Quite simply, the federal funds at the heart of this
16
       request have allowed West Virginia the ability to address
17
       the opioid crisis in a holistic manner."
18
            Do you see that, Doctor?
19
            Yes, I do.
       Α.
20
            You don't have any basis to disagree with that
21
       statement, correct?
22
            Only the events of the last year of the pandemic, which
23
       has created a different situation.
24
                 MR. ACKERMAN: Your Honor, at this point, I would
25
       lodge a scope objection to this questioning. This is a
```

Ayme A. Cochran, RMR, CRR (304) 347-3128

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witness who was designated as an expert on Children and
Family Services and we're now going into questioning about
the State of West Virginia's efforts at large to address the
opioid epidemic. I think this is outside the scope of her
expertise. Certainly outside the scope of her expert
report.
          THE COURT: Well, it relates to other sources of
funding for these programs, doesn't it, Ms. Wu?
          MS. WU: Yes, Your Honor. Dr. Young provides
specific cost estimates which builds the scaffold to very
large abatement figures which will be set forward by other
experts in this case. We believe looking at available
programs and the funding available for those programs is
directly relevant to the reliability and relevance of Dr.
Young's opinions.
          MR. ACKERMAN: Our request, Your Honor, is that we
cut to the chase then and let's just get to the numbers
instead of going through the material at the beginning that
has nothing to do with specific programs.
          THE COURT: Well, I think this is well within the
scope of the direct and I will allow it.
     Go ahead, Ms. Wu.
          MS. WU: Thank you, Your Honor.
          BY MS. WU:
     Dr. Young, could you please turn to Page 3 of the
Q.
```

Ayme A. Cochran, RMR, CRR (304) 347-3128

- document? Again, I'm using the small numbers in the left-hand corner.
- 3 **A.** Yes.
- 4 Q. And if we turn to the fourth paragraph in the middle,
- 5 | it reads, "All the services provided are being coordinated
- 6 at the state level to avoid duplication and to assure the
- 7 most needed services are provided in the areas with the
- 8 highest need."
- 9 Do you see that, Doctor?
- 10 A. Not exactly, but --
- 11 **Q.** Oh, I'm sorry.
- 12 A. Oh, in the last paragraph before the bullets?
- 13 Q. Yes, that's correct. It's also on the screen to your
- 14 right, if that's useful, Doctor.
- 15 A. Yes, I see that.
- 16 Q. Doctor, you don't have any basis to disagree that the
- 17 State of West Virginia coordinates these types of services
- 18 to avoid duplication and assure that needed services are
- 19 provided, correct?
- 20 A. I don't have a basis to disagree with that.
- 21 Q. Now, I would like to ask you to turn with me to Page 8
- of the document and the first full paragraph reads, "In many
- ways, West Virginia's treatment system has been completely
- overhauled in response to the opioid crisis and much of the
- 25 positive work to date has occurred with or been made

```
1
       possible as a direct result of the federal funds awarded
2
       since 2016."
 3
            Do you see that, Doctor?
 4
            I do see that.
 5
            You don't have any basis to disagree with that
 6
       statement, correct?
 7
            No, I don't have a basis to disagree with that.
 8
       would note that it's not commenting on need or capacity.
 9
       It's commenting on what has come in.
10
            And, Doctor, you haven't provided an opinion as to the
11
       needs in the community in Huntington and Cabell, correct?
12
            Correct. That was beyond the scope of what I was asked
13
       to do.
            And you mentioned capacity. You also haven't provided
14
15
       any opinion as to the capacity of the services currently
16
       available in Huntington or Cabell County, correct?
17
            Not to the capacity of any of the programs that we know
18
       are operating, that's correct.
19
            You offer no opinion as to whether or not they're at
20
       capacity or have available capacity, correct?
21
            That's correct.
       Α.
22
            So, if we look back to the document, we're still on
23
       Page 8. If we can go to the second paragraph, it reads,
24
       "West Virginia has increased evidence-based treatment
```

options. Through drug settlement funding West Virginia has

- added over 200 new treatment beds, with an additional 350 still under development. In response to the SUD Waiver",
- 3 that you mentioned earlier, "another 133 beds have been made
- 4 available for residential treatment.
- 5 Do you see that, Doctor?
- 6 A. Yes, I do see that.
- 7 Q. And, again, you don't have any basis to disagree with
- 8 those statements?
- 9 A. I don't have any basis to disagree with those
- 10 statements.
- 11 Q. Doctor, based on what we just looked at, the letter
- 12 | identified as DEF-WV 753 sets out the activities of the West
- 13 Virginia Department of Health and Human Services, correct?
- 14 A. Yes, it does, with federal funds.
- 15 Q. And based on what we reviewed, Christina Mullins was
- 16 responding to a request from a Congressional Committee to
- 17 report information, correct?
- 18 A. That's correct.
- 19 Q. In fact, she's responding to specific questions about
- 20 what the Department was doing consistent with its duties to
- 21 the State of West Virginia, correct?
- 22 **A.** Yes. In 2019, before the pandemic and overdoses
- increased again, yes, that's correct.
- 24 Q. Thank you.
- MS. WU: Your Honor, I would once again move for

```
1
       admission of DEF-WV 753 as a public record.
 2
                 MR. ACKERMAN: Same objection, Your Honor.
 3
       witness is merely stating what's on a page. Has no personal
 4
       knowledge.
 5
                 THE COURT: I agree. I'm not going to admit it,
 6
       Ms. Wu.
7
                 MS. WU: Thank you, Your Honor.
            Thank you, Dr. Young. I have no further questions at
 8
 9
       this time.
10
                 THE WITNESS: Thank you.
11
                 THE COURT: Does Cardinal want to question?
12
                 MR. ACKERMAN: Your Honor, if I may?
13
                 THE COURT: Yes.
14
                 MR. ACKERMAN: I'd like -- give me a minute. I
15
       want to confer with counsel for a minute.
16
           (Pause)
17
                 THE COURT: Are you done?
18
                 MR. ACKERMAN: So, I don't have anything to say,
19
       Your Honor. I don't know whether Ms. Singer has any
20
       questions. I was going to stand up and say something and I
21
       am now no longer going to say anything.
22
                 THE COURT: Okay. Thank you, Mr. Ackerman.
23
                 MR. MAJESTRO: You should thank me, Your Honor,
24
       for that.
25
            (Laughter)
```

Ayme A. Cochran, RMR, CRR (304) 347-3128

```
1
                 THE COURT: Ms. Hardin?
 2
                 MS. HARDIN: I have no questions, Your Honor.
 3
                 THE COURT: You have no questions? Well, we got
 4
       you out of here, Dr. Young, before 3:00.
                 THE WITNESS: Yes. Thank you very much, Your
 5
 6
       Honor. I appreciate it.
 7
                 THE COURT: You're free to go. Thank you for
 8
       being with us.
9
                 THE WITNESS: Thank you for your service.
10
                 THE COURT: All right. You're excused.
                 THE WITNESS: Do I leave these here?
11
12
                 THE COURT: Yeah. We'll get them.
13
            Can you pick them up? Yeah.
14
                 THE WITNESS: Thank you.
15
                 THE COURT: Yes?
16
                 MR. FARRELL: Judge, it's my honor to introduce
17
       our next questioner. It's Robert Fitzsimmons, Bob
18
       Fitzsimmons, from Wheeling, West Virginia who will bring the
19
       next witness.
20
                 MR. FITZSIMMONS: Judge, at this time, we would
21
       call Dr. Kevin Yingling to the witness stand.
22
                 THE COURT: All right.
23
                 COURTROOM DEPUTY CLERK: Sir, would you please
24
       state your name?
25
                 THE WITNESS: My name is Kevin Yingling.
```

Ayme A. Cochran, RMR, CRR (304) 347-3128

```
1
                 COURTROOM DEPUTY CLERK: Thank you. Please raise
2
       your right hand.
 3
               DR. KEVIN YINGLING, PLAINTIFF WITNESS, SWORN
 4
                 COURTROOM DEPUTY CLERK: Thank you. Please take a
 5
       seat.
 6
                 MR. FITZSIMMONS: Yingling is spelled
 7
       Y-i-n-g-l-i-n-g.
                 COURT REPORTER: Thank you.
 8
 9
                 THE COURT: All right, sir. You may proceed.
                 MR. FITZSIMMONS: Thank you, Judge. Thank you,
10
11
       Your Honor.
12
                            DIRECT EXAMINATION
                 BY MR. FITZSIMMONS:
13
14
            Doctor, would you please tell us your full name and
15
       where you presently reside?
16
            My name is Kevin Wesley Yingling and I reside in Cabell
17
       County. 3963 Scout Camp Road, Ona, West Virginia.
18
           Are you a lifelong resident of Cabell County?
19
           Most of my life, since I was ten years old, has been in
20
       Cabell County.
21
       Q. Could you please tell Your Honor the positions that you
22
       presently hold? I think you have two board positions.
23
       Could you tell us what those are presently?
          Counselor, specifically board positions or any other
24
25
       positions?
```

Ayme A. Cochran, RMR, CRR (304) 347-3128

- Q. Well, we're going to get into some other positions after that.
- 3 A. Okay, sure.
- 4 Q. And I was going to just kind of proceed. But go ahead
- 5 and just tell us --
- 6 A. Currently, I'm Chairman of the Board for the Cabell
- 7 County Health Department. I am the Chairman of the Board of
- 8 other community organizations, such as the Tri-State Medical
- 9 Missions. Other organizations, I'm a member of the board.
- 10 Q. Are you still on the board at the Cabell Huntington
- 11 Hospital?
- 12 A. I am not curtly on the board at Cabell Huntington
- 13 Hospital. I completed my term of service for that
- 14 institution about a year and a half ago.
- 15 Q. Okay. And how long had you been on the Cabell
- 16 | Huntington Hospital Board of Directors?
- 17 A. I believe I joined that organization as a board member
- 18 | in 2014-15 and I've been on the board until 2019-20.
- 19 Q. All right. So Your Honor has that date, so you retired
- 20 from a board member of the hospital around 2019
- 21 approximately?
- 22 A. Correct.
- 23 Q. Okay. All right.
- 24 A. It was the end of -- to be exact, it was the end of
- 25 '19, the beginning of 2020.

- Q. All right. And do you hold any positions with the
  Marshall University School of Medicine?
- A. I've held multiple positions with Marshall University

  School of Medicine, now known as Marshall Health. I was the
- 5 Chairman of the Department of Internal Medicine for ten
- 6 years. I was the dean for the School of Pharmacy from its
- 7 inception through 2017 for seven years. Those are the two
- 8 leadership positions I've had there.
- 9 Q. Okay. So, the dean position, you were actually the
- 10 | founding dean of the School of Pharmacy at Marshall
- 11 University in 2010 approximately?
- 12 A. Correct. I was asked to serve in 2010 and served
- through the graduating class of 2016, completed in 2017.
- 14  $\mathbf{Q}$ . 2016 was the first graduating class that we had at
- 15 Marshall University School of Pharmacy; is that right?
- 16 A. That's correct.
- 17 Q. You've also been a teaching professor at Marshall
- 18 University School of Medicine?
- 19 A. I'm been a professor in the School of Medicine since
- 20 | 1990 to present. I've been a faculty member now, adjunct
- 21 faculty member of School of Pharmacy, since inception.
- 22 Q. Have you also served as President of the Medical and
- Dental Board at the hospital in Cabell County?
- 24 A. I've served in both hospitals in Huntington. St.
- 25 Mary's Medical Center, I was elected the President of

2

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```
Medical and Dental Staff and served on the Board for St.
Mary's Medical Center 2003-2005 and I was elected as
President of the Medical and Dental Staff at Cabell
Huntington Hospital 2007-2008. Severed on both Boards.
     So, you kind of have several mixed professions, I
think, within your education. First, you went to pharmacy
school. You went to West Virginia University and received a
Bachelor of Science degree in Pharmacy; is that right?
     Correct. So, I'm a graduate of pharmacy school of West
Virginia University, the only pharmacy school at that time.
    Okay. All right. And we're going to learn a little
bit more about your pharmacy education and that, but could
you tell us how you got interested in pharmacy? Did you
have a family member or --
     Sure. I grew up in Barboursville, West Virginia, a
small little community just outside of Huntington, and my
first interest in healthcare was to work in a little
community pharmacy called Pliver's Pharmacy (phonetic) and
that's where I fell in love with the idea that I can make
the difference in other people's lives through healthcare
and I decided, at that point, probably about what we would
now call middle school, junior high school, high school,
that that's the career track that I would take.
     And were you considered what I'd call a pharmacy tech
basically at that time, somebody that loads the shelves and
```

- 1 takes from the distributor, from the truck and helps wheel
- 2 it in, and makes sure that everything gets put on the
- 3 | shelves?
- 4 A. Sure. Exactly. I smile only because we weren't
- 5 defined as a pharmacy tech. You know, now there's a
- 6 certification to be a pharmacy tech. But then, I was a
- 7 pharmacy technician and did exactly that.
- 8 Q. All right. And then you went to pharmacy school for
- 9 about four years and graduated around 1985; is that right?
- 10 A. Graduated from pharmacy school before I went to medical
- 11 | school. That was 1981.
- 12 Q. 1981? All right. And then, after that, you decided
- you wanted to look into the medical field a little bit more
- 14 | and you went to medical school; is that correct?
- 15 A. Yes, sir. I went to medical school in 1985 through --
- 16 I started in 1981 to 1985.
- 17 Q. And did you attend school at the University of
- 18 | Cincinnati?
- 19 A. I attended medical school at Marshall University.
- 20 Q. Marshall? I'm sorry. At Marshall.
- 21 A. I did my residency training at the University of
- 22 Cincinnati.
- 23 Q. Okay. And did you pick a specific area of medicine
- 24 | that you did your residency training? And I think, also,
- 25 you did a fellowship, did you not?

- A. So, my area of training was internal medicine and I did two additional years at the University of Cincinnati. One is what we call Chief Medical Resident year and the other was a research year, and that research year was a research fellowship.
- Q. So, and during that period of time, did you keep your pharmacy license, also, during that period of time?
  - A. I kept my pharmacy license early on initially to actually make enough money to get through medical school.

    And then, after that, I kept my pharmacy license because, as I returned to Marshall University in my academic practice there, I then became a consultant pharmacist and I used my degree and my training as a consultant pharmacist for the School of Medicine.
  - Q. All right. Something called a consultant -- consultant pharmacist, do you know what that is?
  - A. Well, it's a special designation by the Board of Pharmacy. It can be used for a variety of activities. Some people use the consultant pharmacy activity to, for instance, oversee nursing homes and the administration of medications and medication therapy in a nursing home. And there's other administrative roles that a consultant pharmacist has.

In this case, the reason that I kept my license as a consultant pharmacist is because it is necessary for an

institutional DEA, a designation, for the institution to have a consultant pharmacist who watches over that designation. That designation allows each resident physician who is a member of that particular academic institution to be able to prescribe controlled substances under that DEA license.

So, each new incoming resident would be provided a special three-digit suffix that fits to the institutional DEA. I have a personal DEA number. The institution has a DEA number. The consultant pharmacist is the person who oversees the administration of the DEA, institutional DEA.

- Q. All right. You also have an academic appointment, I think, over in England; is that correct?
- A. I did. I've been to England twice. I was there as a senior resident when I was at the University of Cincinnati at Cambridge University and I was back for a year-long sabbatical at the University of Southampton. Both of those were around clinical pharmacology.
- Q. And you also -- we hear all the time board certification. Are you board certified in internal medicine?
- A. I am board certified.
  - Q. And that means that you have taken a verbal test and a written test and been accepted by your peers as having met a certain quality of care within internal medicine; is that

```
1 correct?
```

- 2 A. That is correct.
- 3 Q. All right. You've maintained that license as a doctor
- 4 | in West Virginia as a practicing doctor since you graduated
- 5 | from medical school?
- 6 A. That's correct.
- 7 Q. And, also, your pharmacy license, you still have that
- 8 and you practice that?
- 9 A. That's correct. I think I -- just for clarification, I
- 10 may have released my license in the past year, you know,
- 11 | longer than --
- 12 Q. Didn't pay the dues? Didn't have to -- didn't have to
- 13 up your dues?
- 14 A. Yeah. I didn't -- I didn't have to work overtime in
- pharmacies to make some money.
- 16 Q. All right. So, you got appointed to the Board of
- 17 | Health in 2010; is that -- is that approximately the year --
- 18 A. That's correct.
- 19 Q. -- we're talking about? And the Board of Health, is
- 20 | that comprised of individuals within Cabell County?
- 21 A. Yes. It has six board members. Three are appointed by
- 22 the City Council and three are appointed by the County
- Commission. And I believe I was appointed by the County
- 24 | Commission.
- 25 Q. And are you the only medical professional on that

```
1
       six-person board for the Board of Health in Cabell County?
2
            I'm the only physician member of the board.
 3
            You're on a Board of Health for the Health Department;
 4
       is that -- is that a --
 5
            Correct. So, the Board of Health is the governance and
 6
       fiduciary -- has the governance and fiduciary
 7
       responsibilities for the Cabell-Huntington Health
 8
       Department.
 9
            And when did you become the chairman of that particular
10
       board?
11
            I'm in the second year of that term. So, two years.
12
       2019.
13
            Do you know what a community needs assessment is?
14
            Yes. A community needs assessment is an activity done
15
       by the Health Department. Our Health Department
16
       particularly has chosen to do that every single year. It is
17
       my understanding there is a statutory or governmental
18
       requirement that it's done every five years.
19
            The community needs assessment is a survey and a
20
       coalition of all important data about the county that's used
21
       by the board and by the Medical Director of the Board of
22
       Health to make decisions about how we would allocate
23
       resources, which areas of disease, which parts of public
24
       health deserve attention in the next calendar year.
```

And are you familiar with the general rules and

25

Q.

- practices of the Health Department and the Board of Health within Cabell County?
  - A. Yes.

- Q. All right. Do you know whether the community needs
  assessment, is that something that's required by law to be
  done by health departments and Boards of Health?
- 7 A. It is my understanding it is required by law.
  - Q. All right. And how is that basically performed? Do you have an individual in your department that goes out in the community and gathers information concerning health data and stuff, if you know?
  - A. So, there's a specifically designated person within the hierarchy of the Board of Health who has that responsibility and she then seeks input from all the agencies that help to fulfill that needs assessment and that covers a broad area and then she collates that. It's reviewed by the board. It's also used by other organizations. So, contributing organizations for putting in, if you will, the data into that dataset are also institutions that need that information because they're utilizing it for their own purposes.
  - Q. And do you understand that findings, legal findings, are supposed to be reported then by the board as a result of the collection of this data?
  - A. Well, I know the findings are reported, absolutely, and

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I know that other agencies use them and find them to be important. That's why they participate.

Q. And so the judge and everyone here understands really
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community, what type of problems, if any?

- what we're talking about, this person goes out into the community and collects information that relates to potentially health items in our community so we can basically assess how -- what type of health we have in a
- A. Correct. So, just as a quick example, that's where we gather information about the percentage of people who smoke in Cabell County, the percentage of people who are vaping in Cabell County. What's the incidence of teen vaping in Cabell County? What's the death rate for chronic obstructive pulmonary disease in Cabell County? What's -- you know, I can -- I can list a long list of information that comes out of that.
- Q. All factual information?
- 18 A. All factual statistics.
  - Q. Single parents, no parents, adopted children, things like that in the community, this is what this needs assessment has done; is that right?
  - A. Correct.

Q. All right. And do you know legally -- and I think you checked, actually, legally, how often does the Cabell County Health Department have to perform one of these needs

- 1 assessments within the community?
- 2 A. So, maybe just a nuance there. I don't -- I can't say
- 3 | specifically to the statutory requirement. I can say what I
- 4 understand and how we practice.
- 5 Q. All right. Let me ask you -- let me strike it. What's
- 6 your understanding as to how often it's to be performed?
- 7 A. Right. My understanding is that the Health Department
- 8 does not have to do it every year, but we do it every year.
- 9 My understanding is that it's a five-year requirement. My
- 10 understanding is that, in my other hats as the member of the
- 11 board at the hospital, we do a different assessment
- 12 utilizing that data every three years.
- 13 Q. Right. Okay. And I'm going to get into that also here
- 14 | in just a second. So, the information that is done, as you
- 15 understand it, with the Health Department is done yearly?
- 16 **A.** Yes.
- 17 Q. All right. Even though it's required every five years?
- 18 A. Correct.
- 19 Q. All right. And could you tell the judge what are --
- 20 | what are you guys looking for? What are you trying to
- 21 | actually find? What are you -- what are you looking for?
- 22 Problems in health or what in the community?
- 23 A. Judge Faber, our efforts in this matter are we want to
- 24 | actually track what's happening in our county. We actually
- want to know what the disease incidence is, whether things

are trending up or down, and how we're going to allocate resources to those needs.

These are very granular. This is what's happening in our county to our citizens, who we feel we represent in terms of their public health.

They're big -- they're big items. They're like diabetes, hypertension, chronic obstructive pulmonary disease, coronary artery disease, Opioid Use Disorder, overdose deaths, those types of data.

We believe we have a responsibility to utilize that data, to define under the direction of the Medical Director of the Health Department how we allocate resources for the next year to address those needs. We take that responsibility very seriously.

- Q. And, Doctor, after the first one or two years after having seen this, was there any predominant issue that occupied the focus of the Health Department and the health board that you run?
- A. Well, I came onto the board in 2010 and I can say that in my first year on the board we did not have any real discussion about Opioid Use Disorder, about an opioid crisis, about those -- those things had not arisen to the attention of the board at that time.

What soon became very evident was the incidence of infectious disease consequences in our community. And so,

very quickly, those conversations at the board level and the focus of the community needs assessment began to bring those things to our attention.

So, it would be infectious disease consequences, the related harms from the addiction problem in our community.

- Q. And I want to talk specifically about related harms, not just the addiction itself. Was there a period of time when you believed that these -- the needs assessment, the community needs assessment, demonstrate that the majority of the focus was on opioid epidemic at that time?
- A. Well, you know what? I'll be honest. I haven't -- I haven't gone back and catalogued each individual year. I can say from my personal experience on the board.
- Q. From your personal experience is what we want you to testify to.
- A. That this started as not necessarily on the radar screen to becoming the predominant issue on the radar screen for the Board of Health and, in that transition over those years, became how would we address the infectious disease problems? How would we address the overdose rates in Cabell County? How would we start programs that would be able to address that? You know, I can pick off many items.

I don't want to belabor this but, for instance, how do we know that we should have a Naloxone Distribution Program based out of the Cabell County Health Department is because

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1
       we began to see those things coming up in the needs
2
       assessment.
 3
            How do we know that we needed a syringe exchange
 4
                Because we saw the infectious disease problems,
 5
       the consequences of Hepatitis C, Hepatitis B, HIV in our
 6
       community and we needed to address that. So, year over
 7
       year, time after time, it -- it substituted the priorities
 8
       that were previously the priorities of the Health
 9
       Department.
10
            For instance, when I joined the board, the priority of
11
       the Health Department was tobacco, and tobacco smoking, and
12
       the consequences of tobacco smoking. And in the incidence
13
       of chronic obstructive pulmonary disease and how many people
14
15
                 COURT REPORTER: I'm sorry. You have to slow down
16
       for me.
17
                 MR. FITZSIMMONS: Slow down for us.
18
                 THE WITNESS: Oh, I'm sorry.
19
                 COURT REPORTER: Thank you.
20
                 THE WITNESS: I get excited.
21
                 MR. FITZSIMMONS: Slow down, okay, a little bit.
22
                 THE WITNESS: I'll go back.
23
                 BY MR. FITZSIMMONS:
24
            I think you were talking about the tobacco and you
25
       comparing about --
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1
            Tobacco and its relationship to chronic obstructive
2
       pulmonary disease.
 3
       Q.
            Okay.
 4
            And those were the kinds of things that were most
 5
       prominent in the board's mind at that time.
 6
       Ο.
            All right. And I'm not supposed to lead, but I'm
 7
       trying to push you along a little bit to also --
 8
       Α.
            Sure.
 9
            For time's sake here today a little bit.
10
            So, once you got on the board, after a couple years, is
11
       it fair to say that opioid and opioid-related harms kind of
12
       consumed the interest of the board?
13
            It absolutely consumed the attention of the board.
14
            Right. And let me ask you, around the middle of that
15
       term you had, around '14-'15, 2014-'15, around that time, we
16
       have an increase -- did we have an increase in the
17
       infectious-type diseases like the Hep B? Hepatitis B,
18
       Hepatitis C, HIV at that time, if you know?
19
                 MR. RUBY: Your Honor, I -- with all due respect
20
       to my friend, Mr. Fitzsimmons, I will object to the leading.
21
       I don't --
22
                 MR. FITZSIMMONS: Okay, I'm sorry.
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interest of time to recite particular medical conditions and

ask the witness to agree to them.

MR. RUBY: I don't know that it's necessary in the

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THE COURT: Well, Mr. Fitzsimmons was getting
through preliminary matters, which is okay, but you can --
this may be the point where you need to stop leading him.
         MR. FITZSIMMONS: Yeah. I've got to stop it at
this point? Okay. All right, Judge. I'll --
          THE COURT: Ms. Wu?
         MS. WU: Your Honor, we'd also lodge a foundation
objection. We don't believe that this witness has yet
established a basis to offer testimony on the prevalence
rates of particular diseases in the community.
         THE COURT: Well, I think he has. I'll overrule
that objection.
     Go ahead, Mr. Fitzsimmons.
         BY MR. FITZSIMMONS:
Ο.
    Are you ready?
     Doctor, did you observe from these community needs
assessment any type of spike in conditions for Hepatitis B,
C, or HIV from your tenure there and the --
    We absolutely -- we absolutely saw those and just to go
along with my understanding of what I presented to the
judge, not only did we see that, we then had to take action
on that. So, we began to create designated cites across our
community in which we would provide Hepatitis B vaccine as
an example. We began to test more prevalently for -- or
more exactly for HIV infection in our community. And, when
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1
       identified, we had to have resources to apply to those
2
       situations in order to take care of those patients in an HIV
 3
       situation.
 4
            And as -- as many in the room may remember, there was
 5
       an HIV cluster outbreak in Cabell County. How did we know
 6
       that? We began to see that --
 7
                 COURT REPORTER: Sir, you're going to have to slow
 8
       down.
             I'm sorry.
 9
                 THE WITNESS: Oh, I'm sorry.
10
                 COURT REPORTER: Can you finish the answer? I'm
11
       sorry.
12
                 THE WITNESS: Sure.
13
            So, we will remember that there was an HIV cluster
14
       outbreak in Cabell County and it was the responsibility of
15
       the board to identify how we would address that within our
16
       community. Again, just staying in the framework of where we
17
             That's what happens at the Cabell County Health
18
       Department. That's what happens at the board level. That's
19
       my response.
20
                 BY MR. FITZSIMMONS:
21
            And in these assessments, you report the needs of the
22
       community? You actually report that -- I think you said
23
       earlier you actually share that document and those findings
24
       with the hospital, also; is that correct?
25
            Well, it is published and then those partners who also
```

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Α.

- need that information utilize it in the ways that they find effective.
- Q. All right. And the cause for those diseases, as to the needs assessment, was it determined as to why that they
- 5 seemed to increase as to the Hepatitis B, C and the HIV?
- A. My personal view and knowledge is that came directly related to intravenous drug use.
- 8 Q. All right. And I --
- 9 A. Or I should say intravenous drug abuse.
- 10 Q. And I apologize. I forgot to mention another
- 11 | background aspect of your practice. You have a full-time --
- 12 you have a medical practice, also, where you practice
- internal medicine as a primary care doctor in Cabell County,
- 14 | West Virginia; is that right?
- 15 A. Yes, sir. So, the duration of my time at the School of
- 16 | Medicine has been to have a private practice, which I saw
- this week and will see tomorrow morning. And I also teach
- 18 | medical students and residents on a continuous basis over
- 19 | the last 31 years.
- 20 Q. You're teaching the doctors and those residents to be
- 21 | certain types of doctors in internal medicine; is that
- 22 right?
- 23 A. Correct.
- 24 Q. And yesterday, we tried to get you on yesterday
- 25 afternoon. We were trying to squeeze you in, but it didn't

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1
       work yesterday. You were -- where were you yesterday?
2
            Tuesday afternoons, I work at an organization -- I
 3
       volunteer at an organization called PROACT. PROACT is the
 4
       Huntington hub, Cabell County hub, for all patients looking
 5
       to be in long-term recovery for addiction. I am a provider
 6
       there and provide medication assisted therapy, along with
 7
       the therapists and the other components of a broad spectrum
 8
                     Those are Tuesday afternoons in my practice.
       of services.
 9
                 THE COURT: Does your practice concentrate on
10
       internal practice, Dr. Yingling?
11
                 THE WITNESS: My primary practice is internal
12
       medicine. I'm a physician for adults. That practice, I
13
       received a special waiver in order to do that through the
14
       DEA, and that's my commitment to that population.
15
                 THE COURT: Thank you.
16
                 BY MR. FITZSIMMONS:
17
            And you still have that personal practice and you're
18
       still practicing in --
19
            I still have that personal practice, yes, sir.
20
            All right. Doctor, let me ask you, we talked about the
21
       community needs assessment. Does the hospital have a
22
       comparable-type survey or investigation that they do from
23
       your knowledge, personal knowledge, as being a board member?
            As a board member, my personal knowledge is that every
24
25
       three years, the Boards of Directors for the hospital, they
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create a report called the Community Health Needs

Assessment, affectionately in our county known as the CHNA and the CHAH (phonetic).

The CHNA is the Board of Directors at the hospital, the Community Health Needs Assessment. Every three years we evaluate what are the needs of our community, health needs of our community, and we then allocate resources to address that.

So, for instance, when there was an epidemic of obesity identified in Cabell County, you would see in those reports that we had identified that as an important healthcare problem of our community and we, the hospital, would put resources forth in order to address that challenge.

- Q. So, and I'm not so sure I appreciated what the board -the Health Department did until I met you here recently, but
  recently we had this epidemic with COVID. So, would both
  boards with these community needs assessments, would that
  have been a predominant-type issue that you guys look at and
  try to protect the public, all of us, so at that we don't
  have public harm?
- A. Absolutely. So, it -- we would actually say that it overtook the previous priority. The previous crisis was the crisis of COVID. And so, the attention of the Board of Health for the Cabell County Health Department.

And its resources were totally attuned to how do we

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test individuals? How do we track them? How do we track
them in the community? How do we get them into health care
at the right time? How -- now, do we vaccinate them? How
do we set up large vaccination sites?
          COURT REPORTER: Sir, I'm sorry.
         MR. FITZSIMMONS: You've got to slow down, Doctor.
                       That's my fault.
         THE WITNESS:
          COURT REPORTER: Thank you.
          THE WITNESS: How do we set up track COVID
infections? How do we intervene for those patients? Now,
how do we vaccinate them both at a local site, as well as
within communities?
    And the same thing with the board at the hospital. All
of the attention of the board for the last, you know,
18 months has been on how do we address this within the
hospital? How do we complete the supply chains? How do we
get the right protective equipment to our employees? When
do we vaccinate our employees? All of those things are part
and parcel of what boards do.
         BY MR. FITZSIMMONS:
     And this is what you know from your personal
observation of being a member of both of these two boards
basically?
Α.
    Correct.
    Correct? Doctor, have -- through those needs
Q.
```

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Q.

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assessments being done both by the hospital and by the
Health Department, have you found any contradictions, major
contradictions? Are they -- have you determined that
they're pretty much the same during the last decade, the
last ten years you've been on both of these boards?
     I'm not quite sure I understood the -- which part is
the same or --
Ο.
    Yeah.
     -- not the same?
    It wasn't a very good question. I'm sorry. I just --
are the assessments -- when you look at it in the Health
Department and then you go over to the hospital that year
and look at it, have there been any -- any things that raise
your eyebrow and say we're really off on one of these or the
other or maybe --
     No. I've not noticed any discordance between the
organizations and I've not noticed any real discordance in
any of the disease processes.
    And since we're here involving the opioid epidemic, is
it true that both of these have made findings from the
surveys, the Community Needs Assessments, both that there
has been an opioid epidemic here in Cabell County for the
last ten years since you've been on these boards?
Α.
     Absolutely.
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All right. Let me talk about the related harms.

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1
       there also been from that, from a factual standpoint, a
2
       relationship between all other public harms, other
 3
       conditions, not just the opioid addiction, such as carditis
 4
       with the heart - I think it's an infection around the heart;
 5
       is that correct?
 6
            It is.
       Α.
 7
           Heart valves; is that correct?
 8
       Α.
            Yes.
 9
            Abscesses and infections throughout the entire body?
10
                 MR. RUBY: Objection. Your Honor, objection to
11
       leading. Mr. Fitzsimmons is just stating conditions and
12
       asking the witness to agree to them.
13
                 THE COURT: You're continuing to lead him a little
14
       too much, Mr. Fitzsimmons.
15
                 MR. FITZSIMMONS: Am I? Okay, Judge. All right.
16
       I'll back off a little bit.
17
            (Cross-talk)
18
                 THE COURT: Do the best you can.
19
                 MR. FITZSIMMONS: Okay. All right.
20
                 BY MR. FITZSIMMONS:
21
            Why don't you tell everybody here, what are the
22
       conditions that are related? Because I know I missed about
23
       a half-dozen of them, but could you tell us all the
24
       conditions that are related based on the community surveys
25
       that were done, the community needs surveys as to what
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people need to address?

A. Based on my experience on both boards and as a practicing physician in Cabell County, these are the list of both what we, as physicians, would call morbidities and mortalities, what I am now going to call the related harms of the opioid crisis in our county.

They are infections, Hepatitis B, Hepatitis C, HIV, to list a few. They are the outcomes of pregnant mothers and their offspring who were affected by their addiction. That required us to address both the pregnant mother situation and the child's situation after they were born.

It includes the infectious disease complications seen at a hospital, the overflow of patients in the emergency room who have overdosed and need to be attended to in the emergency room. Includes the hospitalization of those patients who have complications, such as endocarditis, abscesses, spinal cord abscesses, and other related harms within that population that are hospitalized.

It includes the longer term care of these individuals.

I'll just make a quick point. That is, endocarditis is not a disease in which it is identified, treated and easily remedied. It is a disease in which it is identified, there's a decision about whether a heart valve would need to be replaced. It may or not be replaced. You have weeks of antibiotic therapy and much of that care is uncompensated.

Just as one example of the various harms that have occurred in our community.

I will move on to the mortality of the opioid epidemic. The incredible strain on our support systems in Cabell County. Of course, I cannot walk past the incredible sadness that occurs when your brother, your sister, your father, your mother, your partner has died from an overdose. And the economic outcome of that. I have a hard time even putting myself -- to put my mind to what the cost of that is.

But in addition to that, you have displaced families. I can only go back -- Judge, I can only go back to what I related to yesterday in my practice at PROACT. So, as I walk down my list of 25 patients, I see all that in that list of 25 patients.

I see small children who have nobody to take care of them. I see family -- a person telling me I wasn't able to come get my medicine last week because I was in court trying to figure out how I would obtain the privileges to see my child. Or my child was going to be placed in foster care and how disruptive that was to me. I mean, and I can go on.

The related harms of addiction have cut at the very core and the fabric of our community. They have jeopardized many, many things in our community. And I -- I don't know, for the sake of time or, if you'd like, I can continue.

Q. Just -- just tell us, as to the related harms, I think you've listed medically, are there other parts other than the victim of the addiction, the addict, himself or herself, that is affected? Does -- does this also measure the impact on the families after a death when one of these people addicted to drugs dies or overdoses? Does it also identify those types of related harms, Doctor?

MS. WU: Your Honor, I don't want to interrupt the testimony. I would simply remind Your Honor Dr. Yingling was disclosed by the plaintiffs as an expert witness on a number of issues, including harms to the community. His proposed expert opinions were excluded and, therefore, to the extent that the question calls for answers that require an opinion outside of Dr. Yingling's personal experience as a physician in the community, we don't believe that those pieces of testimony are proper in this setting.

THE COURT: Go ahead, Mr. Fitzsimmons.

MR. FITZSIMMONS: Yes, Judge. Specifically, Rule 701, which is being addressed, as to a lay witness opinion, I'm well aware of this Court's ruling and have been careful to make sure that every statement made is an observation of personal knowledge and I didn't step over -- didn't attempt to qualify him and I have not done that. And I'm very cognizant of that and respectful, Judge. I know what you -- I wouldn't do that.

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1
                 THE COURT: All right.
 2
             Mr. Ruby?
 3
                 MR. RUBY: And, Your Honor, on that point and to
 4
       Ms. Wu's point, we haven't objected to the testimony about
 5
       the doctor's medical experience, but as Mr. Fitzsimmons
 6
       attempts to move more broadly to the larger impacts on the
 7
       community, I think we have to keep a close eye on the
 8
       personal knowledge requirement and this witness's
 9
       foundation.
10
                 THE COURT: Well, I haven't heard anything yet
11
       that appears to be not based on his personal knowledge and
12
       experience and I'm going to overrule the objection. I think
13
       you're still within the -- within the realm of his opinions
14
       based upon his personal knowledge and experience and not
15
       into the realm of an expert opinion. So, at this point, the
16
       objection is overruled.
17
            And you can go ahead, Mr. Fitzsimmons.
18
                 MR. FITZSIMMONS: Thank you, Judge.
19
                 BY MR. FITZSIMMONS:
20
            Doctor, do you recall the question about the impact on
21
       the family as a result of the addictions for other family
22
       members?
23
            Well, I can speak to my personal experience, just as I
24
       mentioned to the judge that, in my Tuesday afternoon
25
       practice at PROACT, I clearly see the outcome and the harm
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to families. I -- you know, I -- just to make it as personal as possible, as I'm talking to an individual on the phone who I'm trying to keep in long-term recovery through medication assisted therapy, I can hear the children crying in the background. I can hear --

You know, again, we have that interaction of why can you not move forward to get a job? How can I help you do that? What other services do you need? And I clearly hear all those dynamics, those dynamics of my child is in foster care. I may never see my child again.

Those dynamics of my spouse is in jail. How will I handle this? Those dynamics of my mother and father have done as much as they can for me. How can I expect them to do more?

All I can say is, I see it firsthand. I also see it, the outcome of those kind of challenges, within the healthcare system. How does the community begin to respond to those things? I can give very -- a very clear example. I'll just select one.

Project Hope. Project Hope was created out of the Marshall Health organization. It's a safe haven for pregnant mothers after they've delivered their children. It allows the mother to stay with her children while she gets into long-term recovery at this facility called Project Hope.

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18 families. Moving them from addiction 18 beds. through pregnancy, deliver their child, child has NAS, Neonatal Abstinence Syndrome, and then has to be cared for, if you will, put into a new culture. Can't go back into the environment they've been in before. That's my personal experience of how I see the trials and tribulations, the related harms of addiction in my community. Doctor, you know Lyn O'Connell? I do, yes, Dr. O'Connell. She came and she testified to these other organizations. Is it fair to say that there are multiple -when I say multiple, more than 10, 15 organizations now that have sprung up, all of which are to address the opioid epidemic and these public harms that we've identified here? Yeah. Mr. Fitzsimmons, in my -- in my -- in my wait to testify today, 50 miles from my home and here in a very august excellent institution of jurisprudence, I began to reflect upon my experience for the last ten years, starting in 2009. I think it's important for this whole body of individuals, every person here, I think it's important for them to understand. Our community was in a crisis. Our community every day, every year, had to figure out

what we were going to do. Responsible people such, perhaps,

as myself had to come up with responsible ways in order to address this problem.

Probably this group has heard of the City of Solutions.

Probably this group has heard of the Pathway. The Road to

Recovery. Perhaps this -- you know, we can call it a road,

a pathway. We can call it anything you want to call it.

But populated along that road is significant numbers of new programs and new organizations.

Our community, by its bootstraps, with or without money, with or without a grant set up a program that said we've got to address the problem with children. We've got to address the problem with moms. We've got to address the problem with infections. We've got to address the problem with overdoses.

I'll pause for a second. I'm waiting for my colleague to catch up.

- Q. Go ahead. Is the structure in place in Cabell County presently to build upon that or is this the final? What you've done, is that -- has it addressed all the problems we have?
- A. No. We've addressed the problems that we can see. We haven't even yet understood what the problems we don't see and can't really yet understand in the next five years, the next ten years.

Mr. Fitzsimmons, this is a generational problem. This

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1
       is not a problem that started ten years ago and will end.
2
       And it has no sunset clause.
 3
            And, Doctor, let me just ask you --
       Ο.
 4
                 THE COURT: Mr. Ruby?
 5
                 MR. RUBY: Your Honor, I will object that the
 6
       opinion that was just stated as to a generational problem
 7
       was one of the specific expert opinions that was disclosed
       by plaintiffs for this witness and then excluded by the
 8
 9
       Court at Docket 1234 because --
10
                 THE COURT: Well, it's still based on his personal
11
       observations.
12
                 MR. FITZSIMMONS: It's his personal observations
13
       from these assessments, yes, Your Honor.
14
                 THE COURT: Yeah. I'll overrule the objection. I
15
       don't think he's gone beyond where he can go without
16
       offering an expert opinion that's not based on his -- well,
17
       it's not an expert opinion in my view. Go ahead.
18
       Overruled.
19
                 BY MR. FITZSIMMONS:
20
            Doctor, to save time so I can get off here maybe in
21
       three minutes, I just moved it down a minute so the judge
22
       can consider taking the afternoon break at that point. I
23
       just -- I just have one or two more areas.
24
            The Resiliency Plan, you're aware of that?
25
            I am, yes.
       Α.
```

Ayme A. Cochran, RMR, CRR (304) 347-3128

```
1
            Okay. And when that occurred -- and the two things --
2
       are you an economist or are you holding yourself out to be
 3
       good with numbers or anything like that on -- if I said
 4
       let's go build a building and make an addiction recovery, do
 5
       you have any expertise whatsoever in doing things like that?
 6
            I have no expertise on that and my wife balances the
 7
       checkbook.
 8
       Q.
            Okay. So, I don't know that that's good sometimes, but
 9
10
            It's trust. It's all about trust.
11
            So, but anyway, the Resiliency Plan, there's been
12
       several numbers mentioned here in testimony, I'll represent
13
       to you, different numbers at different times and things like
14
       that.
15
            You were on that -- you were asked to be on -- you're
16
       asked to be on every committee, every group that relates to
17
       medicine or health conditions --
18
       A. Yes, sir.
19
            -- pretty much in Cabell County; is that true?
20
           Yes, sir.
21
            All right. So, do you remember actually also giving
22
       some lectures and speaking concerning the opioid epidemic at
23
       various places?
```

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in public. I only have recollection of one time I spoke in

I can only -- I can only remember one time that I spoke

24

```
1
                There could have been times I was on a panel or --
2
       and other people were speaking. You know, if you can
 3
       exclude that, I think only one time did I purposefully stand
 4
       up in front of people to talk about it.
 5
            Tell us how it goes at these big meetings with all the
 6
       people, the representatives, when they come up with numbers
 7
       that, hey, we need 80 zillion dollars to do this or 15
 8
       trillion zillion to do this. How does that happen and,
 9
       specifically, if you recall the Resiliency Plan, how do
10
       those different numbers get into those things?
11
           Can I answer? Thanks.
       Α.
12
            Yes. Whatever the judge says, these people don't have
       anything to do with what you're doing. Whatever the judge
13
14
       says, testify.
15
            Judge Faber, my -- my response to this particular
16
       question is founded in a practice that I witnessed many,
17
       many times and I actually use this practice as I teach
18
       medical students. So, I want to give you an example and
19
       then go back to answer the question.
20
            So, as I address medical schools on the wards of the
21
       hospital, there's three answers they can give. They can
22
       give "I don't know." They can do a swag. Or they can say,
23
       "I got it and I'm telling you the answer."
```

Now, in a hall of jurisprudence, you don't do swags

because I'm going to tell you what a swag is. Swag is

24

scientific wild guess, okay? And I want them to tell me what their scientific wild guess because I want to know the frame of reference as to where they are and how I can help to teach them and allow them to be a better physician or a better pharmacist.

In my experience around this matter, the Resiliency Plan, I do recall a group of community members, and a large group of community members, and that large group of community members had a voice and represented their own individual organizations. And in that process of trying to figure out how do we evaluate, assess what are the long-term needs of that Resiliency Plan with every person giving their own swag, their own scientific wild guess at what they think their program needs.

Now, I can name those programs, but at the end of the day, that group had to consolidate itself to something that seemed like a reasonable scientific guess based upon the science of the people that were in that room at that time. That's where I think the number came from.

- Q. Did you all then agree that the final draft, the one that counts, the last one, the final, took all the numbers out, if you recall?
- A. Did we -- did we all collectively agree to that?
- Q. Well, that's what final product showed; is that right?
  - A. Yeah. The final product was the compiling of all the

```
1
       needs of our community and the plan to move us to a new
2
       place.
 3
       Q.
           Right.
 4
            The actual number, I don't remember how the number got
 5
       in, got out. That's not -- that was not under my review.
            The other thing with the Resiliency Plan and all that,
 6
       Ο.
 7
       Doctor, there's been some suggestion of somehow tying that
 8
       into this lawsuit and also, Mr. Farrell who is present right
 9
       here behind me, you know Mr. Farrell and his family, do you?
10
            I do. I do know Mr. Farrell and the family.
11
            And I know he's there in the front. You can say. You
12
       have to tell the truth. You were sworn under oath. Is the
13
       Farrell family one of the most reputable families and one of
14
       the leaders in that community?
15
                 MR. RUBY: Your Honor, objection. I don't know
16
       why the witness is being asked to vouch for counsel.
17
                 THE COURT: Yeah. How is that relevant?
18
                 MR. FITZSIMMONS: Well, there were some
19
       suggestions that Mr. Farrell kind of put this together,
20
       Judge, and I -- as long as we can all understand he was just
21
       doing his community thing, I have no further questions.
22
                 MR. RUBY: Your Honor, we'd object to the
23
       testimony from counsel.
24
                 THE COURT: Yeah. I'll sustain the objection to
```

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that, Mr. Fitzsimmons, and you can move on.

```
1
                 MR. FITZSIMMONS: I'll withdraw. Just -- may I
2
       take one second?
 3
                 THE COURT: Yes. Yes.
 4
           (Pause)
 5
                 MR. FITZSIMMONS: Good news is, Judge, they told
 6
       me to sit down, so I have no further questions.
 7
                 THE COURT: All right.
            Well, it's a little early for the break. Do you want
 8
 9
       to start cross? Are you going to go first, Ms. Wu?
10
                 MS. WU: Yes, Your Honor.
11
                 THE COURT: All right.
12
                 THE WITNESS: I'm sorry. Could you state your
13
       name? I didn't hear who you are.
14
                 MS. WU: Certainly. Dr. Yingling, my name is
15
       Laura Wu and I represent McKesson in this lawsuit. We
16
       haven't met before. Thank you for being here today.
17
           Thank you. Nice to meet you.
18
                 MS. WU: Okay. Well, maybe we'll get done before
19
       the break, but I'm not sure, Your Honor.
20
                            CROSS EXAMINATION
21
                 BY MS. WU:
22
       Q. Dr. Yingling, we haven't met before, but I'm going to
23
       -- I have the benefit of your deposition in this case. So,
24
       hopefully, that will expedite this process for us and for
25
       the Court.
```

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25

```
Doctor, it is your understanding that the use of opioid
prescriptions in Cabell County at this time is within the
bounds of medically accepted practice, correct?
     Could you read that question again?
     Certainly. Trying to use your words. It is your
understanding, Doctor, that the use of opioid prescriptions
in Cabell County at this time is within the bounds of
medically accepted practice, correct?
    Correct, with the exception of within the scope of my
view. In other words, I can't attest to something outside
of the scope of my view. I'm attesting to within the scope
of my view. I believe it reaches that standard.
     Thank you, Doctor. I'm going to use some more exacting
words here. Again, I'm trying to be true to your personal
opinions and not getting to anything else.
     So, are you reading from my deposition?
     In some cases, I will be and, in other cases, I won't.
I'm just, you know, trying to --
    Would it be fair then to -- would it be fair to explain
Α.
the deposition part that you're reading from?
     Well, I'm just asking some narrow questions trying to
get through it quickly and that's why I'm using specific
words, which you're picking up on.
     So, Doctor, it's your appreciation that a higher
```

percentage of overdose deaths are related to synthetic

```
opioids, such as fentanyl and carfentanil, rather than prescription opioids, correct?
```

- 3 A. At a select time in the journey of the addiction crisis
- 4 in Cabell County, I would say that's true.
- 5 Q. And that's true today, correct?
- 6 A. So, read it again and I'll apply it to today.
- 7 Q. Sure. As of today, it is your appreciation that a
- 8 | higher percentage of overdose deaths are related to
- 9 synthetic opioids, such as elicit fentanyl and carfentanil,
- 10 rather than prescription opioids?
- 11 A. A higher percentage, yes.
- 12 Q. Doctor, you spoke a short while ago about your
- 13 background and you're both a doctor and a pharmacist,
- 14 | correct?
- 15 **A.** Ms. Wu, I am.
- 16 Q. And you understand that no opioid pill is supposed to
- 17 enter the community without being prescribed by a doctor and
- dispensed by a pharmacist, correct?
- 19 A. So, you're asking -- say it again. You're asking that
- 20 I know?
- 21 Q. Based on your knowledge and experience, you have an
- 22 understanding that no opioid prescription medication is
- 23 supposed to enter the community without first being
- 24 prescribed by a physician or other qualified prescriber and
- dispensed by a pharmacist, correct?

- 1 A. Also underline supposed to. I agree.
- 2 Q. Doctor, you have no knowledge of any prescription
- 3 opioid pills that entered the Huntington or Cabell community
- 4 without a prescription from a doctor? You don't have any
- 5 specific knowledge of that, correct?
- 6 A. I do not have -- underline specific. I do not have a
- 7 specific knowledge.
- 8 Q. Now, Doctor, you worked in the past as a pharmacist,
- 9 | including when you were in medical school?
- 10 **A.** Yes.
- 11 Q. And you worked both at retail pharmacies and hospital
- 12 pharmacies, as you described earlier?
- 13 **A.** I did.
- 14 Q. More recently, you've taught students the practice of
- pharmacy as the founding dean at Marshall University School
- of Pharmacy, correct?
- 17 **A.** I did.
- 18 Q. And that included teaching students about their
- 19 responsibilities pertaining to controlled substances,
- 20 correct?
- 21 **A.** I did.
- 22 Q. There's a -- doctor, and a shared responsibility
- between the prescribing physician, the pharmacist and the
- 24 patient to adhere to what the medication is prescribed for,
- 25 correct?

- 1 A. There is.
- 2 Q. In fact, you understand that pharmacists have a
- 3 corresponding responsibility to prevent diversion of
- 4 controlled substances, correct?
- 5 A. I think that's almost from the law.
- 6 Q. You also understand that pharmacists must exercise
- 7 sound professional judgment before dispensing a controlled
- 8 substance to determine that the prescription is legitimate,
- 9 | correct?
- 10 **A.** I do.
- 11 Q. Doctor, you understand that pharmaceutical
- distributors, such as the defendants in this case, play a
- role, which is to buy prescription opioids from
- 14 manufacturers, correct?
- 15 A. Correct.
- 16 Q. And the pharmaceutical distributors, such as the
- defendants in this case, then ship those prescription
- 18 | medications to DEA registered state licensed pharmacies and
- 19 hospitals, correct?
- 20 A. They do. Or they better, yes.
- 21 Q. Okay. Doctor, you're not aware of distributors ever
- 22 shipping prescription opioids to anyone in Cabell County
- other than a DEA registered state licensed pharmacy or
- 24 hospital, correct?
- 25 A. I am not aware of that.

```
1
            Okay. And you've held privileges to practice at
2
       various hospitals in the Cabell County community, correct?
 3
            I'm sorry. I missed that first part.
 4
            I'm sorry. Let me -- you've held privileges to
 5
       practice at various hospitals --
 6
            Oh, yes.
       Α.
 7
            -- in the Cabell County community, correct?
 8
           Yes, ma'am.
 9
            And that's included, at certain points in time,
10
       privileges to practice medicine at the VA Medical Center,
11
       correct?
12
            Correct.
13
            You continue to hold privileges at Cabell Huntington
14
       Hospital, correct?
           I do.
15
       Α.
16
            When you order a medication for a patient in the
17
       hospital, it's important that that medication is available
18
       for your patient, correct?
19
       Α.
            It is, yes.
20
            Now, I'd like to show you a document.
21
                 MS. WU: Could I get DEF-WV 2662?
22
            Your Honor, may I approach?
23
                 THE COURT: Yes.
24
                 THE WITNESS: Thank you.
```

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BY MS. WU:

- 1 Q. Doctor, you have in front of you a document which we've
- 2 identified for purposes of trial as DEF-WV 2662. Do you
- 3 have that?
- 4 **A.** I do.
- 5 Q. And this is a PowerPoint titled Odyssey in Medicine:
- 6 Pain Crisis to Addiction Crisis. Do you see that?
- 7 A. I do see that.
- 8 Q. This is a presentation that you delivered in 2015?
- 9 A. Be really hard to deny that one, counselor.
- 10 Q. Well, I like to make it easy on both of us, Doctor.
- 11 | So, if we turn to Page 2, and there's a slide titled
- 12 Objectives. Do you see that?
- 13 **A.** Sure.
- 14 Q. One of the objectives, the first bullet, is to more
- completely understand the journey, 1990s to 2015, from pain
- 16 | management crisis to unexpected consequences. Correct?
- 17 A. Correct.
- 18 Q. Okay. Now, I would like to ask you to turn further
- 19 | into your presentation to Slide 11. Now, Doctor, this Slide
- 20 | 11 is titled "Another Odyssey Pain Management", correct?
- 21 A. It does.
- 22 Q. And the first bullet reads, "From 1911 to 1990s, use of
- 23 | narcotics limited to acute pain and cancer pain management,"
- 24 | correct?
- 25 A. That's correct.

- Q. Narcotics, as used in your slide, would include prescription opioid medication, correct?
- 3 A. Correct. I'm speaking of scheduled narcotics, yes.
- 4 Q. Up until the 1990s, prescription opioids were primarily
- 5 used for acute pain and cancer pain, correct?
- 6 A. That's my opinion, yes.

And allow me to explain.

- Q. You completed your medical residency in about 1990; is that right?
- 9 A. Correct.
- Q. And after your residency, you started practicing internal medicine here in West Virginia, correct?
- 12 **A.** I did.

16

17

18

19

20

21

22

23

24

25

- Q. As a practicing internal medicine physician in West
  Virginia in the early 1990s up until around 1998-1999, you
  came to believe that pain was undertreated, correct?
  - A. Well, I would -- the only thing I take issue with is defining it in that 1990-1998 time frame. I would say that all physicians, including mine -- my opinion is that all physicians, including myself, towards the end of the 1990s were alerted to the need to address pain more specifically.

So, pain is a very subjective thing. The judge could tell me he's having pain and I would look at him and say I don't think he's in pain. And I, as a physician, would have a responsibility of how I would respond to that pain.

2

3

4

5

6

7

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10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25

Α.

```
So, it's my personal opinion I -- it is my personal
knowledge that there was an attempt to move from a
subjective evaluation of pain to an objective evaluation of
pain, to objectify it, to allow us to measure it better, to
allow us to address it because there was a measurement.
     And so, now, if the judge were having pain, he would
tell me a certain measurement of his pain and then I would
have a responsibility to respond to that.
     To the degree that it was moving from a subjective
assessment to an objective assessment and because we were
now quantifying it, I think that allows me to say that we
were beginning to understand how we would properly treat
pain and that our under-appreciation could be linked to this
term -- what was the term I used? What was the term you
used? Under --
     Undertreated?
    Undertreated. Now, I'll make a -- well, I'll come
      I'm sure you'll allow me the opportunity to come
back.
     Sure. So, and I appreciate the explanation. So, just
to make sure I have it right, it was during the late 1990s
that, based on your medical experience and the information
you received, you came to believe that pain was
undertreated?
```

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Right. And, at the same time, there were attempts by

- other organizations in this country on the same matter to objectify how pain was being assessed. And that's when we get to, which I'm sure you'll bring up, but I'll just say ahead of time, that's how we get to considering pain as a fifth vital sign, was to try to objectify from the subjective to the objective.
- Q. Thank you, Doctor. So, in this period in the late 1990s that you've identified in response to your belief or understanding that pain was undertreated, you increased the rate at which you wrote prescriptions for pain medications, correct?
- A. Well, let me -- let me be very clear in my answer because your question is kind of not specific. Pain medications, in my view includes, Tylenol, non-steroidal antiinflammatory drugs, non-narcotics. I don't find any direct relationship between objectifying pain and treating pain to mean that I used narcotics or scheduled controlled substances to treat that pain.

So, as long as we're clear in the definition, then I would say yes, there was a responsibility by physicians to become more attentive. Not just more compassionate, but more attentive to how we manage that, yes.

- Q. Doctor, other physicians in your community also increased the rate of prescribing pain medication, correct?
- A. I don't know what the other physicians did. I mean, I

```
1
       -- I -- are you asking me to -- in the scope of my practice
2
       do I think that they did that?
 3
            Did other physicians in the community increase their
       0.
 4
       rate of prescribing, do you know?
 5
            Oh, I would think that their rate of prescribing, yes,
 6
       if I take a broad understanding, hospitalized, outpatient,
 7
       sure. Yes, I agree to that.
            And as you referenced a few moments ago, around that
 8
 9
       same time in the late 1990s, organizations started
10
       challenging doctors to meet their duties to address the
11
       undertreatment of pain, correct?
12
            I agree.
            Now, if we can continue with your PowerPoint
```

- 13 14 presentation, let's turn to Page 15, please.
- 15 I'm sorry. Make sure. 15? Α.
- 16 Yes. 0.
- 17 Yes, sure.
- 18 Thank you, Doctor. Now, I would like to call your 19 attention to the first bullet. It reads, "In 1995, the 20 American Pain Society designated pain as the fifth vital 21 sign."
- 22 Do you see that, Doctor?
- 23 Α. I do.
- 24 The designation of pain as the fifth vital sign as 25 referenced in your slide put pain in the same category as

```
1
       blood pressure, pulse, body temperature in terms of medical
2
       treatment, correct?
 3
       Α.
           It did.
 4
            And now, if we turn down to the third bullet, it reads,
 5
       "In 2001" -- or "2001 pain management standards by JCAHO
 6
       effective pain management from admission to discharge."
 7
            Do you see that?
            I do.
 8
       Α.
 9
            This references that doctors were reminded to ask their
10
```

- patients about pain and to treat that pain, correct?
  - Yes. I'm only smiling, Counselor, because JCAHO does not really remind people. I mean, they're a regulatory agency, so remind just seems not quite appropriate, but thank you.
  - Perhaps remind was too gentle. Let me see if I can --I can -- I can respond to that.

JCAHO mandated that doctors ask their patients about pain and treat that pain, correct?

- Α. That sounds like the JCAHO I know, yeah.
- 20 Ο. Okay.

11

12

13

14

15

16

17

18

19

24

25

21 Counselor, could I -- I just feel an apprehension. 22 I'm not quite sure what I can do with that apprehension, but 23 I would just ask.

Judge Faber, do you understand what this presentation was about and what it was for and -- or is it necessary that

```
1
       you understand what it was about and what it's for because,
2
       obviously, we're going through it with pretty careful detail
 3
       and I just have a feeling that it would be helpful to you.
 4
                 THE COURT: Well, you need to answer her
 5
       questions.
 6
                 THE WITNESS: Oh, okay. Got you. Sorry.
 7
            I'm not allowed to ask questions? You know, I missed
       that rule in medical school. Go ahead.
 8
 9
                 MS. WU: Thank you, Doctor.
10
                 BY MS. WU:
11
            So, the pain rating scale, which I think you referenced
12
       actually, a few moments ago allowed patients or encouraged
13
       patients to indicate the level of their pain, correct?
14
       Α.
           Yes.
15
                 MR. WU: And, Mr. Reynolds, could we put up --
16
       this is I believe --
17
                 THE COURT: You can explain your answers, if you
18
       feel the need to.
19
                 THE WITNESS: Okay.
20
                 THE COURT: I don't want you to misunderstand what
21
       I say.
22
                 THE WITNESS: Thank you. Thank you.
23
                 BY MS. WU:
24
            Doctor, we've put up a demonstrative. This is an
25
       example of a common pain rating scale, correct?
```

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- A. I think I've seen that before.
- 2 Q. And it goes from 0-10 or graphically from -- I think
- you called it the frowny face to the smiley face, correct?
- 4 A. I don't know. I didn't say that today, but okay.
- 5 Q. What this pain scale does is it allows patients to be
- 6 asked to choose the face that best depicts their pain level,
- 7 | correct?

- 8 A. I think that's fair.
- 9 Q. It's your understanding that making pain the fifth
- 10 | vital sign, as you referenced earlier, in introducing this
- 11 type of pain scale led to an increase in prescribing for
- 12 pain medications, correct?
- 13 A. That relationship? I recognize this as a way to
- 14 | objectify pain. The response by other physicians to that, I
- can tell you how I responded to it, but I'm not so sure I --
- 16 Q. Doctor, you agree that the addition of pain as the
- 17 | fifth vital sign and the smiley face/happy face diagram
- 18 | shown to patients had the effect of increasing net
- 19 prescribing of pain medications, correct?
- 20 A. I think you could do that, yes.
- 21 Q. So, I'd like to turn back to your presentation,
- DEF-WV 2662, and look at one more page. It's Page 24 of the
- presentation. Doctor, are you on Page 24?
- 24 A. One minute, please.
- 25 **Q.** Oh, I'm sorry.

- A. I'm on Page 24.
- Q. Okay. And Page 24 says, "FDA announces results of
- 3 investigation of illegal promotion of OxyContin-2007."
- 4 Do you see that?
- 5 **A.** I do.

- 6 Q. According to your presentation, this Slide 24, Purdue
- 7 | had falsely claimed that OxyContin was, quote, "less
- 8 addictive than morphine" and that OxyContin could be, quote,
- 9 "abruptly withdrawn without side effects or tolerance,"
- 10 correct?
- 11 A. Repeat that question, Counselor. I'm not -- I got lost
- 12 there when you were saying that I said something, but go
- 13 | ahead.
- 14 Q. Certainly. So, according to your presentation, Purdue
- 15 | had falsely claimed that OxyContin was less addictive than
- 16 | morphine, correct?
- 17 A. I want to make it -- I want to make it clear. I did
- 18 | not adopt any of the items that are stated here. If you ask
- 19 | me for my opinion, I will render my opinion or my
- 20 understanding.
- I think it is now important, Judge Faber, to understand
- 22 exactly what this presentation is about. This presentation
- was I was invited to be a speaker at an alumni event. So,
- it's my 30th graduation from medical school and we have the
- 25 graduates of the entire group attending a weekend. I'm sure

they do it in law school. We do it in medical school. And I was asked to speak at that.

I chose to coincide the odyssey of our medical school with the odyssey of where our community was with regards to the addiction crisis and, in doing so, I presented pictures of the medical school, like where it started. It started in an old hospital, a community-based medical school, and I showed pictures along the way as to where it got to. I showed what an investment in a community-based medical school would end up like.

At the same time, I was showing simply as a picture of the odyssey. I wasn't adopting anything. I wasn't stating anything. I felt that I was just reflecting what -- if I was reflecting a picture of our -- of a building in our medical school, I was reflecting something that was in the public domain of what other people had said. That was not what I said. It was simply walk with me in this odyssey to go from this point to this point, which I thought was relevant to our classmates who wanted to know what's happening in your community, in the community of your medical school right now.

So, in that way, I'm -- I'm being very cautious,

Counselor, as to what you're actually trying to say that I

said because I didn't say it. And --

Q. Okay. Thank you, Dr. Yingling. Hopefully, I can

```
simplify this. So, if we're looking at Page --
1
2
            I know. I'm on the same page.
 3
            Okay. And let's look at Bullet 2. This bullet relates
       0.
 4
       to Purdue, correct?
 5
            I think it does, yes, since it's OxyContin.
 6
            And it reads, "Plan to maximize revenues and display
 7
       false claims. Some claims included less addictive than
 8
       morphine, lower doses always abruptly withdrawn without side
 9
       effects or tolerance."
10
            Have I read that accurately?
11
       Α.
           You have read it accurately.
12
            Okay. Now, according to this Bullet 2, Purdue's
13
       misrepresentations were to prescribers, correct?
14
       Α.
            From the source that I took this from, I'm assuming
15
       that's what they're trying to imply.
            Okay. And then --
16
17
                 THE COURT: When you get to a stopping point, we
18
       probably ought to take a break, Ms. Wu.
19
                 MS. WU: Certainly, Your Honor.
20
                 THE COURT: Let's be in recess for about ten
21
       minutes.
22
            You can step down, Dr. Yingling.
23
                 THE WITNESS: Thank you.
24
                 THE COURT: I'll see you back in ten minutes.
25
            (Recess taken)
```

Ayme A. Cochran, RMR, CRR (304) 347-3128

```
1
            (Proceedings resumed at 3:42 p.m. as follows:)
 2
                 THE COURT: Before you resume, Ms. Wu, I've
 3
       been asked to make clear what the schedule as it now
 4
       stands is.
            I understand Dr. Gilligan who is the defendants'
 5
 6
       witness is available on July 2nd. That's Friday. And so
       we'll start the defendants' case on that day, and then not
 7
 8
       come back until July the 7th which I believe is a Wednesday.
 9
            Is that consistent with what I've told everybody
10
       before?
                 MR. SCHMIDT: I think so, Your Honor. And as to
11
12
       Dr. Gilligan, what we've agreed to with the plaintiffs is
13
       he'll go on and off in a single day because he's got
14
       vacation after that. And I think as a condition of doing
15
       that, we've agreed to wrap him up by noon so that plaintiffs
16
       have time to cross.
                 MR. FARRELL: I'm sorry. You said you would be
17
18
       done by noon?
19
                 MR. SCHMIDT: By the noon break, yes.
20
                 MR. FARRELL: Then we definitely will be done.
21
                 THE COURT: Okay. Well, all right.
22
            You may proceed, Ms. Wu.
23
                 MS. WU: Thank you, Your Honor.
24
       BY MS. WU:
25
            Dr. Yingling, welcome back. Do you still have in
       Q.
```

Ayme A. Cochran, RMR, CRR (304) 347-3128

```
1
       front of you your PowerPoint presentation, Defendants'
2
       West Virginia 2662?
 3
       Α.
           I do.
 4
            Okay. I'd like to just pick up where we left off back
 5
       on slide 24. Do you have that, Doctor?
 6
            I do.
       Α.
 7
            Okay. So I'm just going to read through it.
 8
            The first bullet related to Purdue reads, "Company
 9
       misrepresented to prescribers." Correct?
10
       Α.
            It does.
11
            Then the second bullet which we read but we'll go in
12
       order says, "Plan to maximize revenues and display false
13
       claims. Some claims included less addictive than morphine,
14
       lower doses always abruptly withdrawn without side effects
15
       or tolerance." Correct?
16
            It does say that.
17
            And then the third bullet, "Payment 634 million to
```

- 18 resolve charges of long-term illegal scheme."
- 19 Do you see that, Doctor?
- 20 It does. Α.
- 21 You prepared this presentation that we've been 22 reviewing; correct?
- 23 Α. I prepared the presentation.
- 24 And you didn't include anything in your presentation 25 that you knew to be false; correct?

- 1 A. Correct.
- 2 Q. Doctor, distributors do not interact with doctors as it
- 3 relates to the care and treatment of individual patients;
- 4 correct?
- 5 A. They do not.
- 6 Q. And a distributor has never influenced your own
- 7 prescribing behavior; correct?
- 8 A. They have not.
- 9 Q. Now, I'd like to turn to another slide, slide 26 in
- 10 your presentation.
- 11 **A.** Yes.
- 12 Q. Slide 26 shows the number of prescriptions in the
- 13 United States for oxycodone and hydrocodone for the period
- 14 | 199- -- 1991 through 2013. Do you see that?
- 15 **A.** I do.
- 16 Q. And according to your presentation, in 1991 there were
- 17 76 million prescriptions for oxycodone and hydrocodone;
- 18 | correct?
- 19 A. Sorry. I was trying to get those real numbers. Say
- 20 the numbers again.
- 21 Q. Sure. In 1991 there were only 76 million prescriptions
- for oxycodone and hydrocodone; correct?
- 23 A. So I see this as a national reference base in the
- 24 | public domain. And in 1991 that number was 76 --
- 25 Q. Correct.

- 1 A. -- million.
- Q. Okay. And then if we go to 2011, you'll see that by
- 3 | 2011 there were 219 million prescriptions for those same
- 4 drugs; correct?
- 5 A. I agree that's what it represents.
- 6 Q. Okay. Thank you, Doctor.
- 7 Doctor, the PowerPoint slides that we've been talking
- 8 about were made around the time you gave the presentation
- 9 back in 2015; correct?
- 10 A. Correct.
- 11 Q. And you gave that presentation in connection with your
- 12 professional work, correct, as a physician?
- 13 A. No. It wasn't with my professional work. I was asked
- 14 | to present at an alumni event. I don't consider that my
- 15 professional work.
- 16 Q. Were you presenting to your medical school classmates?
- 17 A. I was presenting to the medical school classmates, yes.
- 18 Q. Okay. So you were presenting to a community of
- 19 physicians; correct?
- 20 A. I was presenting to a community of physicians, yes.
- 21 Q. Okay. Doctor, in your testimony earlier this afternoon
- you mentioned the Cabell County Community Needs Assessment.
- 23 Do you recall that?
- 24 **A.** I do.
- 25 **Q.** A version of the Needs Assessment for 2015 was produced

```
1
       in this case. Are you familiar with that document?
2
            I am not familiar with that document.
 3
           Okay. Are you aware that that 2015 Needs Assessment
       Ο.
 4
       doesn't mention the opioid -- the word "opioid" a single
 5
       time?
 6
       A. I'm not aware of what it says. I'd have to read it.
 7
                 MR. FITZSIMMONS: Judge, can I see the document
 8
       that she's referencing?
9
                 MS. WU: I'm questioning about the document and
10
       it's clear that --
11
                 MR. FITZSIMMONS: I'd like to see the document
12
       she's referencing, Judge. I think I have a right to see
13
       that.
14
                 MS. WU: Your Honor, I'm not going to introduce it
15
       since the witness has just said he doesn't know about the
16
       document.
17
                 THE COURT: Well, Mr. Fitzsimmons has a right to
18
       see what you're talking about, doesn't he?
19
                 MS. WU: Certainly. I'm happy to hand it out.
20
                 MR. ACKERMAN: Do I have as much of a right as Mr.
21
       Fitzsimmons does?
22
                 MS. WU: Your Honor, I'm not going to -- I'm not
23
       going to question the witness about the document since he's
       said he didn't know about it, so --
24
25
                 THE WITNESS: Counsel, I'm not so sure that
```

Ayme A. Cochran, RMR, CRR (304) 347-3128

```
1
       characterizes what I said. I said I haven't read it. You
2
       asked me something specific. I said I haven't read it.
 3
       It's not that I don't know about it. I've already testified
 4
       in my opinion that every year that document is compiled.
 5
       You asked me if I know about it. I know about it. I
       haven't read it.
 6
 7
       BY MS. WU:
 8
            Okay. You -- so I'll just clarify the record.
 9
            Dr. Yingling, you testified earlier about a number of
10
       Cabell County health community assessments; correct?
11
       A. Correct.
12
           Are you familiar with one of those assessments which
13
       was issued for the year 2015?
14
                 THE COURT: Mr. Fitzsimmons, you're on your feet.
15
                 MR. FITZSIMMONS: Yeah, Judge. I'm waiting
16
       because I was going to move to strike the previous statement
17
       because you, I thought, agreed to withdraw the question.
18
       that's not the case, then I'll --
19
                 MS. WU: The witness attempted to clarify his
20
       testimony. I was just trying to help him with some
21
       questions.
22
                 MR. FITZSIMMONS: Judge, I move to strike the
23
       previous statement because he indicated he didn't know,
24
       didn't recall it at this point.
25
                 THE COURT: Well, he explained his answer. I
```

```
1
       don't think I need to strike it. I think he explained his
2
       knowledge of the existence of the document but not his
 3
       familiarity with it.
 4
            Is that right, Dr. Yingling?
 5
                 THE WITNESS: That's correct.
                 THE COURT: Okay. You can go ahead, Ms. Wu.
 6
 7
       BY MS. WU:
 8
            Doctor, are you familiar with the contents of the
 9
       2015 assessment?
10
            Unless I have an opportunity to read it, I don't recall
11
       the contents of that document.
12
            That's fine. You don't have knowledge of it as you sit
13
       here today?
14
            I don't have knowledge of the exact content of that
15
       document.
16
            Okay. And, so, you don't know one way or another
17
       whether it discusses opioids; correct?
18
            I have no recollection, --
       Α.
19
           Okay.
       Q.
20
           -- no specific recollection.
21
           Fair enough, Doctor.
       Ο.
22
            Now I'd like to switch gears a little bit to talk about
23
       some of the programs that you've dealt with as part of your
24
       work in the Cabell County Health Department.
25
            You spent some time talking with plaintiffs' counsel
```

Ayme A. Cochran, RMR, CRR (304) 347-3128

- about your role as Chairperson of the Board of Health;
- 2 correct?
- 3 A. Correct.
- 4 Q. And the Board of Health is the government -- governance
- 5 | body for the Cabell/Huntington Health Department; correct?
- 6 A. That's my understanding, yes.
- 7 Q. The Board of Health has oversight over the
- 8 Cabell/Huntington Health Department's budget; correct?
- 9 A. Yes, it does.
- 10 Q. The board reviews the Cabell/Huntington Health
- 11 Department's finances every month; correct?
- 12 A. It reviews finances every month.
- 13 Q. You personally have served on the Board of Health for
- 14 | nearly 10 years; correct?
- 15 A. Correct.
- 16 Q. At your deposition you were not able to identify any
- opioid-related programs administered by the Health
- 18 | Department that receives funding from the City of Huntington
- or Cabell County; correct?
- 20 A. I asked at that time that the specific question on that
- 21 | matter be deferred to the Medical Director of the Cabell
- County Health Department, Dr. Kilkenny. Dr. Kilkenny and
- 23 Mr. Hazelett, who's the administrator, would have the
- details that I was asked in my deposition.
- 25 **Q.** Those weren't details that you had at that time?

- 1 A. I did not have those details at that time.
- Q. Okay. And you don't have those details as you sit here
- 3 today; correct?
- 4 A. I do not.
- 5 Q. Now, you also are affiliated with Marshall University;
- 6 | correct?
- 7 **A.** I am.
- 8 Q. And Marshall University administers numerous
- 9 opioid-related programs; correct?
- 10 **A.** It does.
- 11 Q. You have personally been involved in Marshall's efforts
- 12 to stand up programs to address the opioid crisis in
- 13 Huntington/Cabell County; correct?
- 14 **A.** I have.
- MS. WU: Now, I'd like to get a copy of
- 16 | Defendants' West Virginia 824.
- 17 Your Honor, may I approach?
- 18 THE COURT: Yes.
- 19 BY MS. WU:
- 20 Q. Dr. Yingling, you have in front of you Defendants'
- 21 West Virginia 824. Are you familiar with this document?
- 22 A. I am familiar with this document.
- 23 Q. This is the Road to Recovery I believe that you
- referenced in your testimony earlier today?
- 25 A. Yes, I said roadmap, pathway, yes.

- Q. And this document sets forth some of the efforts made by Marshall to address the opioid crisis; correct?
- 3 A. Well, I believe that Marshall is part of the programs
- 4 that are represented on that roadmap, yes.
- Q. And this document was prepared and kept in the course of Marshall's regularly conducted business activity;
- 7 | correct?
- 8 A. You'll have to say that question again.
- 9 Q. Sure. This document was prepared in the course of
- 10 Marshall University's regular business activities?
- 11 **A.** It would not be my understanding that this was created
- or, or cataloged by Marshall University specifically, no.
- 13 Q. You don't know if Marshall University created this
- document? You don't know that?
- 15 **A.** I'm quite sure that Marshall University did not create
- this document. I'm, I'm quite sure it was a group, a broad
- group of stakeholders that sat and defined how this map
- would look and how it would be constructed, of which
- 19 Marshall University is only a single part of.
- 20 Q. I understand. So you're saying that Marshall
- 21 University participated in the creation of this document?
- 22 A. I'll agree to "participated," yes.
- 23 Q. Fair enough. Marshall University itself is not
- 24 affiliated with the City of Huntington; correct?
- 25 **A.** No.

```
1
            And Marshall University is not affiliated with Cabell
2
       County; correct?
 3
                 Counsel, the question seems just a little abstract
 4
       to me, so I'm not quite sure how to answer it. It feels --
 5
       I feel like I'm in jeopardy when I answer. But I can't
 6
       understand how the university is part of the county or part
 7
       of the city. So to that extent of my knowledge, no.
 8
            To your knowledge, Doctor, Marshall University does not
 9
       receive any funding from the City of Huntington; correct?
10
            I have no understanding of that.
11
            And to your knowledge, Marshall University does not
12
       receive funding from Cabell County; correct?
13
            I have no understanding of that.
14
            I have no further questions at this time. Thank you,
15
       Doctor.
16
                 THE COURT: Ms. Callas, --
17
                 MS. CALLAS: Yes. Thank you.
18
                 THE COURT: -- you're next.
19
                             CROSS EXAMINATION
20
       BY MS. CALLAS:
21
            Hello, Dr. Yingling.
22
       Α.
            Hello.
23
            How are you today?
24
       Α.
            I'm good. Tell me who you are and who you represent.
25
            I am Gretchen Callas. I represent AmerisourceBergen
       Q.
```

Ayme A. Cochran, RMR, CRR (304) 347-3128

- 1 Drug Corporation.
- 2 A. Thank you.
- 3 Q. I just have a few questions for you.
- 4 I'd like to focus specifically on Huntington and Cabell
- 5 County and the healthcare systems in that area.
- 6 **A.** Okay.
- 7 Q. You spoke about being on the board of Cabell/Huntington
- 8 Hospital; is that right?
- 9 **A.** I have.
- 10 Q. Now, did I understand that you've also served on the
- 11 | board at St. Mary's Medical Center?
- 12 **A.** I have.
- 13 Q. Okay. These are two large hospitals sitting in the
- 14 | City of Huntington; is that correct?
- 15 **A.** They were two large hospitals. Now they are unified in
- one dynamic healthcare system, yes.
- 17 Q. So the two hospitals merged in 2018 or was it --
- 18 | A. It took a long time. I would probably say '18, '19.
- 19 Q. Okay. Let's -- so view them as two separate
- 20 | facilities; correct?
- 21 A. Correct.
- 22 Q. Do you know how many beds are at St. Mary's Medical
- 23 Center?
- 24 **A.** Roughly 400.
- 25 Q. And how many beds are at Cabell/Huntington?

- 1 A. Roughly 300. You know, we can pick and choose about
- 2 accredited beds and utilized beds, but those are two round
- 3 numbers.
- 4 Q. In the State of West Virginia would you agree that
- 5 these two facilities are two of the largest, in fact, the
- 6 top five, in the top five hospitals in the State of West
- 7 Virginia?
- 8 A. They are.
- 9 Q. And my understanding of Huntington is that these two
- 10 hospitals are in fairly close proximity. Would you agree
- 11 | with that?
- 12 A. Yes. I mean, within a few miles, yes.
- 13 Q. But they both sit inside of the City of Huntington?
- 14 **A.** They do.
- 15 Q. Now, I understand that Cabell/Huntington Hospital has
- 16 | the only burn unit in the State of West Virginia. Is that
- 17 true?
- 18 A. That is true.
- 19 Q. And Cabell/Huntington Hospital also has a comprehensive
- 20 cancer center, the Edwards --
- 21 A. It does, the Edwards Comprehensive Cancer Center.
- 22 Q. Now, St. Mary's is a Level II trauma center; correct?
- 23 **A.** It is.
- 24 Q. And they deal with people who experience a traumatic
- 25 | event and need medical care?

- 1 **A.** Yes.
- 2 Q. Orthopedic surgery. Is orthopedic surgery performed at
- 3 both facilities?
- 4 A. Both hospitals.
- 5 Q. We also have Marshall Health?
- 6 **A.** We do.
- 7 Q. And Marshall Health has its own facilities scattered
- 8 about the Cabell County region; is that right?
- 9 **A.** We do.
- 10 Q. And are there between 30 and 40 individual clinics that
- 11 | are staffed by the Marshal Health --
- 12 A. I don't know if we've gotten that big. I would like to
- 13 think the footprint was that big, but maybe that's a bit of
- 14 | an exaggeration, but let's just say there are many, many.
- 15 I'll agree to many.
- 16 Q. Okay. So outside of the two large hospitals, we have a
- 17 number of other health clinics around Cabell County?
- 18 **A.** Yes, ma'am.
- 19 Q. Okay. The final area I want to address is this group
- 20 | HIMG. And I think they now have joined the --
- 21 A. They have. They joined the party. Yes, they have.
- 22 Q. And that's a recent acquisition by St. Mary's Medical
- 23 Center; correct?
- 24 **A.** It is.
- 25 Q. All right. Do you know how many physicians, again

- 1 separate from these other entities, that we have at HIMG?
- 2 A. I'm sure I'm not going to be fair. They would object.
- 3 But let's easily say 30, maybe 40. If you have a number
- 4 bigger than that, I'll accept that number. But they have,
- 5 you know, many.
- 6 Q. Could it be as high as 77?
- 7 A. Well, I think, I think the distinction I would make,
- 8 | not that it's important here, is the difference between a
- 9 provider and a physician.
- I think they have providers that are in the 70s and
- 11 physicians that are in the 40s. But we love them and they
- 12 are very good.
- 13 Q. Okay. Excellent. Some of these providers at HIMG,
- 14 | again a separate facility in the Huntington area?
- 15 **A.** Uh-huh.
- 16 **Q.** Is it in the City of Huntington?
- 17 A. I think it's in the City of Barboursville.
- 18 **Q.** Okay. But it's in Cabell County?
- 19 A. It is in Cabell County.
- 20 Q. So we have about -- we'll say 40 physicians. And a
- 21 | number of them are specialists; is that right?
- 22 A. They are, yes.
- 23 Q. Some of them may practice in pain management or have
- 24 | a --
- 25 A. I, I'd have to not be able to answer that because I

- don't know that specifically someone is in the specific
- 2 practice of pain management at HIMG. I do not have
- 3 knowledge of that.
- 4 Q. What about Cabell/Huntington Hospital? You do know
- 5 they have a pain management center?
- 6 A. Absolutely they do.
- 7 Q. And at times St. Mary's Medical Center has had pain
- 8 management --
- 9 A. Absolutely they do.
- 10 Q. Would you agree that the geographic pool of those
- 11 people that come into Huntington for medical care expand
- over many counties and even other states outside of West
- 13 Virginia?
- 14 A. I've made that argument many times.
- 15 Q. I think you have. And you've even identified the
- 16 | number of counties. Do you know -- have a number you would
- 17 | share with us today?
- 18 A. Counsel, you get to primary, secondary, and tertiary
- markets and it's probably not something that I'm real
- 20 familiar with. But, yes, we have a primary market, a
- 21 secondary market, a tertiary market. And we consider
- Huntington to be a hub of healthcare.
- 23 Q. Is it fair to say up to two-thirds of the patients seen
- 24 | at the hospital come from outside of Cabell County?
- 25 A. I don't know that specifically.

```
1
                 MS. CALLAS: That's all the questions I have.
 2
                 THE WITNESS: Thank you.
 3
                 THE COURT: Mr. Ruby.
 4
                 MR. RUBY: Yes, Your Honor.
 5
                 THE WITNESS: I'm sorry. Introduce yourself.
 6
       missed that.
 7
                             CROSS EXAMINATION
       BY MR. RUBY:
 8
 9
            Good afternoon, Dr. Yingling. I'm Steve Ruby.
       here representing Cardinal Health. How are you?
10
11
       Α.
            Very good, thanks.
12
       Q. Good to see you.
13
            I want to ask you just a few questions, Doctor, about
14
       the balance between opioid regulation and the needs of
15
       patients.
16
            You were a member of a state board called the Coalition
17
       for Responsible Chronic Pain Management; correct?
18
       Α.
            I was.
19
            And the Coalition for Responsible Chronic Pain
20
       Management was essentially a blue ribbon panel of doctors
21
       and healthcare providers that was set up in State Code; is
22
       that right?
23
            I'm probably going to parse on the blue ribbon part,
      but it was a selection of physicians across -- as I
24
25
       recognized, it was a selection of physicians across the
```

Ayme A. Cochran, RMR, CRR (304) 347-3128

```
1 state to address that issue. I think it was called by the
```

- 2 legis- -- the House.
- 3 Q. And that included -- that Coalition included a number
- 4 | of highly qualified physicians and other healthcare
- 5 providers?
- 6 A. It did.
- 7 Q. All of them had, in some capacity or another,
- 8 experience in the treatment of pain; is that right?
- 9 A. They did.
- 10 Q. The Chair of the Coalition was Dr. Jeffrey Coben; is
- 11 | that right?
- 12 A. That's right.
- 13 Q. And Dr. Coben is the Dean of the Public Health School
- 14 at WVU?
- 15 **A.** He is.
- 16 O. And another member of the Coalition was Dr. Richard
- 17 Vaglienti; is that right?
- 18 A. That's right.
- 19 Q. And Dr. Vaglienti is a Professor and the Director of
- 20 Chronic Pain Medicine at WVU; is that right?
- 21 A. He is. Obviously, we're not parsing on the title but,
- yes, that's what I understand.
- 23 Q. And the purpose of the Coalition, generally speaking,
- 24 was to study the way that the state was regulating
- 25 prescription opioids and see if it was striking the right

```
1
       balance; is that right?
2
            I believe that's a fair statement.
 3
           Let's look at a report that the commission put out in
       2019.
 4
 5
                 MR. RUBY: Approach, Your Honor?
 6
                 THE COURT: Yes.
 7
                 MR. RUBY: Just a moment, Your Honor.
 8
            (Pause)
 9
                 MR. RUBY: Judge, we have the wrong exhibit
10
       printed. Rather than take a break, if it's acceptable to
11
       counsel, I'm going to ask to put it on the screen and show
12
       it to the witness that way. And then we'll substitute a
13
       printed document.
14
                 THE COURT: That's fine with me if there's no
15
       objection to it.
16
                 MR. FITZSIMMONS: I'm fine. That's good with us.
17
                 MR. RUBY: Thank you, Mr. Fitzsimmons.
18
            Mr. Huynh, could we get Defendants' West Virginia 602
19
       on the screen, please?
20
       BY MR. RUBY:
21
       Q. Dr. Yingling, this is the Coalition on Chronic Pain
22
       Management's 2019 report to the legislature; is that
23
       right?
24
            It appears to be, yes.
25
            And your name is listed here under the, the heading
       Q.
```

Ayme A. Cochran, RMR, CRR (304) 347-3128

```
"Membership" as a member of the, the Coalition; is that
1
2
       correct?
 3
            It is, one of the few times I wasn't last on the list.
 4
       Q.
           It's, it's not alphabetical.
 5
       Α.
           Right.
 6
                 THE COURT: Just a minute.
 7
            Mr. Fitzsimmons.
 8
                 MR. FITZSIMMONS: Your Honor, could Mr. Ruby tell
 9
       us the exhibit number?
10
                 MR. RUBY: This is Defendants' West Virginia 602.
11
                 MR. FITZSIMMONS: Thank you.
12
       BY MR. RUBY:
13
            Dr. Coben is listed here as the Chair of the
14
       Coalition; is that right?
15
       Α.
           It is.
16
            And, again, he's the Public Health Dean at Morgantown?
17
       Α.
           He is.
18
            And Dr. Vaglienti is here as well; is that right?
19
       Α.
           Correct.
20
           And he is over Chronic Pain Management at WVU?
       Ο.
21
            Yes.
       Α.
22
            Do you see the section here underneath the membership
23
       list that says "Creation of the Coalition"?
24
            Could we roll it up a little higher?
       Α.
25
            Sure can. We can blow it up for you.
       Q.
```

Ayme A. Cochran, RMR, CRR (304) 347-3128

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

```
It says here, "The Coalition for Responsible Chronic
Pain Management was created by act of the legislature during
the 2017 regular session of the West Virginia legislature
with the passage of Senate Bill 339."
     Did I read that correctly?
     That's correct.
    And that's consistent with your understanding that the
legislature created this, this body?
Α.
     It is.
     If you look a little bit further down on Page 1,
Doctor, there's another section that says "Overview of the
Legislation." Do you see that?
     I do.
Α.
     I won't read this entire passage to you. But if you
see there at the beginning it says, "The bill created the
Coalition for Responsible Chronic Pain Management, an
alliance of specialists," and then it talks about some of
the purposes of the Coalition.
     It says that it reviewed a process by which West
Virginia regulates pain clinics and pain management
pharmaceuticals. Do you see that?
     I do.
Α.
     And that, in fact, was one of the purposes of the
Coalition?
     It, it was.
Α.
```

Ayme A. Cochran, RMR, CRR (304) 347-3128

- Q. And then it goes on to say, "The Coalition shall review the state's chronic pain management regulations and attempt to strike a balance between regulation, patient needs, and clinical judgment of physicians."
- 5 Do you see that?
- 6 **A.** I do.

8

- Q. That also -- striking that balance, as you testified earlier, was also one of the purposes of this Coalition; is that right?
- 10 **A.** It was.
- Q. And then part of -- if you look further down at the last sentence, or the next to last sentence of this section, it outlines another purpose of the Coalition. It says, "All recommendations are to be reported back to the Joint
- 15 Committee on Health."
- 16 Do you see that?
- 17 A. I do see that.
- Q. And the Joint Committee on Health refers to the Joint
  Committee on Health of the state legislature?
- 20 **A.** It does.
- Q. Another of the purposes of the Coalition for
  Responsible Chronic Pain Management was to make
  recommendations to the legislature; is that right?
- 24 **A.** It was.
- 25 Q. Then if you go to --

```
1
            The most important part of that paragraph, though, is
2
       it expired on December 31st, 2020. So I know I won't have
 3
       to serve, yes.
 4
            It's now sunset; right?
 5
            It did.
 6
                 MR. RUBY: Mr. Huynh, if we could go to Page 4 of
 7
       the document.
 8
       BY MR. RUBY:
 9
            And about two-thirds of the way down, Dr. Yingling,
10
       there's a section -- and I want Mr. Huynh to blow it
11
       up -- that begins, "The Coalition finds and recommends
12
       the following to the West Virginia legislature."
13
            Do you see that?
14
       Α.
            I do.
15
            And, so, it's correct that in this report, this 2019
```

- Q. And, so, it's correct that in this report, this 2019 report, the Coalition for Responsible Chronic Pain

  Management did, in fact, make findings and recommendations and communicate those to the state legislature; is that right?
- A. It did.

17

18

19

20

21

- Q. And this report that you see here was the vehicle by which that was done; correct?
- 23 A. That's correct.
- MR. RUBY: Your Honor, I'd move to admit

  Defendant's West Virginia 602. It's a public record.

```
1
                 THE COURT: Were you given a duty to -- was the
2
       Coalition given a mandate to make this report per the
 3
       legislature's direction to you?
 4
                 THE WITNESS: I understood serving on the
 5
       committee that if you were at the end of the day when it's
 6
       sunset, there would be a recommendation to the legislature,
 7
       yes.
 8
                 THE COURT: Any objection to it, Mr. Fitzsimmons?
 9
                 MR. FITZSIMMONS: I don't believe he said it was a
10
       legal duty, so I would object on that basis, Judge.
11
                 MR. RUBY: Judge, just to -- I think we laid that
12
       foundation already, but I can take the witness back, if we
13
       could go back to Page 1 of the document.
14
                 THE COURT: Well, yeah, I think you've already got
15
       it, but there's no harm in asking him more questions, a
16
       couple questions about it. Go ahead.
17
       BY MR. RUBY:
18
           And let's, let's --
       Q.
19
                 MR. RUBY: Actually, if we could shrink that, Mr.
20
       Huynh, and get the whole page on there. Let's, in fact, go
21
       to the next page of the document if we could. There's an
22
       overview.
23
            Judge, we have the paper now if I could approach?
24
                 THE COURT: All right.
25
                 MR. RUBY: Judge, --
```

Ayme A. Cochran, RMR, CRR (304) 347-3128

```
1
       BY MR. RUBY:
2
            Well, Dr. Yingling, do you see -- you have the
 3
       document in front of you now, Defendants' West Virginia
 4
       602 which is a paper copy of the report that we've been
 5
       discussing.
 6
            Do you see on Page 2 of that document as part of the
       list of duties that the commission had -- and I'm looking
 7
 8
       specifically at item number 3 where it says "to provide
 9
       guidance to the legislature on potential statutory solutions
10
       relative to regulation of chronic pain medications."
           I do.
11
       Α.
12
            And you understood that to be part of the statutory
13
       duties that were imposed on the Coalition; correct?
14
       Α.
            I did.
15
            And if you look down further at Number 6 on this list,
16
       do you see that item?
17
       Α.
            I do.
18
            And that says, "Offer any additional guidance to the
19
       legislature which the Coalition sees is within its scope
20
       which would further enhance the provider/patient
21
       relationship in the effective treatment and management of
22
       chronic pain."
23
            Do you see that?
24
       Α.
            I do.
```

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And you also understood that to be one of the duties

25

Q.

```
1
       that that statute imposed on the Coalition?
2
       Α.
            I did.
 3
                 THE COURT: I'm ready to admit it, Mr. Ruby.
 4
                 MR. RUBY: All right, Your Honor. I'll quit while
 5
       I'm ahead.
                 MR. FITZSIMMONS: No objection.
 6
 7
                 THE COURT: All right. 00602 is admitted.
 8
                 MR. RUBY: Thank you, Your Honor.
 9
       BY MR. RUBY:
10
       Q. Dr. Yingling, we will go back -- actually, remain
11
       here on Page 2.
12
                 THE COURT: Just for the record, the document I've
       just admitted was admitted under 803(8) of the Federal Rules
13
14
       of Evidence.
15
                 MR. RUBY: Thank you, Your Honor. Mr. Ackerman's
16
       favorite rule.
17
                 THE COURT: So far.
18
       BY MR. RUBY:
19
            Dr. Yingling, in furtherance of the, the duties
20
       that the legislature had imposed upon the Coalition, the
21
       members of the Coalition conducted a number of meetings
22
       over the course of its existence; is that right?
23
           It did.
       Α.
24
           And in the course of those meetings, the Coalition
25
       heard from other experts in the field of pain management
```

Ayme A. Cochran, RMR, CRR (304) 347-3128

- 1 beyond those who were on the Coalition itself; correct?
- 2 A. Yeah. I don't have a specific recollection of other
- 3 people presenting, but they certainly could have.
- 4 Q. Do you see the section of the report here at the bottom
- of Page 2 that's headed "Coalition Meetings"?
- 6 **A.** I do.
- 7 Q. And just below that, there's a subsection with the
- 8 | heading "Friday, June 14th, 2019." Correct?
- 9 A. It does.
- 10 | Q. I'm going to ask you to turn the page and look at the
- 11 first paragraph of the description of that meeting, so at
- 12 the top of Page 3 where it begins, "The CDC guidelines." Do
- 13 | you see that?
- 14 **A.** I do.
- 15 Q. And that says, "The CDC guidelines --"
- And I'll read the whole sentence and then ask you a few
- 17 questions about it.
- 18 "-- were released in March, 2016 and combined with the
- 19 SB 273 has led to chronic pain patients experiencing an
- 20 increased difficulty obtaining medical treatment for their
- 21 chronic pain."
- 22 Did I read that correctly?
- 23 **A.** Yes.
- 24 Q. The CDC guidelines, that refers to guidelines that the
- 25 Centers for Disease Control had released in 2016 to, to

- 1 effectively tighten or attempt to tighten opioid prescribing
- in the U.S; is that correct?
- 3 A. It did, yes.
- 4 Q. And SB 273 refers to Senate Bill 273 which was West
- 5 Virginia's Opioid Reduction Act; is that right?
- 6 A. I, I don't know the title of that bill.
- 7 **Q.** Are you familiar with SB 273?
- 8 A. I'm familiar with that terminology, not the title of
- 9 the bill.
- 10 Q. SB 273 put restrictions on the prescribing of opioid
- 11 pain medication in West Virginia; correct?
- 12 **A.** Some of them were guidances. Some of them were
- 13 restrictions.
- 14 Q. One of the things that it did, in fact, was limit
- opioid prescriptions to 30 days in duration; correct?
- 16 **A.** It did.
- 17 Q. With the possibility of two, thirty-day refills before
- 18 | a patient had to come back to the office for a visit?
- 19 **A.** It did.
- 20 Q. And, and a patient who was going to be on a longer term
- 21 regimen of opioids would have to sign under SB 273 a
- contract with, with their physician essentially not to
- doctor shop and not to pharmacy shop; is that right?
- 24 A. That's correct.
- 25 Q. And that was the first time -- SB 273 in 2018 was the

1 first time that West Virginia had ever placed legal limits 2 on the prescribing of opioids; correct? 3 That -- that's a very specific question, counselor, so 4 my mind is trying to understand during my course of practice were there any other times in which that had occurred. It's 5 6 reasonable to say that that's my recollection. 7 MR. RUBY: And, Your Honor, I'll just note for the record and the benefit of the Court that the Opioid 8 9 Reduction Act, that's SB 273, is codified at West Virginia 10 Code Section 16-54-1 through -9. And the specific 11 limitations that the doctor just testified to regarding 12 prescribing limits are at Section (4)(g), (h) and (j). 13 BY MR. RUBY: 14 Doctor, so we'll go back to the highlighted 15 statement now that we've gotten that background. 16 What's reported here, then, to the legislature in the 17 2019 Coalition report is that the CDC guidelines combined

What's reported here, then, to the legislature in the 2019 Coalition report is that the CDC guidelines combined with the SB 273 restrictions had led to chronic pain patients experiencing an increased difficulty obtaining medical treatment for their chronic pain. Is that right?

18

19

20

21

22

23

24

25

A. Counsel, restate the question or reframe the question.

I don't think I understood the first part of it because I thought you were saying that was a recommendation of the, of the Coalition. And that statement is not a recommendation of the Coalition.

```
Q. No, no, we'll look at the recommendation in just a minute.

A. Oh, okay.

Q. My question is that what's being reported to the
```

legislature here in the 2019 Coalition report is, is information from this June 14th, 2019, meeting to the effect that the CDC guidelines, combined with SB 273, had led to chronic pain patients experiencing an increased difficulty in obtaining medical treatment.

A. Right. We're reflecting the concerns of patients in that statement.

Q. We will, in fact, Doctor, turn to the findings and recommendations right now. If you'll return to Page 4, the last page of this -- sorry --

A. Yes.

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

21

22

23

24

25

Q. -- the last page of the document, next to the last page of the document.

MR. RUBY: Mr. Huynh, if we could go back. I'm sorry. Go to 4, please.

20 BY MR. RUBY:

Q. There's the language that we looked at a moment ago. "The Coalition finds and recommends the following to the West Virginia legislature."

Do you see that?

A. I do.

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```
Q. And I want to focus specifically, Doctor, on the fourth recommendation, the fourth finding, the fourth bullet point down.
```

And in that item what the Coalition told the legislature was that, "SB 273 has inadvertently and inappropriately interfered with the patient/practitioner relationship unnecessarily regulating the evidence-based practice of medicine and in some cases even dissuade physicians to deliver safe, legal, and necessary medical care to patients suffering from pain."

Do you see that?

- A. That's what it says.
- 13 Q. Did I read that correctly?
- **A.** You did.

- Q. Now, SB 273, again that's the, the act that we were discussing just a moment ago that imposed restrictions on the prescribing of opioids in West Virginia; correct?
- **A.** It did.
  - Q. Including the thirty-day prescription limit?
- **A.** Uh-huh.
  - Q. And you and the other healthcare professionals on the Coalition, you made a finding that's reflected in this report that there were doctors whom SB 273 had dissuaded from delivering necessary medical care to patients who were in pain; correct?

- 1 A. Say that again.
- 2 Q. You and the other healthcare professionals on the
- 3 | Coalition -- what's reflected here is that you had made a
- 4 finding that there were doctors whom the Opioid Reduction
- 5 Act had dissuaded from delivering necessary medical care to
- 6 patients who were in pain.
- 7 A. It was one of the reasons that dissuaded them, yes.
- 8 Q. Now turn to the next sentence which begins "in
- 9 addition." Do you see that?
- 10 A. Sorry, I missed that.
- 11 Q. Page -- the bottom of -- right there, the bottom of --
- 12 **A.** Page 4.
- 13 Q. The bullet point.
- 14 **A.** Okay, got it.
- 15 | Q. And that says, "In addition, in some cases pharmacists
- 16 have been dissuaded --"
- 17 And if we could flip the page, Mr. Huynh.
- 18 "-- dissuaded to dispense safe, legal, and necessary
- 19 | medication to patients as part of proper medication therapy
- 20 management."
- 21 Do you see that?
- 22 A. It would be my opinion it's one of them, yes. It would
- 23 be my knowledge that it's one of them.
- 24 Q. And I did read that statement correctly, Doctor?
- 25 A. Yes, you did.

```
1
            I think you may have been anticipating the guestion
2
       that I was going to ask which is that this reflects that you
 3
       and the other healthcare professionals on the Coalition had
 4
       made a finding that there were pharmacists whom the Opioid
 5
       Reduction Act, Senate Bill 573, had dissuaded from
 6
       dispensing necessary medication to patients who were in
 7
       pain; correct?
 8
            Correct, one of the reasons.
 9
            You agree that there are patients for whom prescription
10
       opioids are necessary medical care; is that right?
11
       Α.
            State it again.
12
            You agree that there are patients for whom prescription
13
       opioid medication is necessary medical care?
14
       Α.
            Yes.
15
            That's part of what's reflected in the Coalition's
16
       findings here; correct?
17
            Sure.
       Α.
18
            I want to go back to the first page of the report.
19
            And, again, in the overview paragraph, we touched on
20
       this just a moment ago, the sentence about balance.
21
            It says that one of the Coalition's jobs is to attempt
```

It says that one of the Coalition's jobs is to attempt to strike a balance between regulation, patient needs, and clinical judgment of physicians.

You agree that that balance is important; correct?

A. I agree.

22

23

24

25

- Q. And that includes the ability of physicians to exercise their clinical judgment in deciding how to treat patients who are suffering from pain. That's important; right?
  - A. I agree.

- Q. And part of what this report reflects is that that balance is difficult to strike; correct?
- **A.** There are struggles, yes.
  - Q. And, in particular, that limits on the prescribing of opioid pain medications here in West Virginia have had in some cases the unintended consequence of depriving patients of necessary medical care; correct?
  - A. Counsel, my answer needs to be framed in, in the consideration of the population of patients, the population of citizens we're talking about here.

Yes, we are trying to strike a balance for a small population of individuals in our state who have chronic pain. That's what our attempt was.

So I don't want to be found generalizing outside of this very specific population. For that specific population, my answer is "yes."

Q. And part of what this report reflects, and the findings that are included in here reflect, is that doctors and healthcare professionals, including the folks on this Coalition, with decades of experience in pain management are still sorting out the right way to strike that balance; is

```
1
       that right?
2
           For a select population with chronic pain, yes, sir.
 3
                 MR. RUBY: That's all I have, Your Honor.
 4
                 THE COURT: Is there any redirect, Mr.
 5
       Fitzsimmons?
                 MR. FITZSIMMONS: Yes, Your Honor, just a brief
 6
 7
       redirect. May I proceed, Judge?
 8
                           REDIRECT EXAMINATION
 9
       BY MR. FITZSIMMONS:
10
          Doctor, you were shown an exhibit by McKesson's
11
       attorneys here, Defendants' West Virginia WV 03685. Do
12
       you recall having been shown that document?
13
                 THE COURT: Just a minute.
14
                 MS. WU: Your Honor, the witness said that he
15
       wasn't familiar with the contents of the document. And,
16
       therefore, I didn't provide it to the witness to question
17
       him about the document. I, therefore, object to the
18
       questioning of the witness --
19
                 THE COURT: I don't know where he's going. It
20
       might, it might be the basis for a -- good faith basis for
21
       him to ask questions. Let's see where we go and you can
22
       object again. But at this point, I'm overruling the
23
       objection.
24
            Go ahead, Mr. Fitzsimmons.
25
                 MR. FITZSIMMONS: Thank you, Judge.
```

Ayme A. Cochran, RMR, CRR (304) 347-3128

```
1
       BY MR. FITZSIMMONS:
2
           Do you --
       Q.
 3
            Counsel, I don't have that document.
 4
       Q. Is there any --
 5
                 MR. FITZSIMMONS: I don't know how to do this,
       Judge. I'm totally IT illiterate. I don't know how the
 6
 7
       exhibits are being shown.
 8
            (Pause)
 9
                 MR. FITZSIMMONS: Would you publish that
10
       particular exhibit, Judge?
11
                 MS. WU: Your Honor, we object to publishing the
12
       document which is not in evidence about which this witness
13
       has said he has no knowledge.
14
                 MR. ACKERMAN: In fairness, Your Honor, defendants
15
       have spent the entire day publishing documents that weren't
16
       in evidence.
17
                 MS. WU: Your Honor, that was cross-examination.
18
       Here this is being used to lead the witness through
19
       testimony there's no foundation to offer.
20
                 MR. ACKERMAN: I think Mr. Fitzsimmons is trying
21
       to lay that foundation right now.
22
                 THE COURT: Well, I'm going to let him go ahead,
23
       Ms. Wu.
                I don't know where he's going with it.
24
            I think you're on questionable ground here, Mr.
25
       Fitzsimmons, but I'm going to let you try anyway.
```

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```
1
                 MR. FITZSIMMONS: Thank you, Judge.
2
       BY MR. FITZSIMMONS:
 3
            Doctor, do you recall being asked the question
 4
       whether that document -- whether the Cabell County
 5
       Community Health Assessment contained the word
 6
       "opioids," any mention of it? Do you recall that?
 7
            That was the question I was asked, yes.
 8
            And the Community Health Association updates typically
 9
       generally include data relating to addiction, drug
10
       dependence, drug overdose, blood-borne disease which in some
11
       fashion may relate directly to opioids?
12
            In the last few years, yes, it has.
13
            All right. In reference to that question, let me ask
14
       you --
15
                 MR. FITZSIMMONS: Gina, could you turn to Page
16
       45412? Oh, Page 8 -- I'm sorry -- the top bullet point on
17
       that page.
18
       BY MR. FITZSIMMONS:
19
            Is heroin an opioid?
20
            Is heroin an opioid? Heroin is an opiate.
21
            Opiate? All right. So when -- the question as to
       Ο.
22
       opioids, would that be included within the generic --
23
       Α.
            Yes.
24
            -- part of the opioids?
25
            Yes, the general public and most lump the two together.
       Α.
```

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```
1
            All right. So on Page 8 of that particular exhibit,
2
       once again 45412, defense has referenced, in the first
 3
       bullet point does that specifically include the word
 4
       "heroin" which is an opiate within the classification of
 5
       opioid as to that question that's been asked that it
 6
       doesn't -- the representation that it didn't appear in there
 7
       at all?
 8
            Yes. It says "significant increase in heroin use."
 9
            And that specifically would address that question when
10
       it was represented that it wasn't mentioned -- opioids
11
       weren't mentioned at all?
12
            It would completely address that.
13
            All right. And, again on Page 53 --
14
       Α.
            Counsel, could I --
15
                 THE COURT: Excuse me. Ms. Wu.
16
                 MS. WU: Your Honor, objection, leading. Again,
17
       this document about which the witness has no foundation is
18
       being led through testimony using the document about which
19
       he has no knowledge.
20
                 THE COURT: Well, you can use it to ask him the
21
       question, Mr. Fitzsimmons, but I have a problem with him
22
       showing -- exhibiting the document when he said he doesn't,
23
       he hasn't seen it or anything. You can use it as a basis to
24
       ask him questions about his knowledge and so forth, but I
25
       don't think it should be displayed.
```

```
1
       BY MR. FITZSIMMONS:
 2
            Doctor, once again --
       Q.
 3
                 THE COURT: So I'll sustain the objection.
 4
       BY MR. FITZSIMMONS:
 5
            Once again, that question where the word -- it is
       represented that the word "opiate," "opioid" did not
 6
 7
       appear whatsoever in this document, wherever reference
 8
       in that document with the word "heroin" that would be a
 9
       type of opioid, would it not?
10
            Yes, that's fair. And to clarify my response, as a
11
       member of the Board of Health, each of these documents is
12
       presented to the board for review.
13
            I believe I was being asked did I have specific
14
       recollection of specific content in the 2015 document.
15
       That's what I was saying I did not have an understanding of.
16
            I do not think I was representing, and I think I made a
17
       clear representation, that the board members saw the
18
       document, understood the content of the document in
19
       real-time at the board meeting, and they were used by
20
       stakeholders in the community.
21
            So if the word "heroin" appears in there three times,
22
       not once, three times, you would agree that that document
23
       clearly has "opioid" or at least the generic classification
       of "opioid" within it; is that right?
24
```

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I absolutely agree with the statement and I believe it

25

Α.

supports my previous statement.

- Q. All right. And one last question, Doctor. Based upon your experience and all your -- I don't want to say expertise. Based upon your experience, your personal experience and your observation being in multiple areas that you have and you've described to Your Honor here, does the Cabell/Huntington County community have a healthcare infrastructure with -- which if properly funded would make a substantial difference in combating the opioid epidemic today?
- A. I believe our community, of which I'm only one representative, has proven itself to be resilient, to be responsible in addressing this opioid crisis and its related harms in our community.

Without question, without question our community has been through two significant crises. One was the airplane crash in 2070 [sic] which ripped our community part. We proved ourself to be a resilient, responsible community to address that and to come from that.

And I believe our community has, as exampled by the Huntington Road to Recovery, exampled itself to be responsible for addressing the crisis within our community and responsible with the infrastructure to address the unknown and the known related harms of this crisis going to the future.

```
1
                 MR. FITZSIMMONS: I have no further questions,
 2
       Judge. Thank you so much.
 3
            Thank you, Doctor.
 4
                 THE COURT: Is there any recross?
 5
                 MS. WU: No further questions, Your Honor.
 6
                 MR. RUBY: No, Your Honor.
 7
                 THE COURT: Dr. Yingling, thank you, sir, very
       much for being with us. You're free to go --
 8
 9
                 THE WITNESS: Thank you.
10
                 THE COURT: -- with the Court's appreciation.
11
       Thank you, sir, very much.
12
                 MR. FARRELL: Judge, so where we're at at 4:30 for
13
       scheduling purposes, we have two expert witnesses and then
14
       we have former Chief of Police, Skip Holbrook, to testify.
15
       Chief Holbrook arrives tomorrow at 2:00 p.m. And, so, we
16
       anticipate that he would be called Friday morning.
17
            We can either begin with Dr. Thomas McGuire who is an
18
       economist, a health economist, today. He's here prepared to
19
           I anticipate my direct is approximately an hour.
20
            The second expert is Dr. Judith Feinberg from WVU. I
21
       anticipate her direct is approximately an hour.
22
            So we would hope that by close of business tomorrow,
23
       both of them would be able to be finished. And then Friday
24
       morning we would call Chief Holbrook and finish definitely
25
       by the noon hour. That would bring us up to our break.
```

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1 When we return from the break, we have three witnesses 2 for three days. 3 The first witness would be Dr. Caleb Alexander who will 4 present the abatement plan. The second witness will be our economist who will put a 5 6 value on the abatement plan. 7 And then we will close with Mayor Steve Williams. So we think we've squeezed things down to fit into the 8 9 parameters. 10 That being said, we can either take the next 25 minutes 11 and start with Dr. McGuire or we can start fresh tomorrow 12 morning at 9:00 a.m. 13 THE COURT: Well, if you think you can get him 14 done tomorrow, I think the thing to do would be put it off 15 and start tomorrow. I hate to give up 25 minutes. On the 16 other hand, interrupting it might not --17 What do you want to do? Do you want to start him or 18 not? 19 MR. FARRELL: I feel comfortable that -- with the 20 additional time that you've allowed, I feel comfortable 21 we'll put our case in. 22 The only question I have is that if tomorrow morning if 23 we get done quickly with cross and direct with the two experts, the only question is whether or not we can squeeze 24 25 in Chief Holbrook Thursday evening and then call it a, call

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```
it an early day.
1
 2
                 THE COURT: Well, I'm going to adjourn until 9:00
 3
       in the morning and we'll start fresh with your first witness
 4
       then.
 5
                 MR. FARRELL: Thank you, Judge.
 6
                 THE COURT: I'll see everybody then.
 7
            (Trial recessed at 4:35 p.m.)
 8
 9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
```

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1	CERTIFICATION:	
2	I, Ayme A. Cochran, Official Court	
3	Reporter, and I, Lisa A. Cook, Official Court Reporter,	
4	certify that the foregoing is a correct transcript from	
5	the record of proceedings in the matter of The City of	
6	Huntington, et al., Plaintiffs vs. AmerisourceBergen	
7	Drug Corporation, et al., Defendants, Civil Action No.	
8	3:17-cv-01362 and Civil Action No. 3:17-cv-01665, as	
9	reported on June 16, 2021.	
10		
11	S\Ayme A. Cochran s\Lisa A. Cook	
12	Reporter Reporter	
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